# ONSULUTON ON SEI WHERE SOLD

### Advertising feature. Your normal onsunday is inside

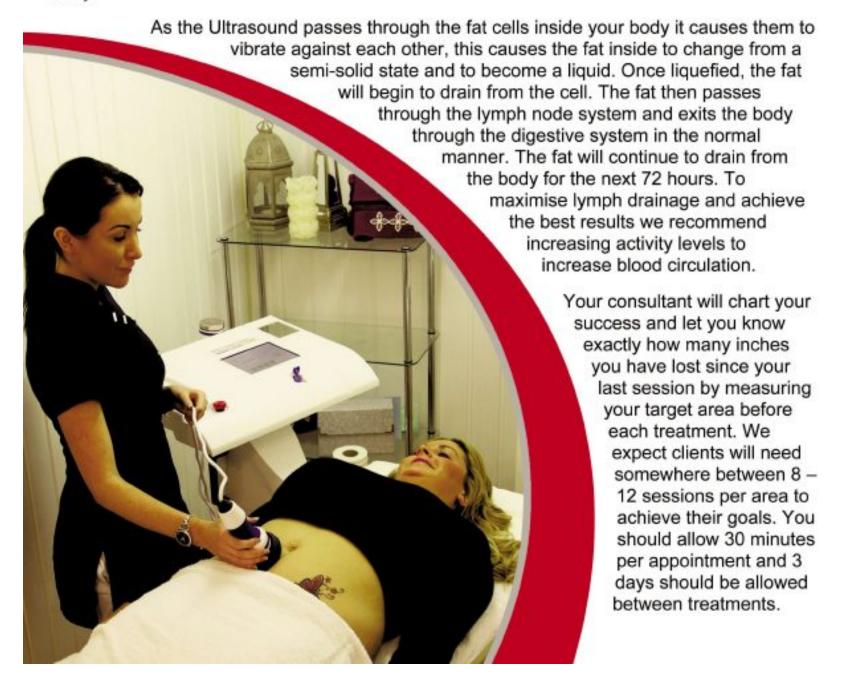


### So what's it all about?



Our non-surgical Ultrasonic Liposuction makes losing inches from areas of your body such as your belly, hips, arms, legs and back easy! Those stubborn fatty areas of your body you would like to change will become flatter and firmer, in as few as 12 sessions of completely painless Ultrasonic Liposuction. You will be massaged, twice a week with ultrasound by our qualified, experienced consultants, ensuring you are looking and feeling fabulous!

We use Ultrasound technology similar to the kind used to carry out baby scans in hospitals, we even use the same gel. During the painless therapy all you will feel is a nice, warm sensation. This warm sensation is the fat turning to liquid and beginning to drain from your body.







'Scouser' gags cost pair roles at Forum

onpage2

| Keep up to date with the | latest news and sport at | www.luton-dunstable.co.uk

£1 WHERE SOLD

October 28, 2012

Issue number: 916

www.luton-dunstable.co.uk

# onsunday

Follow us on Twitter: @LutonOnSunday

# Trouble fear sparked pub to bar Poles

### **EXCLUSIVE**

BY CARL MUNGAZI

carl.mungazi@lutononsunday.co.uk

POLISH football fans were banned from a pub during their country's match with England after management were warned of possible trouble. The White House in St George's

The White House in St George's Square, Luton, had a sign outside the building stating 'ENGLAND FANS ONLY' on October 17, although the game was postponed until the next day.

Luton on Sunday was contacted by a member of Polish community who felt the sign was discriminatory and feared it could create further conflict between English and Poles in the town.

A spokesman for JD Wetherspoon, which owns the pub, said: "The manager and area manager were advised by the door security team (who work at the pub on behalf of Wetherspoon) that it would be a sensible approach not to have both sets of supporters in the same pub during the match as there was potential for trouble.



OFFENDING SIGN: Poles are told they are not welcome at the televised game

"The pub manager and staff have worked hard in the past year to ensure the pub is a safe place for customers to visit and this has been endorsed by the licensing officer.

"We felt it was the right approach to keep the two sets of supporters apart for this match while it was shown on TV in the pub. "We appreciate that not everyone would agree with our approach, but we felt it was the

right one on the advice received."
Wetherspoon refused to disclose
the name of company which handles its security and said it is not
its 'policy to pass on details of
other companies'.

Not all members of the Polish community were upset with the decision. Peter Oskoswiak, chairman of The Polish Club based in Dunstable, said: "I don't think what they did is bad because they were trying to stop people from behaving badly. It wasn't a big problem and I can understand why they did that."

A spokeswoman for Bedfordshire Police said: "We work hard with all licencees to encourage responsible drinking and behaviour at all times – in particular when high profile sporting events take place."

Luton Borough Council said: "This was not a matter for the council to decide. However, we are aware that for Luton Town home games, only local supporters are allowed in the venue (the pub) on safety grounds."



### Duke wowed by facilities

THE Duke of Kent described the new Inspire Sports Village as the 'best sports centre he had ever seen' when he officially opened the facility on Friday.

Friday.
Paralympic gold
medallist loppie Peacock

held a question and answer session with pupils from Bushmead Primary, Stopsley Primary and Stopsley High schools, while His Royal Highness was treated to a spectacular diving display. Prince Edward, who unveiled the plaque, did not have much to say, but did announce: "I'm pleased to be here and declare the centre formally open."

Mr Peacock said: "It is places like this that will inspire the next generation."

### letterson10 propertyon45 jobson52 classifiedon56 motorson60 sporton66



### 1/2 Price Wed & Thurs

OFF your total bill From 21.10.12 / 29.11.12 (dining in only, food only) OR

20% discount

(on collected orders over £15,00)

Cannot be used in conjunction with any other offer Open Christmas Day, Boxing Day and New Years Day

### SUNDAY FAMILY S. BUFFET

12noon to 10:30pm

Eat as much as you like £7.95p/p • Under 5s £4.20

### SPECIAL GOURMET NIGHTS

Every Tues & Wed 5.30 to 11:30pm 1 starter, 1 main course, 1 side dish, 1 rice or 1 nan & coffee Only £9.95p/p King Prawn £2 95 cytra

Christmas bookings are now being taken.

Book now to avoid disappointment.

www.ashukarestaurant.co.uk Contemporary Indian & Bangladeshi Restaurant & Takeaway

FREE HOME DELIVÉRY on orders over £10 • 10% discount on collected orders

616 Hitchin Road, Stopsley Village, Luton, Beds LU2 7UG RESERVATIONS (01582) 738 235 - 749 789

### PUBLISHING DIRECTOR

Jonathan Cropley jonathan.cropley@lsnmedia.co.uk

### **NEWSDESK**

LSN Series Editor: Chris Gill chris.gill@lutononsunday.co.uk editor@lutononsunday.co.uk News Editor: Lui Straccia Newsdesk: 01582 707707 Picturedesk: 01582 706780 picturedesk@lutononsunday.co.uk

### SPORTSDESK

**General sport enquiries** sport@lutononsunday.co.uk Sportsdesk: 01234 406224

### **ADVERTISING**

**Commercial manager:** Jackie Bevan 01582 700800 Jackie.bevan@lutononsunday.co.uk Advertising: 01582 700800

advertising@lutononsunday.co.uk

It is a condition of acceptance of advertisement orders that the proprietors of LSN Media do not guarantee the insertion of a particular advertisement on a specified date, or at all although every effort will be made to meet the wishes of advertisers; further they do not accept liability for any loss or damage caused by any error or inaccuracy in the printing or non appearance of any advertisement, and reserve the right to edit or delete any objectionable wording or reject any advertisement. Although every advertisement is carefully checked, occasionally mistakes do occur. We therefore ask advertisers to assist us by checking their advertisements carefully and advise us immediately should an error occur. We regret that we cannot accept responsibility for more than one incorrect insertion and that no republication will be granted in the case of typographical or minor changes which do not affect the value of the advertisement. To ensure consistently high service levels, calls are randomly monitored by a sales manager.

### DISTRIBUTION

### 01582 390365

enquiries@mailboxdistribution.co.uk
If you have a query regarding the delivery of your newspaper or would like to join our team as a teenage or adult newspaper deliverer contact our distribution department on the telephone number above

### LEAFLET DISTRIBUTION

01582 390357

leaflets@mailboxdistribution.co.uk www.mailboxdistribution.co.uk

To target your business message by leaflet within our distribution areas then please call the telephone number above for



WHERE TO FIND US

28 King Street, Luton, **Beds LU1 2DP** www.luton-dunstable.co.uk Phone: 01582 700800 Fax 01582 700801

Office open 9am-5.30pm or by appointment. Published and originated by LSN Media Limited. Printed by Cambridge Newspapers, Winship Road, Milton, Cambs, CB4 6PP. Price £1 where sold





Here is a simple way of keeping up to date with events 24 hours a day on www.luton-dunstable.c.u.k All you have to do to use our QR code is to download a QR Reader app to your smartphone — there are lots of free ones available online. Then scan the code and our website will load for you.

# Forum pair sacked for 'Scouser' jokes upset

**BY CARL MUNGAZI** 

A SENIOR member of a community group has been removed from his role for emailing deroga-tory jokes about Liver**pudlians.**Victor Cowell received a

'vote of no confidence' from fellow board mem-bers at Marsh Farm Community Forum (MFCF) after an email he sent in August containing a list of jokes about Scousers was leaked to Luton on

Sunday.
The MFCF board said they met on October 16 to discuss the 'situation' as the revelations about the email had 'caused a great deal of distress to the residents of Marsh Farm and



**REMOVED: Victor Cowell** 

officers of Marsh Farm Futures'.

During the meeting Jack Nelson, the Forum's treas-urer, also received a 'vote of no confidence' and was also stripped of his role for writing a letter to *LoS* defending Mr Cowell which was published the

week after our story.

Jokes in the email deemed offensive included: 'What do you call a 27-year-old Liverpool girl? - A granny' – and 'What's the most confusing day in Liverpool? – Fathers' Day'. Joyce Yearwood, MFCF

chairman, released a statement saying: "MFCF met on October 16 to consider the conduct of Victor Cowell and Jack Nelson.

"After due consideration of the facts in this case a vote of 'no confidence' was recorded by a unanimous vote of the membership of the Forum.

"Both Mr Cowell and Mr Nelson have therefore been removed from their executive positions within the Forum."

Mr Cowell told LoS: "The people who have caused the detrimental com-ments about myself wanted me out and I don't care anymore because of what they did and the way they did it.

"But if people still want me I will still be available to take on other communi-

At the time of sending the email Mr Cowell defended his actions and claimed he was a victim of hacking.

He said: "The original

email was sent to my daughter and one other person who is a person wh Liverpudlian.

The jokes were about Liverpool people and the other person I sent them to didn't find them offen-

### newsbriefs

**DEATH 'NOT SUSPICIOUS'** 

THE sudden death of a teenager found in an alleyway is not being

treated as suspicious.
The body of 19-year-old
Clinton Groom, of Osborn Road, Barton-le-Clay, was found in Chiltern Road on Wednesday night.

Police were called and the man's family have been informed.

A Bedfordshire Police spokesman said: "A post mortem examination has confirmed that Clinton died of natural causes, under no suspicious circumstances." Further tests will be carried out to confirm the actual cause of death.

### **BOND IS 'TOO VIOLENT'**

A COUNCILLOR revealed this week he had never seen a James Bond film in his life as they were 'not his cup of

During an appearance on **BBC Three Counties Radio** on Thursday, Liberal **Democrat leader Councillor** David Franks was asked if he had bought tickets for the new 007 movie Skyfall to which he replied he had never seen a Bond flick.

Cllr Franks told Luton on Sunday: "I am not knocking it and I am not having a go at people who enjoy it but films that are full of violence are not my cup of tea. It's not the sort of film that entertains me."

### FIREWORKS EXTRAVAGANZA

THOUSANDS are expected to gather to watch the spectacular Luton fireworks display on Saturday. Popes Meadow, in Old

Bedford Road, will be the venue for what organisers are anticipating will be 'the

Entry is free and there will be rides and refreshments available from 6.30pm, with the fireworks display itself exploding into life at 7.30pm.

Drivers are informed that

Old Bedford Road will be closed from 5-9pm. Spectators are asked not

to bring to the display any animals or fireworks, including sparklers.

### McDonald's closes over cockroach

A MCDONALD'S outlet will be closed for five weeks for refurbishment following Luton on Sunday's revelation that there was a cockroach

problem. After inspectors last week found 'cockroach activity' at the George Street premises, the restaurant was closed overnight on Tuesday for 'essential maintenance'.

A spokesman for McDonald's said: "The restaurant was closed on Wednesday to complete a thorough investigation into the reported pests.

The refurbishment will include new seating, tables and a till area."

### **1700s hat restored**

A 300-year-old hat - one of five of its kind - has been rescued from ruin and given a home at a Luton museum.

The 18th century summer hat, which originates from Southern Europe and is thought to have been made either in Gran Canaria or The Azores, was unveiled on Monday at Wardown Park Museum as part of its famous headwear collection.

It was discovered behind an interior wall in a 17th century cottage in Essex and was carefully treated using 21st century technology.

The hat, which was originally cream or white, was in such a fragile state that it had to be sensitively treated for pests to limit further damage, and also to rule



DELICATE: The rare hat at Wardown Park Museum

out any risk of contaminating other hats in the museum's collection.

It is in the style of Tenerife lace, made from a plant fibre and the shape is created from circles of cane.

The painstaking restoration work was done by the IMC Group's Hanwell divi-





NO TRICKS, JUST TREATS

treatments with this advert\*

Ultimate Beauty

the ultimate beauty experience

Shellac Nails **Deluxe Pedicure Deluxe Manicure** CaciNon Surgical Face lift **Indian Head Massage** 



Just call to book your appointment, bring this advert with you and get 25% off this week!

15% Off for all new clients on all other treatments.

\*Offer valid until Saturday 3rd November 2012. Offer cannot be used in conjunction with other discounts or offers.

Call 01582 480390

84 Wigmore Lane, Luton LU2 8AB www.ultimatebeautyluton.co.uk

Sunday Brunch Only £14.95!

### Spa rocked by claims man spied in showers

### **EXCLUSIVE**

### BY LAUREN ARCHELL

LUTON Hoo Hotel is looking at reviewing access to its changing rooms after a woman said she caught a male guest watching her in the shower.

The five-star hotel, golf and spa resort said it is 'deeply disturbed' by the voyeurism 'incident', which happened on October 1, and is looking at the possibility of putting locks on the external spa changing room doors.

The woman left a review of her day at the hotel on the TripAdvisor website which said: "As the day came to an end I went to the ladies' changing room to shower and get changed.

"While I was showering, unbeknownst to me a male hotel guest came into the ladies' changing room and started to watch me through the glass shower cubi-

"I was shocked when I saw an eyeball pressed against the gap in the glass shower door. Another lady came into the changing room and disturbed the male who ran off."

Matthew Long, the hotel's general manager, said he was contacted by a member of the leisure club staff and spoke to the husband of the lady involved.

He said: "I have since been in verbal and written correspondence with the couple and provided information to a police officer who visited the hotel on October 3 after they contacted the police.

The managing director of Elite Hotels has also written to the couple and I have responded to the TripAdvisor post of

"We are deeply disturbed by this inci-



dent, which was extremely distressing for the person involved, and will do all we can to assist Bedfordshire Police with their enquiries.

"It is not normal industry practice to lock external changing room doors, how-ever we will assess whether access to the changing areas needs to be addressed.

"It is the first instance of its kind across our portfolio of hotels and we shall use our best endeavours to guard against any

A spokesman for Bedfordshire Police aid: "We were called following a complaint by a member of the public of voveurism.

'She was spoken with and despite further enquiries, a lack of description by the victim, or any witnesses, meant the case was officially recorded and

'Unless further information or evidence comes to light the matter won't be investigated further.'

### Path security beefed up after chief

THERE are 'ambitious plans' to

improve a notorious footpath.
Dog Kennel Walk, in
Dunstable, was highlighted as a crime hotspot after a heavily pregnant teenager was attacked there in June.

**Bedfordshire Police Chief** Constable Alfred Hitchcock made a special visit to the

pathway himself, and this week a 24-year-old man was robbed there

Central Bedfordshire Councillor Nigel Young said: "We have ambitious plans to upgrade the whole route and are working with contractors and local adjoining land owners to implement solutions that deliver a major improvement. "Over this winter we will

radically cut back encroaching vegetation and raise the tree canopy so that the route receives far greater levels of natural light and surveillance

from adjacent properties.
"At the same time we will be looking at where we need to

add to the street lighting and site CCTV cameras linking into

our existing network."
A police spokesman said: "The chief constable visited Dog Kennel Walk and has now referred the matter to the force architectural liaison officer who has responsibility for advising local authorities

- Free no obligation interview Home and hospital visits
- Accident Line endorsed by the Law Society
- No middleman
   Straightforward, no nonsense advice
- · Deal direct with a specialist solicitor..

CALL 01582 456222 now and get one of our specialists working for you!

AUSTINS LLP

www.austinslaw.com

36-40 Liverpool Road, Luton Email: rk@austinslaw.com

### Debit & Credit Cards Accepted All Types of Fencing & Gates

Manor Park Motors

For all your motor needs - give

Supplied, Erected & Repaired. Fence Painting a Speciality Free Advice & Estimates **Quality Service** Call Keith on

07939 870941 01582 493598



If you are as serious about your eye care as we are, ensure that you ask to GO FOR GO when you book your next eye examination.

Bedfordshire's first Topcon OCT 2000 3D scanner to look beneath the retinal surface to detect serious treatable eye conditions at a much earlier stage than is possible by other methods.

To find out more visit www.brownandwhite.co.uk today



172 The Mall, LU1 2TL Tel: 01582 720106

### **Houghton Regis**

1 Bedford Square, LU5 5ES Tel: 01582 86588



### Windows, Doors and Conservatories upto 40% off

### GREAT **AUTUMN PRICES**





DOOR CANOPIES

5 WHITE uPVC WINDOWS

FROM £1485

One opener per window



### **EDWARDIAN**

 $3m \times 3m$ 

£8800

### **VICTORIAN**

 $3m \times 3m$ 

£8800

### **GARDEN ROOM**

 $2.5m \times 3m$ 

£7600

- BASE WITH CAVITY DWARF WALLS (up to 600mm)
- ELECTRIC PACK (1 double power point, 1 lighting rose, electric heater)
  - 1 SET OF DOORS AND 2 **OPENING VENTS** 
    - WINDOW BOARDS (in choice of colour)
  - SURVEY AND FITTING
  - 10 YEAR GUARANTEE





All products

also available in:

WOODGRAIN WOODGRAIN ON WHITE

LIGHT OAK • LEADED



PORCHES



Panel Door Now £599



FRENCH DOORS FROM £760





01582 591505

ALPENWINDOWS













Unit 27, Scott Road Industrial Estate, Sundon Park Road, Luton. LU3 3BF

### Peace group seeks PAN ROOF SOUTH justice for Delaney

BY LUI STRACCIA

lui.straccia@lutononsunday.co.uk

ANTI-VIOLENCE group has pleaded for peace in the wake of the murder of teenager Delaney Brown.

The Non-Violence Alliance (NVA) said there is a 'real fight for justice going on in Luton' and is 'calling on young and old to promote peace' follow-ing the killing of Mr Brown.

The 19-year-old died on September 5 after he was struck by a car in Vincent Avenue. The NVA said it is supporting the ongoing police investigation into the murder and is encouraging those who have information about what happened to come forward and make statements.

Lenos Wilson, founder of the NVA, said: "Many people are hoping and thinking that give it a cou-ple of weeks and this will blow over and they can get back to their normal lives.

"We all know that where it can, life must go on, but for some who have lost a loved one through senseless violence, life as they know it stops there.

"As a community we

must not ignore the challenges we face, but embrace them to minimise and eradicate violence. I want the whole community to support what we are trying to do.
"Seeking justice some-

times takes courage beyond measure. Let us not look at peace as being weak or passive, conceding or giving up. Battling, confronting and overcoming our emotions can be seen as a real sign of strength, courage and fighting for peace.
"If we can imagine our

community as a jigsaw puzzle then individually we are only one part of an important piece that makes up the whole picture. We must all come together and unite to transform negative violent attitudes.

"The NVA is encouraging anyone who has information about the murder of Delaney to contact the police. Justice can only be done if people are willing to make statements that can be used in a court of

If you can help bring Mr Brown's killer to justice call the police in confidence on 01707 355666, or Crimestoppers, anonymously, on 0800 555 111.



VICTIM: Delaney Brown was killed by a car

### Puzzle of illegally parked police panda



POLICE say they don't know why a panda car was illegally parked on the navement outside one of their stations.

Bedfordshire Police are looking into the 'circumstances' that led to the vehicle being left outside the police station in West Street, Dunstable, after receiving a complaint from a member of the

A force spokeswoman said the car had been parked on September 30 and it would take time to establish who was driving it and the reasons it was parked there.

She added: "We do not condone illegal parking by officers but if it had be done because they were called to an emergency we would hope people would





### Why Wear Dentures?

Why suffer the discomfort and embarrassment caused by loose, ill fitting dentures, when there is a simple solution. Implants can provide a smile that looks, feels and function naturally and replaces the need for dentures, as well as providing treatment for missing teeth. We provide the Latest of Dental Implant Techniques.

### **Latest Dental Implant Techniques**

- Cosmetic Dentistry Crown, Bridge, Veneers and Tooth Whitening
- Individual Waiting Rooms Allows Privacy and Comfort
- Digital X-ray and Panoral X-Ray Faster and Safer
- Intra —Oral Camera Allowing Patients a Closer View of Dental Problems
- Mercury-Free Fillings available New Pain Relief For Sore, sensitive gums
- Air-Conditioned Surgeries
- Qualified Dental Nurses registered with G.D.C

### **Nervous patients a speciality....** Relax with sedation - dental care without fear, pain or anxiety



- Free Dental Health Examination (Obligation Free!)
- Same Day Emergency Service
- Saturday and Late Evening Appointment Available

### **Contact Erin for further Advice and Information**

57 Guildford Street, Luton LU1 2NL

(2 mins walk from train station and The Mall shopping centre)

01582 416 029 www.lutondentalhealthcentre.co.uk



# HOT DEAL

## Vauxhall Zafira 1.6i Exclusiv

WAS £18,565
NOW £10,991
SAVE £7,574



### **Specification**

- Anti-lock braking system
- Twin front airbags
- Front seat side-impact airbags

www.evanshalshaw.com/vauxhall

• Full-size curtain airbags

- Driver's seat height adjuster
- Electric front windows
- Remote control central deadlocking
- Air conditioning

- Steering wheel adjustable for reach and rake
- CD player/stereo radio (CD 30)

Evans Halshaw 501 Dunstable Road, Luton, Bedfordshire LU4 8PW 01582 575 944



Official Government Test Environmental Data. Fuel consumption figures mpg (litres/100km) and CO2 emissions (g/km). Vauxhall range (excluding Ampera): Urban: 14.4 (19.6) - 67.3 (4.2), Extra-urban: 27.4 (10.3) - 91.1 (3.1), Combined: 20.6 (13.7) - 80.7 (3.5). CO2 emissions: 324 - 94g/km. Vauxhall Ampera: Combined/weighted: 235.4mpg (1.2). CO2 emissions: 27g/km.

All information is correct at time of print and is subject to change without notice. Not to be used in conjunction with any other offer. Savings shown against list price at time of publication and includes partners discount. Vehicles available while stocks last. Image for illustration purposes only. Offer available for orders before 30th September 2012. Vauxhall Lifetime Warranty covers lifetime ownership of first registered keeper, 100,000 mile limit. Terms and conditions apply. Pendragon Motor Group Ltd is an independent credit intermediary. Pendragon Motor Group Ltd, Loxley House 2 Oakwood Court, Little Oak Drive, Annesley, Nottingham, NG15 ODR.

# PCC candidate in pledge to be open

BY CARL MUNGAZI

carl.mungazi@lutononsunday.co.uk

ONE entrant into the race to become Bedfordshire Police and Crime Commissioner said he aims to 'take the police out of politics'.

Youth worker Mezanur Rashid, 32, from Luton, surprised many in the county when he registered as an independent candidate.

He had not previously gone public with his intention to do so, unlike fellow candidates for the November 15 elections Jas Parmar (Conservative), Olly Martins (Labour), Linda Jack (Liberal Democrat) and Kevin Carroll (British Freedom Party).

He said: "I want to take the police out of politics and since I am an independent candidate I am the best for this because I will have no-

one pulling the strings behind me. I have been working as a community and youth worker for the last ten years so I feel I can do it. Some of the people I have worked with have said they will try their best to make sur I get elected so I have a good team behind me.

"My policies will be trying to keep the police open and transparent and make sure the public have a greater say in policing. I will also tackle things such as drugs, knife crime and victim support. I want to make the police more accountable to the public and make sure the police have a got a good working relationship with the public."

Luton on Sunday made efforts to interview British Freedom Party candidate Kevin Carroll but he did not return our calls.



INDEPENDENT: Youth worker Mezanur Rashid

### Vauxhall consults public over plan for 450 homes

VAUXHALL is publicly consulting on proposals that could see hundreds of homes built on one of its sites.

The company said it is not using its 60-acre Chaul End

Vehicle Storage Centre to its full potential, and has submitted proposals for 450 new houses to be developed on the land to Central Bedfordshire Council.

Julian Lyon, GM's European property manager, said ten staff would be relocated locally. Once feedback from workshops

Once feedback from workshops has been considered a full public exhibition will be held.

## DALE EVANS BEAUTY SALON



Microdermabrasion WAS £46.50 NOW £30

GIFT VOUCHERS
AVAILABLE
10% OFF
ALL GIFT VOUCHERS
ordered before 15th Nov 2012
ordered before 15th Nov 2012

Dale Evans Beauty Salon 93 Stockingstone Road - Luton - LU2 7NE 01582 411800

Email: luton@daleevansbeauty.co.uk

TY INTERIORS LIMITED

TY INTERIORS LIMITED Quality Kitchens by design.

Beautiful Designs
Perfect Choice
Personal Service

### A TY KITCHEN IS FOR LIFE...NOT JUST FOR CHRISTMAS.

HURRY! ORDER YOUR DREAM KITCHEN NOW AND HAVE IT DELIVERED IN TIME FOR CHRISTMAS LUNCH!

FREE Fully Integrated
FAGOR Dishwasher
For Every Order
£4000 Or More.

Terms and conditions apply. Please take this advert into store to claim your free dishwasher. 6m of selected Granite worktop for only £1625.00 & Up to 60% OFF Cabinets

Your local company

Come and visit our showroom

Don't sign on the dotted line till you visit us

www.tyinteriors.com

Telephone: 01582 881135 | Fax: 01582 882084

Freephone: 0800 583 8002



### NURSING AND RESIDENTIAL HOME

Hitchin Road Gosmore, Nr Hitchin SG4 7QH

T: 01462 454 925 **F**: 01462 453 991 E: gosmore@fshc.co.uk

www.fshc.co.uk

Four Seasons Health Care

### personally, practically and professionally

Gosmore Care Home set in beautiful Hertfordshire countryside. Gosmore staff provide high quality General Nursing and General Residential Care for both Respite and long stay requirements.

## Switch to our capped energy tariff and you're in line for up to £100.



If you're after a good deal on your energy, this could be what you've been waiting for. Switch to our capped tariff today and we'll give you up to £100 off your energy bill. And with no price rises above the capped rate for the next 2 years, we think today is going to be a better day.







\*Southern Electric is a trading name of SSE Energy Supply Limited. Terms, conditions and exclusions apply, see our website for more details. Offer ends 31 October 2012 or earlier subject to availability. If you le this product before the end of your 2 year contract for any reason, a £50 termination fee would apply.



### Mayor gets first go on big wheel

A GIANT panoramic wheel in Luton's St George's Square was opened on Tuesday morning in an official ceremony attended by the

Lutonians gathered to watch Councillor Sid Knight cut a ceremonial ribbon before taking a ride on the 35-metre tall wheel.

The 144-passenger wheel is open Sunday to Thursday 11am-7pm, and Friday to Saturday 10am-

### **Landlord fined for** 'death trap' home

### A LANDLORD has been fined £53,000 for letting out a home described as a 'death trap'.

Khaled Ahmed, 36, who failed to attend Luton Magistrates' Court, was ordered to pay the cash after being found to be operating an unlicensed, unsafe and overcrowded House in Multiple Occupation (HMO) in Dunraven Avenue, Luton.

Following a number of complaints from tenants living at the property, officers from the council's private sector housing team eight-bedroom, four-storey house where a number of health and safety breaches were found.

The officers not only discovered that the property was operating without a licence, but also that it had been altered internally.

One young female student was living in the attic space without windows, ventilation or heating, while officers also found obstructed fire exits, accumula-tions of rubbish, lack of fire doors and fire alarms, and disrepair to the property.

The magistrate described the property as a 'death trap' run for commercial gain and convicted Ahmed for all breaches.

He was fined £15,000 for failing to license the property, a further £4,000 for each of the nine breaches of the Management of HMO Regulations 2006, which totalled a further £36,000, and a £15 victim surcharge. The council was also awarded £1,957 costs.

Total fines and costs amounted to £52,957, one of the highest fines recorded in Luton.

Cllr Tom Shaw said: "This is one of the worst cases we have ever seen with tenants being subjected to dangerous and potentially lifethreatening conditions.'

inc nhone









Introducing the fastest way to buy brand new flooring at fantastic prices.

OUR HUGE in-stock selection lets you choose from hundreds of styles of flooring OUR BIGGER buying power means lower prices on famous brands OUR NO-FRILLS approach and friendly staff makes shopping fast and easy

80/20 Wool Carpets from £9.99sqm Karndean Tiles from £19.99sqm Amtico Tiles from £29.99sqm Wood Floors £25.00sqm KD Hawes

### **BIGGEST INDEPENDANT SHOWROOM IN LUTON**

Unit 2a Enterprise Way, Bramingham Business Park, LU3 4BU (Behind Homebase)

т:01582 570555



Opening Times: Monday to Friday 8am-5.30pm and Saturday 9am-5pm Closed Sunday

## yourletters



## 'Angels at hospital saved my life'

SIR - So often there are bad stories written about Luton & Dunstable Hospital, but I felt compelled to write after they saved my life.

I had to call an ambulance after I fell ill on October 14. The ambulance staff were fantastic and I was taken to A&E where I didn't have to wait and was never left by myself.

I was diagnosed with pneumonia and to taken to Ward 12 where everyone, from the doctors and nurses to the cleaning staff and those that made me a cup of tea, were all doing an amaz-

They are all angels. I am now on the road to recovery and it is all down to the staff at the hospital, particularly those in Ward 12.

It is often the case that good experiences don't get talked about as much, so I wanted to publicly say thank you. Littelfield Road, Luton



### Concern at his beliefs

SIR - I am writing concerning last week's article about the meeting Victim Support called for the Police Crime Comissioner (PCC) candi-

I would like to thank them for not inviting the British Freedom Party candidate and EDL leader Kevin Carroll.

The PCC job is a very important position of power and it concerns me we have a candidate with his beliefs. I don't believe there should be a platform for him, and I wonder how the other candidates feel about sharing a stage with their

Last weekend, several EDL members were arrested. They were travelling in the back of a white van on their way to take part in an alleged planned disturbance.

Personally, I will not be voting for this person.
Name and address supplied

### Fight for victims' cash

SIR - The Coalition Government plans to slash the Criminal Injuries Compensation Scheme which provides a last resort for financial support for the victims of crime who have sustained serious and often life-changing injuries.

Initial proposals would have left almost 90 per cent of the victims of serious crime either no longer eligible for compensation or with greatly reduced awards. Following objections from MPs

the planned cuts were put on hold. However, the Justice Secretary, Chris Grayling MP, has indicated that he supports all of the major cuts to the scheme and will bring them back to Parliament on

The changes will affect any innocent victim who has been injured

in the course of a crime, and who makes a claim later than two weeks after the changes are passed by Parliament – probably the middle of November.

So if you or someone you know has sustained injuries as the result of crime, contact the Criminal Injuries Compensation Authority immediately on 0300 003 3601 to make an application for compensation. Your trade union or local Victim Support can help you make

I would urge your readers who are concerned about these cuts, which will add insult to the injuries already suffered by the victims of crime, to contact their MP, and urge them to oppose any changes which will stop seriously injured victims from receiving the compensation they need.

Ask your MP to sign EDM 422 which calls on the Government to protect compensation for injured victims of crime and urge them to write to the Secretary of State for

### John Hannett General Secretary of Usdaw (the

### Union of Shop, Distributive and Allied Workers

### Sharing the PM's vision SIR - It's now two months since the

opening ceremony of the amazing London Paralympics. Two weeks ago the Prime

Minister, in a moving reference to his son, said that he hoped the legacy of the Paralympics would be that 'more people would see the boy and not the wheelchair'.

I work for Vitalise, a charity that provides desperately-needed respite breaks for people with disabilities and carers, and we share the PM's vision.

But after the euphoria of the Games, has anything really

changed? We did a survey of our guests and more than half told us that they didn't think the public had a better understanding of their lives as a result of the Paralympics.

Wouldn't it be awful if, after all the good work of the Paralympics, we allowed people with disabilities to fade from public view and become invisible to society once again? We must not let that hap-

People with disabilities have enormous potential. They want to play a part in society, to make a contribution, but too often they are held back by the negative attitudes of others.

The Paralympics have done an enormous amount of good, but until we start thinking in terms of what people with disabilities can do, not what they can't, there is little prospect of any lasting change.

Make a Difference Day is this week and I'd like to ask your readers to help us keep the Paralympic flame burning.

Please join us in calling for a society where people with disabilities have the same opportunities to pursue their dreams and make a meaningful contribution to their communities as everybody else.

For more information about our vital work or to support Vitalise, please visit www.vitalise.org.uk or call 0303 303 0147. Colin Brook

### Don't scare the animals

SIR - Fireworks may be beautiful and exciting for us, but for animals they can be terrifying.

Cats and dogs are reduced to fearful, shivering wrecks; sheep can spontaneously abort; horses gallop into fences; and rabbits have been known to die from the shock.

However, there are steps we can

take to minimise their suffering. Firstly, please consider attending a public fireworks display rather than setting them off in your back

One central display will scare fewer animals, and is likely to be set further away from homes and their animal inhabitants.

Keep cats and dogs indoors from the afternoon onwards and bring rabbits and guinea pigs inside as well (or at least cover their home with a thick blanket to muffle the

Also, be sure to check that hedgehogs and other wild animals have not made a home in your bonfire before you light it. Have a happy, and safe, fireworks night.

Meanwhile, November is Vegan Month, and this year we are encouraging compassionate people everywhere to register for the Great Vegan Challenge.

Vegans don't consume any animal products, and this can be for a variety of good reasons - their health, for animals or for the plan-

And the number of vegans worldwide is increasing fast, as the benefits are becoming increasingly well

Why not join them by taking the Great Vegan Challenge 2012, and trying this compassionate and healthy diet for 30 days?

Find out more and register at www.govegan.org.uk

Ashley Owen Animal Aid



Your comments on the stories on our website this week:

### Candidate 'gutted' over deadline miss

Personally I wouldn't want someone so disorganised representing us! She states she had 20 mins before deadline... 20 mins! Sorry, but she let herself and her supporters down by leaving it too late.

### Speed cameras plan

With the price of fuel going through the roof I wonder how many cars will still be on the road in the coming years? Driving a car will only be for the rich. Luton bus driver

### Students show skills

Congratulations and good luck rolloverpiggy

### Sir Alec calls time

So proud of my cousin Alec. Well done from all the family here in St Albans.

Jill Dian Izzard

### £1m bills for council

@joe deakin: Fine example of value for money! I believe not...

Ocollyeates: Didn't Finance Chief Cllr Harris once make a huge stand against employing consultants? #Hypocrisy again

### Cockroach in McDs

@ vix x Yuk. I never eat there

@shortyhels: Blech! Might think twice about going there now!

### Road set to be shut

@LutonEye: I should think so too, about time Luton Borough Council closed some roads

### letters policy

LETTERS, preferably a maximum of 300 words, must arrive by 3pm on Wednesday. Full name and address must be supplied. Details will be withheld only in exceptional circumstances. Write to: Letters to the Editor, Luton on Sunday, 28 King Street, Luton, LU1 2DP. You can also email your letters to: editor@lsnmedia.co.uk

### **DOUBLE DISCOUNT SALE NOW ON!**



THIS SLIDING WARDROBE ONLY £299 SAVING £200



AVAILABLE IN 9 WIDTHS, 3 HEIGHTS
AND 7 COLOURS







0% INTEREST - FREE CREDIT AVAILABL

GLASS TABLE RANGES **NOW IN** 

GIVEAWAY CLEARANCE STOCK EVERYTHING MUST GO

3 SEATER FROM £199 **SEATER FROM £199** CHAIR FROM £99









**TYNE CHUNKY OAK** 



**WE WON'T BE BEATEN ON PRICE - OVER 40 RANGES** 

### ww.afivefurniture.com

Only 15 mins from Luton



\*Finance subject to status. Over 18's only. Example: Cash price £1000.00. 10% Deposit £100.00. Balance £900.00. 12 payments of £75.00 paid monthly. Total amount payable £1000.00 – 0% APR.

Over 20,000sqft showroom - Ample easy parking.

Tel: 01525 721727

Enterprise Way, Maulden Road, Flitwick, **Bedfordshire MK45 5BS** 

Monday to Saturday 9.00 - 5.30 Sunday 10.00 - 4.00





Local Family Company - Established over 16 years



### Get on at the University of Bedfordshire

bursary packages in the UK and great locations with

Come to our Open Day and see for yourself.

### **17 November 2012**

(Luton and Bedford - all courses) Register by Sunday 11 November

To register or to find out more visit:

www.beds.ac.uk/visitus email: opendays@beds.ac.uk or call: 01582 743512



Follow Steve on Twitter: @lsns



### **stevelowe**

HAT'S a Police and Crime Commissioner? And, more to the point, what use are they? First things

The Government has decided to get rid of the Police Authorities up and down the country.

These are - soon to be were a group of people, some independent, some representatives of the local councils and some magistrates, who are charged with ensuring there is efficient policing and also some accountability.

Each year they elect a chairman, who works closely with the Chief Constable over priorities for policing, although the Police Authority has no power over day-to-day operational policing. They do have the power to hire and fire Chief Constables, although firing them is extremely rare.

They also have some budgetary powers, but as almost all the money for policing comes from central Government, not much. At the moment they can choose how and where to make the

The Police Authorities were born in the 1980s. Before that the police were part of the county council remit but the Thatcher Government did not like that as they perceived too much political interference in policing. On November 15 the Police Authorities will be disappearing and we will be electing Police and Crime Commissioners. Or at least those of us who can be

### Why are Tories bringing party politics back into police force?

bothered to vote. These PCCs will have a small committee of councillors to help him/her, will work closely with the Chief Constable over priorities for policing but not have any control over day-to-day operational policing. They will have some budgetary powers but mainly how and where to make the cuts.

So what is the difference and what is the point? It is more a case of direct democracy, as the PCC will be elected by the peo-

He will have no more power than the chairman does at the moment but will be able to make a fuss and a noise.

These PCCs will almost certainly be from the main political parties, as they have the troops to canvas and the money to influence the would-be voters. There is also the small matter of a £5,000 deposit.

Being a political appointment, however, it will provide a stage for politicos to trumpet their

views and cause a bit of trouble. I think it fair to say it is not going down well with serving police officers at the moment. . With them facing the choice of redundancy or working out of temporary sheds, the idea of being lorded over by some politico on at least £70,000 a

Speaking to retired officers the other day - post Leveson, talking to serving officers is fraught with problems – they were unanimous in their disapproval. Much of what they said cannot be repeated in a family newspaper, or even in this one.

But it comes down to a combi-nation of what is the point, have we not bigger things to worry about and why is this Government, a Conservative Government, reintroducing party politics into local manage-ment of the police? Policing is a political issue, often in regards to ensuring it is fair to all citizens and that certain groups are not 'picked on', while others can get away with, well not quite murder but quite a lot.

But the overwhelming majority of the population want them to uphold the law, catch criminals and make our communi-ties feel safer. We probably don't need them to tell us the time any more, but the basics remain what it is all about.

Still, in just under three weeks time, we will all be asked to vote for our new Police Commissioner.

I don't think it will be long before he or she will be shining a light into the air, hoping that Batman will come to our aid.



0800 9 247 888 1582 400807





GOLD, PLATINUM



SILVER (any condition)

We've been helping our customers turn Gold, Platinum & Silver into cash for over 25 years. Any condition, new, old, broken, unwanted or even without a hallmark.

Buyers of Instant Cash Gold Coins Prestige Watches (Rolex, Cartier, Breitling etc)
We Buy Dental Gold

### The Gold Centre

Goldstar The Gold Centre 834 Dunstable Road Luton LU4 OHG (near the L&D Hospital)

Opening times 9-5:30

01582 494423

www.thegold-centre.co.uk

All Gold Coins Bought











Top

**Prices** 

**Paid** 

Free onsite parking



## HUGE CHOICE ALF PRICE





from £699 to £2999



Adjustable Beds

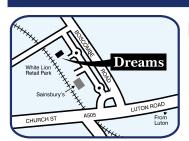




SAVE £190 off the Lazio, an ivory faux leather bedstead gives a stylish look at an unbelievably low price.



### Up to 3 year's FREE CREDIT on everything



### **DUNSTABLE**

White Lion Retail Park Boscombe Road LU5 4WL

01582 666 792

Near Sainsbury's



THURS & FRI

OPEN 7 DAYS A WEEK

Also at Luton



For a great night's sleep



This advert is copyright of Dreams Plc 2012. Mattresses and bedding on bedsteads are extra. 3 for 2 bedroom furniture – cheapest item free. After event prices apply from 6th November 2012. Price quoted includes extra 20% off. Extra 20% off ends Monday 5th October 2012. Up to 3 years interest free credit representative example. Cash price £4,500 less 20% deposit of £900. Then 36 monthly payments of £100 (0% APR). Total amount of credit £3,600, total amount payable £4,500. Finance subject to status, indemnities may be required. See in-store for full details.



### H&M plans new store in The Mall

The outlet will open its doors on November 22 in place of four stores Blue Inc, Herbert Brown, Krisp and

Millets – and is employing 20 staff. H&M manager Carlos Duartem said: "We are looking forward to showcasing our autumn/winter collections for women, men, teenage girls and children in the new store and hope that they will be well

### Henna burn 'felt like a hot cooker'

**BY CARL MUNGAZI** 

carl.mungazi@lutononsunday.co.uk

A WOMAN who suffered skin burns from an illegal henna product said she felt she had touched a 'hot cooker'.

Shifa Khatun, 21, bought a henna tattoo product from a store in Bury Park, Luton, and says she was not warned it was potentially dangerous.

Shifa said: "When I got home I tried it on because I was going to be doing some bridal henna.

"The pain felt like I had burnt myself on a cooker. I

have heard stories about black henna and how other people have had to amputate their arms because it went into their blood-

Luton Borough Council's Trading Standards service has launched a crackdown and is looking to take illegal versions of henna products off the market.

Henna is widely used in the Asian community as a traditional way of decorating skin, hair and fingernails, particularly around festivals or celebrations.

Most of it is perfectly safe if used properly but there are a small number of products being distributed which contain excessive quantities of a chemical known as (p-Phenylenediamine) which can cause severe allergic reactions.

A council spokeswoman said: "As far as we are aware the shop is no longer selling this particular

"Several attempts to purchase the product were made. However, no further products were found at

this shop.
"A Trading Standards officer has also provided advice to the shop • Hair & Scalp Problems • Dandruff & Irritation, Also Hair Loss • Hair Transplants

### IPL LASER CRYSTAL HAIR REDUCTION

Crystal Hair Reduction gently removes hair down to the source by damaging the hair germ cells, thus destroying the growing hair.

### 5 TREATMENTS £350

Either half leg, underarms, bikini line or half arms!

### **Hair Treatment and**

**Beauty Centre** 3 Collingdon Street, Luton Tel: (01582) 726875 Answerphone available MON - FRI 10.30am -7pm Saturday 9.30- 4pm www.hair-centre.co.uk

ACE • BODY • LEGS TREATMENTS FOR MEN & WOMEN

### Camford Car

The Car Care Specialists

- Tyres from £29.
- Cam Belts from £85

(Supplied & Fitted)

- MOT Class 4 & 7.
- Air Conditioning.
- Free Collection and delivery.

Family run company you can trust, with years of experience.

195 Camford Way, Luton 01582 505662 www.camfordcarcare.com

### SOUTHERN FRIED PERI PERI CHICKEN

Any 2 x 9" Pizzas for £7.50 Any 2 x 12" Pizzas for £10 Any 2 x 15" Pizzas for £15

19.99

### **Platter**

na, prawns & sweetcorn ef, onions & mushrooms a with mushrooms, green peppers sweetcorn eppers, mushrooms, onions, fresh tomatoes, sweetcorn & jalepeno f, ham, pepperoni & chicken tikka

### SOUTHERN FRIED G out or day

Regular Large Regular Large £1.70 4 Pieces Chicken & Fries £4.90 1 Piece Chicken £1.10 6 Pieces Chicken & 3 Fries 67.99 1 Piece Chicken & Fries 8 Pieces Chicken & 4 Fries £9.99 2 Pieces Chicken & Fries £2.80 12 Pieces Chicken & 4 Fries



### **Kitchens supplied and fitted before Christmas**



LOCALLY RUN FAMILY BUSINESS **CELEBRATING THEIR 10TH ANNIVERSARY** From Design to Installation. We take the stress

out of buying a new kitchen.

**Newly refurbished showroom** including 7 NEW DISPLAYS

Luton Kitchens

Bedrooms & Bathrooms

call us FREE for a no obligation quote 01582 415811









www.lutonkitchens.co.uk Bushmead Shopping Parade | Hancock Drive | Luton LU2 7SF

**New Home Study Furniture Now on display** 



### We need to listen to

CHILD abuse is an uncomfortable subject to discuss.

Christian Okoli, 26, of Farley Hill, Luton, works as a mentor at Focus Residential care home.

Although Christian could not divulge too much detail about the children he works with, he explained how some of those at the care home have gone through 'traumatic experiences' and it's the job of the staff at the home to help them integrate back into the community.

So how did Christian get involved in the care industry in the first place?

He said: "In 2009 I was working in mental care and with people with learning disabilities.

"That was my first experience of the care industry so I kind of stumbled into care work in that sense and it has blossomed from that.

"The people I worked with then couldn't do certain things for themselves, but when I came to working with children I found they were more capable and coherent and I try to teach them about the workings of society.

"When I grew up my father was a strict disciplinarian and it made me want to rebel sometimes, but looking at it now, we had a decent upbringing.

"We know about right and wrong and I try to bring what I have learnt in my childhood to the job."

He added: "We have psychologists who come in and give us advice in dealing with them. They

IN the past few weeks the child abuse allegations that have been levelled at television presenter Sir Jimmy Savile have shocked the nation. This week our reporter **CARL MUNGAZI** caught up with staff at Focus Residential Care in Leagrave to find out about some of the work that goes into looking after vulnerable children.

say that we must be positive around these children because they are like sponges, they can pick things up and absorb a lot of information.

"I am currently mentoring one young person and have been doing it since last month. We do things such as playing tennis in the park and other daily activities where we might meet other people.

"it's about meeting different people and it's a case of me taking the young person to one side and teaching them how to interact with these people."

Neil Harriott is the manager of Focus Residential care home and he thinks improvements can be made in the child care sector such as people 'listening to children more'.

He said: "I do this work because it's fulfilling to see young people go through things and come out at the end.

"At the home we deal with young people with issues like having parents who abuse alcohol or who have been sexually abused. Sometimes we try to get them back into their own home.

"Professionals need to begin listening to children more and sometimes in our sector it's a case of our services being resource led and not needs met, so we can't do as much as we would like.

"There are lots of challenges I face everyday but I have to remember that these young people have more challenges than me.

me.
"These are kids who have to try and fit into homes where there is a mixture of different people. This sometimes causes personality clashes or you might get a situation where one person might remind them of somebody from their past."

Christian is also an executive producer on a short film which looks at the life of a child abuser.

Entitled 'Joshua', it is unique in that it approaches this subject from the perspective of the abuser. Its aim is to show that people who target children in this manner are not monsters, but people who, on the face of it, live normal lives and are a part of the community.

While Christian and the rest of his production team did not

## "Probably the largest kitchen ranges in luton"



"supplying & installing quality interiors at affordable prices"

Kitchen Deals

- Crown & MFI Kitchens and Bedroom ranges
   Free kitchen Bedroom & Bathroom Designs
  - Tel: 01582 214314

Cosgrove Way, luton (next to magnet)
Opening times: Mon 9am-8pm Tues-Fri 9am-6pm Saturday 12noon- 3pm
See our special offers at www.bedfordshireinteriors.co.uk

### abuse victims more



intend the release of their film to coincide with the recent child abuse allegations being levelled at Sir Jimmy Savile, it has certainly brought to the forefront what is a sensitive issue.

To watch the film, which will be shown at The Hat Factory on November 20, visit www.pushingbuttonsfilms.tumbl er com

These are kids who have to try and fit into homes where there is a mixture of different people. This sometimes causes personality clashes, or you might get a situation where one person might remind them of somebody from their past.





We share our home... could you?

Foster children aren't the only ones to benefit.

If you foster, your own children benefit by widening their life skills through caring, mentoring and developing alongside others. They will learn how to make new friends, share their home and their parents and become well-rounded individuals.

This week is celebrating sons & daughters but we would like to hear from you regardless of whether you have your own children, are married, in a single-sex partnership, single or divorced.

If you would like to know more about fostering in Bedfordshire call us today



www.centralbedfordshire.gov.uk







Central Bedfordshire Council and Bedford Borough Council Working together

## EE Cash 4 Clothes

Ber Kilo

Unwanted Good Clean Clothes, Shoes, Belts & Bags

Wanted

Play Your Part To Help People In Other Countries

Open Mon - Friday 8am to 5pm Sat 8am to 2pm

CALL 01582 435-111

Simply Recycling Solutions Ltd

Unit 10, Windmill Trading Estate, Thistle Road, Luton, LU1 3XJ

www.simplyrecyclingsolutions.com

Help Us Help Others



# Brave phone shop staff grab 'robber'

BY LUI STRACCIA

lui.straccia@lutononsundav.co.uk

MOBILE phone shop staff bravely fought off four would-be robbers who raided their store – and apprehended one of the attackers.

Police have released CCTV images of two men they want to speak to in connection with the attempted robbery on Monday at 5.55pm at Comm Tech in Marsh Road, Luton.

The four raiders entered the shop with their hoods pulled up and tried to smash open cabinets before attacking the three members of staff who were working at the time.

The shop employees were able to fight back and managed to detain one of the attempted robbers as the other three fled.

Officers arrived and arrested the man. Another has been arrested in relation to the attempted robbery.

The three shop workers suffered only minor injuries and have been praised for their bravery by detectives.

Detective Constable Surfraz Hussain is keen to hear from anyone who may know who the offenders are, witnessed the attack, or may have seen them in the Marsh Road area following the attempted robbery.



IN THE FRAME: Grainy CCTV images of two men detectives want to speak to

He said: "The shop workers showed great bravery in challenging these four offenders and thanks to their actions we were able to arrest one man at the scene and another shortly afterwards.

"We do need the assistance of the public in identifying the two other suspects and I'd urge anyone with information to come forward." Detectives are keen to identify and locate the two outstanding suspects, who are both described as Asian men, in their late teens or early 20s, of average build and wearing dark clothing.

If you have information relating to this incident, contact DC Hussain, in confidence, on 01582 473055, the non-emergency number 101, or text information to 07786 200011.

### Treat your feet...

...to the care and attention you know they deserve!

We can help you!!

Situated within easy access to the Arndale shopping Mall, Town centre car parks and bus stops.

Whatever kind of treatment you're looking for we offer it in a warm and friendly atmosphere. We offer the following:-

- Qualified Foot Health Practitioner
- Routine Nail Care
- Cracked heels and Dry Skin
- Corns and Callus
- Ingrown toenails

SPECIAL OFFER **£5 off**Your First treatment

with this ad

www.foot-right.co.uk



"Your feet ..... in great hands"

Call for an appointment on **01582 450422** 

27 John Street | Luton | LU1 2JG

### CHICKEN SPIZZA DIRECT



### 

PIZZAS

Onions, Sweetcorn, Ham and Spicy Beef	8.80	11.90 15.50
SOUTHERN FRIED CHIC	CKEN	
		Large
Chicken Feast		£7.49
(5 pieces chicken, 3 fries, 2 regular drinks)		
Family Bucket		£8.99
(6 pieces chicken, 3 fries & large bottle dri	nk)	
Bargain Bucket		£10.99
(8pieces chicken, 4 fries, large bottle of dr	ink)	
Party Pack		£15.99
(12 pieces chicken, 4 fries, large bottle of	drink &	2 apple pies)
Mega Pack		£18.99
(16 pieces chicken, 5 fries, large bottle of	drink)	

BURGER & COMBO	MEALS	
		Fries &
	Burgers	Free Drink
Chicken Fillet	£2.49	£3.49
Empire Fillet	£2.70	£3.69
SFC Wrap		
After Burner		
Chicken Steak Burger	£2.00	£2.99
Grilled Burger(tender chicken fillet in a bun)	£2.80	£3.79
(tender chicken fillet in a bun)		
Ì/4lb burger	£2.49	£3.49
I/4lb cheese egg burger		
I/2lb burger	£3.50	£4.49
Cheese Burger	£1.70	£2.69
Cheese Egg Burger	£2.00	£2.99
Kingsize Burger	£2.50	£3.69
Veggie Burger	£2.00	£2.99
Bean Burger	£2.00	£2.99
Fish Burger	£2.49	£2.99
Hot Wings	£2.49	£3.49
Donner in a Bun	£2.00	£3.00
Panini (with any 3 toppings)	£2.49	£3.49
Chicken Nuggets (6)	£2.00	£2.99
Chicken Nuggets (6)KEBABS		
	Regular	Large
Chicken Tikka Roll		
Seekh Kebab Rolls	£3.50	£4.00
Doner Kebab		
Doner Meat & Chips		
Mixed Kebab Rolls		
Seekh Kebab(portion)		
Deckin reduction continues		

BUY ONE GET

KIDS N	1EALS	
I Chicken Drumstick, reg fries &	& drink£2	.49
4 Nuggets , Fries & Drink		
<b></b>		
Garlic Bread	RDERS	
Garlic Bread	tl	.50
Garlic Bread w/cheese		
Onion Rings	£	.40
Coleslaw		
Baked Beans		
Fresh Salad		
Chicken Salad		
Potato Wedges		
Samosa (meat/Veg)		
Chicken Pakora (portion)	£2	2.00
Veg Pakora (portion)	£2	.00
Jacket Potato	£I	.50
Jacket Potato Toppings	each £0	0.50
Dips		
Pitta		
PERI PERI GRI	III CHICKEN	
PEN PEN GN		1eal
A. Chicken Breast Burger		
B. Chicken Breast Pitta	£2.99 £3	0.77
C. Per Peri Wrap		
D ( Pari Mina		0.77
D. 6 Peri Wings		
E. 5 Peri Strips	£2.99£3	1.99
F. I/4 Chicken	£2.99£3	1.99
G. I/2 Chicken		
H. Full Chicken	£6.99£8	3.49
Lemon & Herb Mild	Medium Hot	7\7

-	STORY AND AND PROPERTY AND A
£2.49 £2.49	JUMBO PLATTER  3x Full Chicken • 3x Pittas • 3x Large Fries • I Fresh Salad • 5x Any Dips • I Large Bottle of Drink £21.99
£1.90 £1.40	SINGLE PLATTER
£1.00 £1.00 £1.30 £2.40	Ix Full Chicken • Ix Pittas • Ix Large Fries • I Fresh Salad • 3x Any Dips • I Large Bottle of Drink £9,99
£2.00 £2.00 £2.00 £1.50 each £0.50 each £0.30 each £0.30	MEGA PLATTER  2x Full Chicken • 5x Chicken Strips • 6x Wings • 3x Pittas • 1x Large Fries • 1 Fresh Salad • 1  Large Bottle of Drink • 5x Any Dips  £19.99  You save £7.47
Meal £3.99 £3.99 £3.99 £3.99	MIXED PLATTER  Ix Full Chicken • 5x Chicken Strips • 6x Wings • 2x Pittas • Ix Large Fries • I Fresh Salad • I Large Bottle of Drink • 4x Any Dips £14.99  You save £4.68
£3.99 £4.99 £8.49	FAMILY PLATTER  2x Any XLarge Pizzas • 3x Full Chicken • 3x Large Fries • 1 Fresh Salad • 3x Pittas • • 1 Large Bottle of Drink •

01582 595 999

56 Bishopscote Road, Luton, Beds, LU3 1PB

Free deliveries from 12noon-12midnight, 7days a week within a 3mile radius- minimum orders £7

LUNCH TIME DELIVER

Open 12 noon-12midnight
7 days a week

### **BEDFORDSHIRE'S BIGGEST SELECTION** OF MOBILITY AIDS

### **COMFORT HOMECARE**

MAKING LIFE EASIER



STAIRLIFTS FROM £950 FITTED



WHEELCHAIRS FROM £99



PRIDE COLT DELUXE



PRIDE COLT PURSUIT EX DEMO - 8MPH



**INVACARE ORION** 



FROM £295







APPROVEE

OFT

**PRIDE COLT XL8** 



**INVACARE LEO** 



**ADJUSTABLE BED** 

£749







**RASCAL 327 XL** 



### MINIMUM PART EXCHANGE VALUE OF £250 LARGE SELECTION OF USED SCOOTERS FROM £250 WITH GUARANTEE

### **3 YEARS GUARANTEE** ON ALL NEW MOBILITY SCOOTERS

Unit 12C, Oldbridge Way, Shefford, Bedfordshire, SG17 5HQ Opening Hours Monday - Friday 9.00am - 5.00pm Saturday 9.00am - 4.00pm

- · Only mobility shop approved by Central Beds Trading Standards
- · Approved centre of excellence for Days Healthcare
- · OFT approved/finance available
- · Largest and most comprehensive stock of mobility aids and daily living aids
- Free home demos

OFF ROAD
PARKING RIGHT **OUTSIDE THE** SHOWROOM



Bedfordshire's leading mobility specialist. We lead others follow!



Huge selection of Sofas • Beds • Bedroom Furniture • Carpets

# SOFAS

### FANTASTIC SOFAS AT UNBELIEVABLY LOW PRICES

Fantastic quality sofas at unbelievably low prices









Stock Disposals (UK) Ltd T/A

## FURNITURE4U

314 - 318 SELBOURNE ROAD, LUTON, BEDS LU4 8NU (NEXT DOOR TO BUTTERFIELDS)

r01582 593155 ы info@discountfurniture4u.co.uk

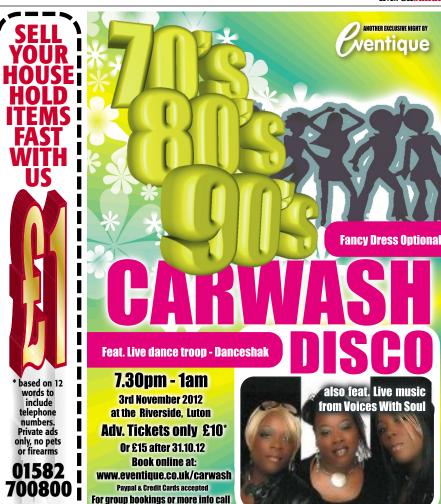
Open: Monday - Saturday 10am - 7pm Sunday - 11am - 5pm



Scan this code to be directed straight to our website









try something new





### **Superb Variety**

Over 180 classes per Week from Zumba® to BODYPUMP™ to Kettlercise. Plus enjoy 3 fantastic gyms and 3 swimming pools.

07796 380270 \*Advance tickets available until midnight 31.10.12 - Tickets are not refundable

### **Amazing Value**

No fuss easy payment options available, from low monthly roaming memberships to pay as you go.

### **Great Choice**

### Try something new at:

- **▼ Hightown Community Sports & Arts Centre** 01582 419548
- ♥ Inspire: Luton Sports Village 01582 416772
- ▼ Lea Manor Recreation Centre 01582 599888
- **▼ Lewsey Sports Park** 01582 604244
- ♥ Stockwood Park Athletics Centre 01582 722930

For more information call the Profiles membership team now on 08453 30 30 85 or visit www.activeluton.co.uk/profiles

Your health your life your choice

Delivering services commissioned by Luton Borough Council









### Damaged parks are tip-top again

BY LAUREN ARCHELL

WARDOWN Park and Popes Meadow have been restored to their former condition following 'considerable' damage from the Love Luton Festival in July after which they 'resembled farmland'.

Torrential rain coupled with the number of people at the sites left the green parkland in a muddy mess.

A Luton Borough Council spokesman said: "The rain and number of people attending the festival presented a big challenge for organisers, resulting in a considerable

amount of ground damage.
"The council's parks services were undeterred by the situation and immediately started recovery work on the damaged areas to restore the two parks back to their former condition. which for a short amount of time resembled farmland.

"However, the weather that had been so instrumental in contributing to the damage remained through the summer months, allowing for the germination of the seed to quickly establish and restore the parks to their pre-event



BACK TO ITS BEST: Wardown Park above. Below: The festival damage



### Council's diversity honour

A COUNCIL has achieved success at an equality and diversity awards.

Central Bedfordshire Council's efforts were recognised in the Bedfordshire Race and Equalities Council's Equality and Diversity Awards 2012

It scooped the Leading Change category for its work in rolling out the Freedom Programme.

In the 'Business Innovation' category, the council's partner DisabledĠo took top place for its work developing an online access guide.

The council was also awarded the runner-up position in the Partnership Working' category for work undertaken with the gypsy and traveller community to help employability rates

Cllr Maurice Jones said: This is a fantastic result and I'm really pleased that our hard work in promoting equality and diversity has been

recognised in this way "My thanks go to all those involved in these really important projects."









**Specialising in:** Driving, Industrial, Office, Technical, Engineering

www.fs2recruitment.com















times vary. You must have held your licence for a minimum of 18 months. Limited company and part-time drivers welcome.

Call Rachel Cowan/Freya Casemore on 01582 477553

**LGV Drivers** £11.50 days/£12.50 nights, class 2 - £12.30 days/£13.50 nights class1 Well established distribution company is looking to increase their driving division delivering to

shops. Looking for experienced LGV drivers -

you will be delivering up to 8 drops per day - roll on roll off cages. A limited amount of heavy

lifting involved, full training will be given. Client

operates 24 hours a day, 6 days per week so start



starter sets from just £15.99!!

5 John Street, Luton, LU1 2JE (behind the Mall Lutor www.shaden-fishing.co.uk Tel: 07506 426663





Scan this with your

Smartphone and

visit our web site

MILTON KEYNES Snowdon Drive, Winterhill Retail Park, MK6 1AJ Tel:01908 392337

AYLESBURY Aylesbury Shopping Prk, Cambridge Close HP20 1DG Tel: 01296 744580 LUTON Hatter Way Retail Park LU4 8FD Tel: 01582 509170

DUNSTABLE White Lion Retail Park, LU5 4WL Tel: 01582 602033

All our stores are open 7 days a week with free parking. Buy online at www.paulsimon.co.uk

"Up to 2 years free credit. Representative example: Cash price £1200. Pay £240 deposit. Then pay 24 monthly instalments of £40. Total amount payable £1200. 0% APR representative. Minimum spend applies. All finance provided by Ikano Financial Services. Credit subject to status. Applicants must be 18 years or over. All offers subject to availability. Unless otherwise stated all headboards, bed linens and accessories are extra. Furniture selection may vary within each store.





CURTAINS CARPETS SOFAS

Bringing Change Home

County's

Furniture

Largest

The



WAS £399

NOW £199

WAS £1999

NOW £999

WAS £799

**NOW** 

£399

Over 100 beds on display.
Over 20 dining ranges instore.

Superstore

over 50 sofas and chairs to choose from.

Free delivery on all beds. Free collection of old beds. Instant free credit available. Free car park.













WAS £599

NOW £279

### **Furniture Avenue**

Unit A, Mile Road, Bedford MK42 9SS

01234 219 235

Opening times: Monday to Saturday 9.00am - 5.30pm, Sunday 10.30am - 4.30pm.

www.furniture-avenue.co.uk



# Thinker calls for a positive approach

BY CARL MUNGAZI

carl.mungazi@lutononsunday.co.uk

A HOUSING association celebrated its 50th anniversary this week in an event that featured a prominent political thinker and commentator

mentator.
Phillip Blond, director of think tank ResPublica, was the guest speaker at the Luton Community Housing (LCH) 50th anniversary celebration dinner at Auction House, in Crescent Road, on Wednesday night.

LCH is a not-for-profit housing association that offers accommodation in the town and supports various sections of the community who have housing needs.

Mr Blond spoke about the current economic and social difficulties facing the country and how community organisations could become more pro-active. He said: "Big companies make money by losing jobs. That is why we need smaller groups to get together and make a change.

"There are laws now that will allow community organisations to have more power and to do more as well.

"One of worst societies to be born in if you want to get ahead in life is the UK, as we have some of the worst levels of social mobility. "You have things like, the

"You have things like, the family is where you begin to fight poverty, but we have actually broken up the family so we need to start changing these things."

Mr Blond also called the

Mr Blond also called the Government's work programme 'a bit of a disaster' and said he wanted to see LCH doing the work programme, as they had the links with the community.



POSITIVE: Think tank's Phillip Blond

### Motorists urged to slow down for road workers

A NEW safety campaign has been launched featuring the families of people who maintain

Central Bedfordshire Council and Bedford Borough Council have joined forces to launch their 'Our Daddies Work Here' campaign to urge drivers to take care as they pass roadworks.

Councillor Budge Wells said: "Coming across temporary

roadworks may be frustrating, but attempting to shave a few minutes off a journey time could end up seriously injuring or killing someone who is simply doing their day job."



## COULD YOU GIVE A CHILD A CHANCE?

Integrated Services Programme (ISP) is an independent, not-for-profit childcare organisation providing foster care to children with a wide range of emotional and behavioural needs. We have Centres in Bucks, London, Kent and Sussex. We were judged "Outstanding" in our latest Ofsted inspections.

**ISP** looks after children from many different ethnic and cultural backgrounds including white UK, African, African-Caribbean, Asian and dual heritage. We are keen to recruit carers from similar cultural backgrounds. In addition, we are currently experiencing a high demand to look after: children with various disabilities, children who are involved in the criminal justice system and 'parent & child' placed together.

### IF YOU

- · are single or a couple with life experience
- have the ability to work with children or young people
- have the ability to learn and rise to the challenge of fostering
- have patience, determination and a sense of humour
- have a spare bedroom
- · are considering a possible change of career

### ISP WOULD LOVE TO HEAR FROM YOU

We offer full training, 24 hour support and highly competitive allowances with generous tax concessions plus added benefits e.g. private medical treatment and respite.

\*STOP PRESS!\* Come and meet the team at our OPEN DAY at ISP Chesham on 14th November 2012 from 2pm to 7pm

ISP Chesham, Hureole House, 9 Church Street, Chesham, Bucks HP5 1HS. (Please ring 01494 792999 for directions)

For an information pack please contact our Chesham Team on:

01494 792999 or 0800 085 7989

Visit our website for more information : www.ispchildcare.org.uk







At Larkswood we want you to love where you live, so we're offering further savings on beds, bedroom furniture, dining room furniture and upholstery for this weekend only

At our family-owned Aspley Guise showroom, we pride ourselves on a personal and responsive service.

Choose from a wide range of famous brands, with a massive choice of dining sets, sofas,

chairs, cabinet furniture, beds and much more.



OPEN 7 DAYS A WEEK - Mon - Fri 9am - 5.30pm, Sat - Sun 10am - 5pm



Christmas Party Time at The Marquee, Stockwood Park For 6 nights only!

Special Christmas Buffet, Disco and DJ

Enjoy a great night out with friends, colleagues and family

Just £23.50\* pp

Choose from:

December 2nd, 6th, 9th, 13th, 16th and 20th

For more details, contact the General Manager on 01582 413704 (extn 2) or email info@activeluton.co.uk

**€10** deposit per person required on booking

Stockwood Park Golf Centre, London Road, Luton. LUI 4LX
Delivering services commissioned by Luton Borough Council

- facebook.com/activeluton
- @activeAl
- info@activeluton.co.ul



## Do you know someone who is sleeping rough?

Each year every local authority in the country carries out a survey that assists in estimating the number of people sleeping rough in their area. This is used to track the total number of people sleeping rough and to inform future planning proposals for homeless services both locally and nationally.

Rough sleeping levels have increased significantly in the last few years across the UK and it is believed that many people who have recently become homeless may not be known to existing services. This means that they will not be taken into account in the estimate and they will not be able to receive the support that is available to them.

This year, Bedford Borough Council, Central Bedfordshire Council, and Luton Borough Council are calling on members of the public for their help in gathering information about current rough sleeping patterns in the area so we can make sure our estimate is as accurate as possible and so that our existing outreach and accommodation services are able to offer support to people who are sleeping rough.

To ensure the estimate is carried out consistently, rough sleeping is defined where someone is either sleeping outside (maybe in a shop doorway, in a park, under a bridge or on a bench) or in a building or vehicle that is not designed to be lived in (maybe a garden shed, a car, a bus shelter or garage). People sleeping in a tent that is not on a campsite will also be classed as rough sleeping.

If you become aware of a person who is rough sleeping, please contact us on the appropriate rough sleeper referral email address shown below. Please include details of the location where you have seen the rough sleeper(s) rather than a description of the individual, as this will enable us to visit the site and link them to appropriate support services.

We are aware that some people will not want to engage with support services. Our approach takes this into account and our outreach workers will be mindful of it.



### For more information

- Bedford Borough Council roughsleeper.reporting@bedford.gov.uk
- Central Bedfordshire Council housing.options@centralbedfordshire.gov.uk
  - Luton Borough Council homelessprevention@luton.gov.uk



### Firm wins contract for airport services for winter RESIDENTS and DIVISION OF THE PROPERTY OF THE

BY LUI STRACCIA

THE UK's leading provider of air traffic services and solutions has retained its contract with Luton Airport. The deal, which

National Air Traffic Services (NATS) continue to provide tower and engineering services, is for three years.

The contract was won follow-

ing an open market tender

Glyn Jones, managing director of Luton Airport, said: "Our congratulations to NATS for retaining the contract to provide air traffic services at London Luton. We look forward to building on our good working relationship to ensure the continued safe and efficient running of air traffic services at the airport.

Richard Deakin, NATS' chief executive, said: "We are delighted to be continuing our close relationship with London Luton Airport and it is especially pleas-ing to have won this contract fol-



lowing a competitive process. It shows that NATS offers an outstanding service and excellent value for money.

"High quality air traffic management is vital to the safe. smooth and efficient running of any airport, helping to minimise experience in providing exactly

In 2011, Luton carried 9.5 million passengers, with NATS controllers handling 99,296 flights, making it the fifth busiest in the UK. The contract award means NATS will continue to provide air traffic management services to all five major London airports.

### Residents urged to get ready

businesses are warned to 'look out for your neighbours' with winter around the corner. Bedfordshire and

Luton Local Resilience Forum (BLLRF) is joining the 'Get Ready For Winter' campaign urging everyone to check they are prepared.

The campaign is encouraging everyone to plan ahead and make sure they are ready if Bedfordshire winter conditions.

Severe weather, such as cold, snow, ice, high winds and flooding can have a huge impact on daily life and there are huge benefits to planning ahead.

Tips, advice and links are available on the What Would You Do If www.whatwouldyoudo



**Bedfordshire's** Window Doctor can cure a wide range of window problems including:

- Misty Windows
- Damaged Hinges
- Broken Locks
- Jammed Patio Doors



We undertake repairs in all types of windows, including uPVC & aluminium. We also supply windows, doors & conservatory & fit locks to existing wind

Phone Mark for a FREE quote on 01582 602529 or 07956 325797

Available 7 days a week NO JOB TOO SMALL
Our window specialists are LOCAL, Friendly & Efficient



www.jobsnow.co.uk

DON'T WAIT FOR YOUR PERFECT JOB
- PLACE YOUR CV ONLINE WITH US NOW!

For single tooth and multiple teeth replacements it's painless, with no complication, immediate functioning and most of all cost effective.

ONLY £80 for each implant!

We also provide general dental treatment

- EMERGENCY SAME DAY APPOINTMENTS
- Cosmetic
- Dentures
- Crowns & Bridges
- Teeth Whitening £195
- · Intravenous facilities also provided



So why not phone Dental Health Practice to book a FREE consultation on 01582 668199

Telephone lines open: 9am-9pm Surgery times Mon-Fri 6pm-9am Tues, Weds & Sat 9am-Ipm

88 Luton Road, Dunstable, Beds, LU5 4JN

delays while maximising avail-able capacity. NATS has years of

Springclean Services More Time For Living DOMESTIC AND COMMERCIAL

Spring clean services will provide a very reliable and experienced service with competitive prices. We supply everything from the staff to the mops. We aim to give you more time for living.

### What we do in a **Domestic Clean**

Clean kitchen+ utility rooms Clean inside microwave oven **Dust and wipe** all rooms Clean all bathrooms Mop all floors Spot check doors Hoover all rooms General tidying **Empty all bins** 

Prices start from as low as £20 per visit! Fully insured for 5 million public liability! Daily! Weekly! Fortnightly! Monthly!

www. springclean-services.co.uk admin@ springclean-services.co.uk



dry cleaning & laundry services **Duvets** Save ££'s **Wedding Dresses** Off Your **Alterations & Repairs Dry Cleaning Leathers & Suedes** & Laundry Wax Jackets (Rewaxed)

Shooting & Equestrian Wear **Curtains & Upholstery Bedding Service Laundry Service Washes** 

Tel: 01582 563300

Carpet & Settee Cleaning







£109 £119 £129 £139

ALL F1 TECHNICIANS ARE FULLY TRAINED TO THE HIGHEST STANDARDS

THE PRICE WE QUOTE IS THE PRICE YOU PAY - NO HIDDEN EXTRAS

**WE WON'T CARRY OUT ANY EXTRA** 

**LUTON** 405 DUNSTABLE ROAD, LU4 8DA **01582 561133** 

**OPEN:** MON-FRI 8.30-6.00 SAT 8.30-5.00 SUN 10.00-4.00

EXHAUSTS

• BATTERIES

• BRAKES

• SHOCKS

• CLUTCHES

• AIR CON

• 4 WHEEL ALIGNMENT

www.f1autocentres.com



### Winter Wedding Package

(available January - March)

Marquee and reception area hire Three course sit down carvery

See website for menu details

### **Evening buffet**

Drinks package

Arrival drink: Mulled wine

Meal: Pinot Grigio and Merlot, Sparkling and Still water Toasting: Sparkling Prosecco

**DJ** and Disco

Table linen and chair covers

(includes organza colour of your choice)

**Decorations package** 

(includes balloons, table decorations & centre pieces)

Wedding cake stand and knife

**Experienced wedding co-ordinator** 

### WHITE HORSE WINTER PACKAGE

£2995

\*Based on 60 day guests & 80 evening guests

Additional day/evening guests + £37.00pp Additional evening guests + £6.50pp

THE WHITE HORSE - TEA GREEN 01582 722855 WWW.WHITEHORSETEAGREEN.CO.UK





COPPER • BRASS • ALUMINIUM STAINLESS STEEL • LEAD • CABLE

# YOUR CARS & CUEAN CLOTHES

BOUGHT FOR CASH.....£££

HOW TO FIND US...

WE ARE

**Recycling Centres** 

also at

Northampton NN1 3EW

01604 603-912

Bedford MK42 9TW

01234 268-887

**Hemel Hempstead HP2 7BH 01442 212-010** 

Watford WD24 4YH 01923 232 256

Play Your Part To Help

People In Other Countries

**Smartphone Scan** 



EE Cash
4 Clothes

Unwanted Good Clean Clothes, Shoes, Belts & Bags

CALL 01582 435-111

Simply Recycling Solutions Ltd

Unit 10, Windmill Trading Estate, Thistle Road, Luton, LU1 3XJ

www.simply recycling solutions.com

We are happy to dispose of all your scrap waste



30-60p Per Kilo

tweet!

tweet!

tweeti

tweet!





onsunday

BARRY BOLTON **Windows** 



Phone for a **FREE** brochure on 01582 484600

Windows Doors Conservatories Fascias Gutters Over 30 years experience Discounts for pensioners and the retired Friendly, no pressure, advice No deposit - payment only on completion and satisfaction Doors & Conservatories ★ Maintenance free Fascia & Guttering Porches ★ Carports The future has never looked so bright

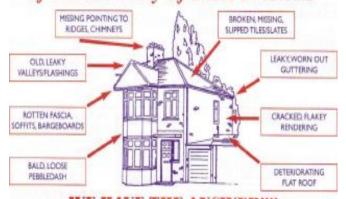
Join us on 0-9 mths, 10-18mths, Twitter and follow the 19-36mths and 3-6yrs categories Prizes for the winners of each category All photos will be published in the Luton on Sunday 16th December 2012 @LutonOnSunday **BARRY BOLTON WINDOWS** 

or visit our website at www.barryboltonwindows.co.uk



## Get your home ready for Christmas COLT PROPERTY IMPROVEMENTS LIMITED

### If You Have Any Of These Problems



### WE HAVE THE ANSWER!!!!

We Are The Specialists For:

• New Roofs • Flat Roofs

• Roof Repairs

• PVC-ue Fascias, Soffits, Bargeboards

• Aluminium Seamless Guttering

Longlife Exterior Wall Coatings

Repointing - RenderingRepainting



**FOR** SENIOR CITIZENS



FOR YOUR FREE INSPECTION & OUOTATION:

without any obligation whatsoever...

**TELEPHONE 01582 872561** 

24 Hour Answering Service **COLT PROPERTY Improvements Limited** 

Down House, Kensworth, **Dunstable, Beds LU6 2PP** Website: www.coltltd.co.uk

email: enquiries@coltltd.co.uk MAJOR CRÉDIT CARDS ACCEPTED





**Christmas Fayre menu** 2 Courses £16.95 **3 Courses £19.95** 

Dunstable: 01582 475797 Ampthill: 01525 404666

Open seven days Please call for details www.donatellos.org





Celebrate your Xmas Party Nights with us



Xmas Disco and meals from £24.95 per person

November 23rd, 24th, 30th December 1st, 6th, 7th, 14th, 15th, 20th, 21st, 22nd January dates available @ 25% discount

Seasonal & Senior Citizen Lunches from £9.50 Available Monday-Friday throughout December 2012

Waller Avenue, Luton, Bedfordshire, LU4 9 RU Please contact Monika Simla on 01582 575911 email: monika.simla@chilternhotel.co.uk





# AUTOCTAIT FOR ALL YOUR CAR CARE NEEDS

#### autoland

LAND ROVER / RANGE ROVER SPECIALIST

**CAN RE-MAP YOUR DIESEL ROVED FUEL** 

**DON'T FORGET WE ARE ALSO HERE** FOR ALL YOUR OTHER SERVICING AND REPAIR NEEDS



autocraft autoland

01582 866688/472117 01582 866680/472116

**UNIT A3 PORTLAND CLOSE** HOUGHTON REGIS, BEDS. LU5 5AW



01582 84 84 83



**All winter** products in stock 10% OFF

## All stocked car batteries

Offer at Luton branch only. Discount off retail price. Offer ends 30/11/2012.



...the definition of accident repair pamper your pride & joy ready for Christmas



**Car Park Dent Removal** 

**Scuffs & Scratches** Colour Coding & Custom Paintwork **Complete Colour Changes & Resprays** 

**Leather Trim Connolising & Repair** www.autoeffects.co.uk sales@autoeffects.co.uk



Unit 21, Barton Industrial Estate, Barton-le-Clay MK45 4RP

#### TECHNICAL BRAKES LTD

- MOT Testing
- Diagnostic Fault Code Testing
- · Servicing & Repairs to all makes and models of vehicles
- End of Life Vehicle Disposal with certificate

## FREE BRAKI CHECK

With this advert



**WORKSHOP** 01582 491567

МОТ

01582 572681

261 Selbourne Road, Luton, Beds LU4 8LX





# Youth worker's joy at chance of award

**BY CARL MUNGAZI** 

carl.mungazi@lutononsunday.co.uk

A YOUTH worker has been nominated for a prestigious award for his work in supporting youngsters in the community.

Kevin Mullins is one of four

Kevin Mullins is one of four finalists for the National Youth Agency (NYA) Youth Worker Award 2012 after he was put forward by parents, volunteers and young people.

The nomination follows Kevin's community involvement over the years, which has included launching an initiative called the Street Robbery Awareness Project where victims and people who commit robberies work together.

He will be attending a ceremony in London on November 8 when the achievements of leaders in the youth work sector will be celebrated and the winner crowned.

He said: "I was overjoyed when I was informed that I had been



PRAISE: Councillor Waheed Akbar

nominated for a national youth work award. It is rare that you get the time to sit back and reflect on the impact your work actually makes. Anyone who does this work does so as they want to make a positive difference.

"This nomination was my con-

firmation that I am achieving that. I am very fortunate to work with some brilliant and inspirational young people who demonstrate that issues young people are faced with are not individual to one particular culture.

"The membership of my disability group is evident that disability does not discriminate – it can affect us all. The young people and young volunteers on the project are a true reflection of Luton's diverse population and I believe the project is a positive example of what can be achieved when people forget what makes them different and celebrate what makes them the same."

Councillor Waheed Akbar said: "In Luton, we have a fantastic team of youth workers, making a positive impact on young people's lives. Well done to Kevin for getting nominated and becoming a finalist in the NYA award, which is a testament to his efforts."

# THE LILLEY ARMS

Tel 01462 768371 www.lilley-arms.co.uk West Street, Lilley, LU2 8LN (Just off the A505)



Lovely old inn just 2 mins from Stopsley but in a picturesque village

We offer real ales, real fires and B&B accommodation

We do great home cooked food 7 days a week, both lunchtimes and evenings (not Sunday night).

New 'Winter Warmers' menu, Senior Citizen's Emerald lunch and Christmas menu's and new 'take-aways' as well.

Special offers and 'Simply the best' Sunday Roast - just £6.95

We can cater for all types of occasions here or at your venue and supply a bar as well!!



Join us on Halloween at 7pm for 'Spooky Tales', kids fancy dress and a BBQ for £2pp donated to the Hospice

## Town planning to celebrate Games Makers

DO you know somebody from Luton who helped to make this year's Olympic and Paralympic Games such successes by volunteering as a Games Maker? Luton Borough Council is hoping to celebrate the efforts made by the town's Games Makers who helped to ensure that a spectacular summer of sport ran smoothly. If you know a Games Maker or were one yourself, contact Adam Divney before November 6 on adam.divney@luton.gov.uk

Alternatively, give him a call on 01582 548775.

Crown & MFI Kitchens and Bedroom ranges

100s of High
Quality
worktops to
clear at less
than half
price. All sizes
in stock



For orders placed this week only

What You Get In With This High Cream Gloss

1x 500 Base Unit
1x 500 3 Drawer Base Unit
1x 600mm Built Under Oven Unit
1x 1000 Corner Base Unit
1x 1000 Base Unit
1x 1000mm Wall Unit
1x 500mm Wall Unit
1x 600mm Wall Unit
2x laminate wooden Worktops
11x Handles
3x Pelmet
2x Plinth Price £998

Appliance
1x Oven 1x Gas or Electric Hob
1x Chimney Extractor
all in Stainless Steel and come with 2
years warranty and free sink & taps

Price £1299

Open for business at Cosgrove Way, Luton (next door to Magnet)

Open: Monday 9am-8pm Tues-Fri 9am-6pm Saturday 12 noon-3pm

KITCHEN DEALS DIRECT

Probably the largest kitchen ranges in Luton

"Supplying & Installing Quality Interiors at Affordable Prices"

www.bedfordshireinteriors.co.uk. 01582 214314





**COACH HOLIDAYS** 

# onsunday

## **Fantastic Value Holidays**

LOCAL PICK-UP POINTS • There's sure to be one near you!

entertainment.

close to the London Eye.





#### **Lille and Bruges** Christmas Markets

Departs 1 & 9 December 2012

Join us for this excellent value two-day break visiting two of northern Europe's most enjoyable and atmospheric Christmas markets! Each year the historic centres of Lille and Bruges are transformed into a Yuletide Paradise of sparkling lights and beautifully decorated Christmas stalls offering all manner of fayre and seasonal gifts.

#### Price includes

- Return coach travel and ferry/Eurotunnel crossings
- One night's bed and continental breakfast accommodation in a comfortable hotel in the Lille
- Visits to the Christmas markets at Lille and Bruges
- The services of a Tour Manager



### **Highland Railways**

Departs March to October 2013

Fly to and from Scotland, stay in the heart of the Highlands and enjoy three spectacular railway journeys while you're there: the famous West Highland Line from Fort William to Mallaig, the charming Strathspey Steam Railway and the breathtaking stretch between Inverness to the Kyle of Lochalsh.

#### **Price includes**

- Return flights to Edinburgh from Luton Airport
- Four nights' dinner, bed-and- Scottish breakfast accommodation at either the Highlander or the Carrbridge Hotel
- Rail journey from Inverness to Kyle of Lochalsh, a 42-mile journey from Fort William to Mallaig on the famous West Highland Line, plus a trip on the Strathspev Steam Railway
- Touring and airport transfers by coach
- The services of a Tour Manager



### Valentine Weekend in Paris

The beautiful Isle of Wight

Departs 17 June & 30 September 2013

**New Year in London** 

Departs 31 December 2012

Don't miss this great value Valentine's Weekend in Paris, where the distinctive atmosphere of this much loved city is sure to make this a romantic weekend to remember.

Stunning coastal scenery, quaint villages and an old fashioned charm - a break on this unique holiday isle is always special. Enjoy two full day included excursions and evening

London's New Year celebrations are incredible, with an amazing firework display

**Departs 15 February 2013** 

3 days from **£135**.00

5 days from **£259**.00

2 days from **£129**.00

#### York, Whitby & Scarborough

One of the UK's most varied and scenic counties, with a glorious coastline, interesting cities, quaint villages and stunning scenery, a holiday in Yorkshire is always memorable!

Departs 22 April 2013

5 days from **£229**.00

	For your FREE brochures, complete coupon & send to: Newmarket Promotions Ltd, FREEPOST KT2720, Worcester Park, KT4 8BR (NO STAMP REQUIRED)  BOS
	Tick brochure(s) required:  Lille & Bruges Christmas Markets - BRM  Scottish Highland Rail - HLJ  Isle of Wight - IOW  New Year in London - LNY  Valentines Weekend in Paris - PVD  York Whitby & Scarborough - YOR
	NameTel
	Address
i	Postoodo Email





# leisurenow

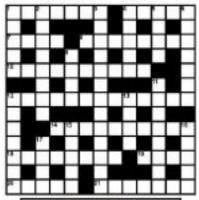


To advertise in these leisure pages call 01582 700800 or email advertising@lutononsunday.co.uk

# PRINT & FRAME IT

01582 481848

#### **PUZZLE CORNER**



#### THINKER

#### ACROSS.

ACROSS
I'm a state in creft at sea (7)
4Chaposal of goeds including first beaver for (5)
7Thogsasted after suit buy — of efficiety (4)
8Thairt reads of grigorite (8)
9Chicate to workers' refreshment time with somew (10)
12Simal pri in covenium; doing just the opposite (13)
14Prosse eather justification for public or derivament (10)
18Cher top, get a cometack (8)
19US tweyer and politician — both wet (4)
20Christe gui in the "remote allege" (3)
21 What you must show for Peter's first contribution (7)

DOWN
I New part of out, reshaped for comfort (5)
25table in a hency, then gives up (5)
3-Error and disc made with LS flower (8,5)
4-Min Cameson gate a degree in clance (5)
5-Shed what's left in the said; (4)
6-Minering rose, on I travel (7)
6-Minering rose, on I travel (7)
11-Make a sporting days of entary total (8)
12-Manage the lof in comprocessing (7)
13-di will be you up in the company way (4)
15-Similar to a preference (5)
16-Chank up of the base (5)
17-Shoppes, gets up for bridge (4)

SOLUTION FOR LAST WEEK ACMOSS: 1 Resurred 6 Oatch 6 8 Hz 9 Memario 10 Lash 11 Innues do 14 Lagel 15 Tech 19 Terrage 20 Prod 22 Refeat 24 Mod 23 Hebb 25 Expand DOWN: 1, Rubble 2 Shipshope 3 Maze 4 Dowine

5.Communes 6.Tin 7.Hooppe 12 Notorious 13.Rentament 15.Starch 17.Cends 15.Added 21.Skip 23.Fob

	1		3					8
7					5	4		
			8				1	
	4			6		3		
		2		9		7		
		2 5					8	
	6				2			
		3	7					9
1					4		5	

Complete the grid so that all rows, columns and 3x3 boxes contain the numbers 1 to 9. Solution next week.

	Nº	7	-	9
	Fun!	+	7	÷
Ì	*13*	5	×	6

make the star total. Do calculations in strict order from left to right with no brackets - eg 9x7+7+5-6=8

Last week: 8 + 8 x 6 + 4 - 1 = 23

	FIND THE WORDS											
J	В	L	0	U	S	R	R	T	1	R	Н	S
U	Т	T	C	S	Ε	Н	R	S	1	5	Т	Т
M	0	0	s	P.	5	1	1	K	S	2	٧	0
P	A	H	М	Е	K	Т	Т	R	1	K	s	R
T	0	2	5	-	٧	3	E	C	T	N	M	Н
Ε	J	В	S		S	S	0	к	0	н	0	S
R	S	т	L	0	5	ш	8	ш	O	E	C	G
Ε	E	A	C	0	G	٧	Y	E	٧	A	L	T
٧	S	K	R	Η	U	N	E	0	R	0	J	Е
C	s	Т	R	0	H	s	L	F	٧	D	0	C
												K
L	F	M	٧	A	N	G	S	E	P	A	C	A
G	R	A	C	S	P	Е	S	U	0	R	Т	J
Find the words: Up, down, forwards, backwards.												

straight or diagonal. This week: Clothing: Shirt, Dress, Sock, Vest, Jumper, Trousers, Coat, Parits, Skirt Nylons, Jacket, Scarf, Blouse, Suit, Cape, Mac, Glove. Hoodie

BRAIN

М

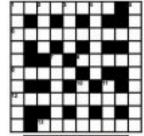
How many words of four letters or more car

you make? No plurels, proper names or

foreign words. All must include the centre

Good: 17 Meestro: 38+

С



#### QUICKSOLVE?

ACHCOSS
1 Animal guard (6)
5 Warship place (10)
5 Adjustcator (5)
8 Waltop (5)
12 Porty (copper (10)
13 Waltop (5)

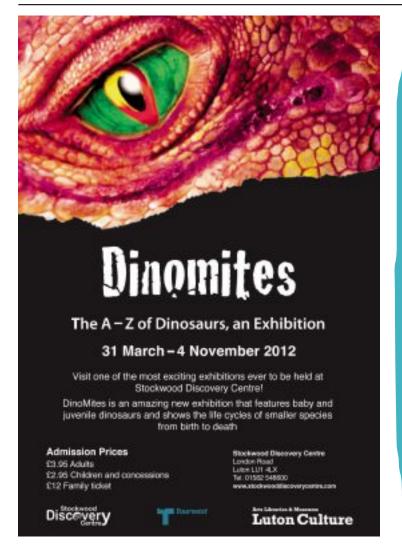
1.Purry words (10) 2.Drams (up (4) 3.Mais deer (4) 4.j.grd Moderng (8) 5.Drams (10) 7.Pesturist (6) 10.Save of old (4) 11.Virtusus (4)

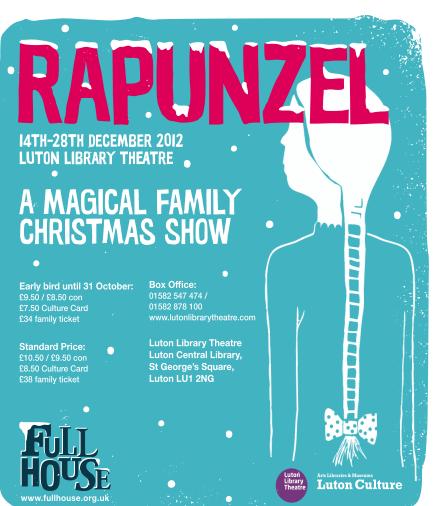
SOLUTION FOR LAST WEEK ACROSS: 2 Justice 6 Hobo 7 Plus 8 Après 9 Tug 13 Ted 16 Celle 17 Plat 18 Pol 19 Defent 19 Deflare OOWN: 1 Folly 2 Joint 3 Savage 4 Inch 5 Sixer 18 Litopia 11 April 12 Orlf 14 Death 15 Outs



SMEARPK

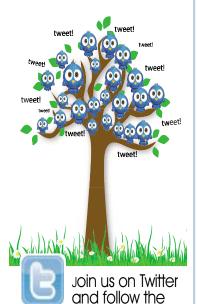






#### Breakout

Social Club for the unattached Try Breakout over 45's Good Company, Good Fun.....Interested? For details call Monday-Friday 9.30am-9pm 01582 606625/01582 619035



## youthablaze

26 GUILDFORD STREET, LUTON LU1 2NR Phone: 01582 488700 • 07734 464590 E-mail: crissiolu@gmail.com

There is an opportunity for a number of Youth to acquire Skills in the following areas:-

 Music Lesson in a Music Club Magazine Editorial Club
 Video Club

**VENUE: 26 GUILDFORD LUTON LU1 2NR** 

DATE: ON SATURDAY AT 12PM FROM SAT OCT 25TH

The Youth Ablaze Project is funded by the BIG lottery fund and we are looking for people to join our youth club, who will learn to play instruments and develop graphic as well as Camera skills.

This project is aimed at the social integration of youth into today's society by developing and utilizing latent skills, which may eventually get troubled kids off the street and rehabilitate them into society.

It also helps youth who are in school develop a good recreational and safe outlet for their talents.

WE ARE ALSO LOOKING FOR VOLUNTEERS WHO CAN ASSIST IN TRAINING THE YOUTH IN THE USE OF SEVERAL MUSICAL INSTRUMENTS, CAMERA HANDLING AND EDITORIAL SKILLS, WHO CAN JOIN OUR TEAM



Please call or email to make an appointment

## Films at Luton Library Theatre



#### A Night to Remember (U)

Wednesday 24 October 2pm & 7.45pm 120 mins, 1958

#### Ice Age 3 Dawn of the Dinosaurs (U)

Saturday 3 November 11am & 3pm 94 mins, 2009

Show your ticket stub from DinoMites Exhibition and see this film for only £1.

#### The Artist (PG)

Wednesday 7 November 2pm & 7.45pm 100 mins, 2011

#### Salmon Fishing in the Yemen (12a)

Thursday 22 November 2pm & 7.45pm 107 mins, 2011

£4 / £3 concessions / £2 with Culture Card Membership. These films are suitable for people from adult day centres.

Box Office: 01582 547474 / 878100 www.lutonlibrarytheatre.com

A National Touring Exhibition organised by the

22 September - 25 November 2012

An exhibition of illustration and sculpture,

created by writer, illustrator and sculptor

**Wardown Park Museum** 

Matthew Roby.

Free Entry. Drop-in.

Chapel Gallery, West Lancashire Borough Council.

Luton Library Theatre, Luton Central Library, St George's Square, Luton LU1 2NG.



Luton Culture

# announcements

view the guest books at: www.luton-dunstable.co.uk/announcements

#### **Birthdays**

onsunday

@LutonOnSunday



RICHY McAULEY Happy 18th Birthday! Love you lots Mum, Dad, Phia and Stevie xxxx



**PIGGOTT** Happy 18th Birthday Love from Mum, Dad & Freya XXX

### **Deaths**

TIZARD "Gordon"
passed away peacefully
at home on 12th
October 2012 aged 91
years.Gordon will be
sadly missed by
many.The funeral will
take place at the Luton
Crematorium on
Tuesday 30th October at
4.00 pm.Family flowers
only please, donations
in Gordon's memory to
Keech Hospice Care via
www.memorygiving.co
m/gordontizard
further enquires to
Neville Funeral Service
Tel: 01582 490005

#### In Memoriam



A year has passed when the sky opened and angels lifted you into heaven with our loved onsel As Dad said in your final goodbye 'thank you for sharing your life with me giving me 3 beautiful angels' We miss and love you always. Love Nicasio, Gira, Felicia, Daniela & Jon. XXXX

In Memoriam

MAURICE GRANT

#### **Anniversaries**



BURRIDGE Congratulations or your Golden Anniversary. Love Sammy, Kirsty, Alan, Jamie, Danielle, Chloe, Lauren, Amy

#### BARRY IOHN SPENDLOVE

26th October 2010 Loving Husband, Dad and Grandad.

I cherish the years I spent with you, I loved you then, I love you still, I always bave, I always will.

Forever Denise

BLYTHE



**GIUSEPPINA CAMPO** 12-10-47 - 28-10-11 year has passed when

#### 20.9.1934 - 28.10.1997

The heart of marriage is memories With all our love. Joyce, Andrea, David. Andrew, Emma and Ben.



#### KENNETH ROSE

17-2-26 - 25-10-2002 It broke our bearts to lose you, But you did not go alone, For part of us went with you, The day God called you home.
Love and miss you. Doll, Teresa, Keith, Karl, Mervyn



#### **BOB SCOTT**

I often lie awake at night, When the world is fast asleep and take a walk down memory lane, with tears upon my cheeks. Remembering you is easy, I do it every day, but missing you is beartache that never goes away. Love you always why?





Claude Pincher a.k.a. Lobster Boy, The Fateful Fable of 13 by Matthew Roby. Photography by John Baxter.

















Lots of love from all your

Family



# FLORENCE CLARK

31.10.08 - 3.11.08 Our first baby daughter.

Always loved, never forgotten. Love from Mum, Dad, Clementine and Betsy

Because. Maggie.

## Memories of a magical ballroom

#### CALIFORNIA BALLROOM EXHIBITION

Priory House Heritage Centre, Dunstable (excluding Sundays)

OLYMPIAN Productions have teamed up with Dunstable Town Council to present the California Ballroom Exhibition.

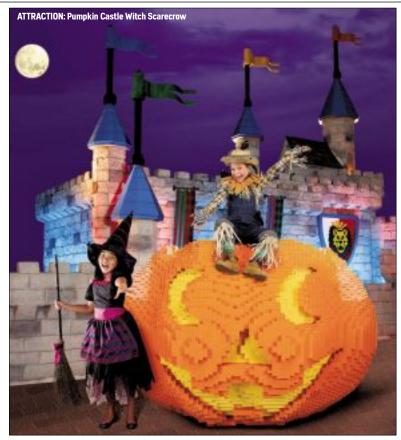
During the 1940s, the California Ballroom was a music/concert venue based at the bottom of Dunstable Downs and originally hosted swimming baths, followed by go-karting, car racing and roller-

skating.

The ballroom was built during the late 1950s and its official opening was on March 12, 1960. Once the doors opened, the crowds got to see stars such as Stevie Wonder, Ike and Tina Turner, Ben E King, Diana Ross, Lulu, The Rolling Stones and Al Green.

On display at the exhibition will be many artefacts from original posters, wall décor, Stevie Wonder's cufflink, signed contracts, photos and much more.

The event is free and you can visit www.california-ballroom.info more for details.



# Win passes to Merlin for a whole year

THIS week there is an opportunity for all readers to win one of two pairs of Premium Merlin Annual

They allow access to 30 of the UK's top attractions for 12 months including Chessington World of Adventures Resort, LEGOLAND® Windsor Resort, EDF Energy London Eye, the London Dungeon, Madame Tussauds London

and more. Passholders also get a whole host of money and time-saving perks in the attractions including up to 20 per cent off in shops and restaurants, early ride time and discounted overnight stavs at the Alton Towers Resort.

Lots of passholder perks from specially selected partincluding kids eat free at Hard Rock Cafe, London or Manchester.

For a chance to win, answer the question:

What famous Merlin attraction has plastic bricks?

A. Madame Tussauds London B. Legoland C. Chessington World of Adventures Resort

Send your answer along with your name, mobile phone number and address to Merlin Competition. Luton on Sunday, 28 King Street, Luton, LU1 2DP, by no later than noon on Friday, November 2.

Terms and conditions apply: see website.

#### **SUNDAY'S TV** 28.10.12

#### CHOICE



**Andrew Marr** 

#### **Andrew Marr's History of** the World BBC1, 9pm You've got to hand it to the

journalist and political commentator Andrew Marr. he's approached his latest task - to chart the entire history of the world in a few hour-long documentaries with aplomb. He's had a lot to cover, and for reasons of practicality we would have forgiven him had he brushed over a few facts yet so far, his series has been pretty comprehensive. This week,

he turns his attentions to the age of revolution between the 17th and 18th centuries, when the War of Independence raged in

#### BBC<sub>1</sub>

6.00 (GMT) Breakfast. 7.40 Match of the Day. (R) 9.00 The Andrew Marr Show. 10.00 Sunday Morring: Live. 11.00 Sunday Politics; Weather for the Week Ahead. 12.20 Countryfile. (R) 1.20 Bargain Hunt, (R) 2.05 Formula 1: Indian Grand Prix Highlights. 3.45 Nature's Miracle Babies. (R) 4.45 Points of View. 5.00 Songs of Praise. 5.35 Nigel Slater's Dish of the Day. (R) 6.05 RBC News: Renipan News:

- 6.05 BBC News; Regional News; **6.30 Countryfile.** Matt Baker and Julia Bradbury explore Anglesey.
- 7.20 Strictly Come Dancing: The Results. Another couple perform their last dance.
- Antiques Roadshow.
  Objects valued at St Andrews University in Scotland University in Scotland
  include a miniature Japanese
  sculpture bought for a few
  pence and a toy collection
  that inspired the owner to
  become a pilot.
- Andrew Marr's History of the World. The broadcaster charts the age of revolution, from the 17th and 18th centuries, when the world rose up in the name of freedom
- 10.00 BBC News; Regional News;
- 10.25 Match of the Day 2. Including highlights of Chelsea v Manchester United.
- 11.45 NFL London Highlights. St Louis Rams v New England Patriots.
- 12 45 The Graham Norton Show 12.45 The Graham Norton Show. James Bond special, featuring Daniel Craig and Javier Bardem. (R) 1.30 Weatherview. 1.35 Sign Zone: The Choir: Sing While You Work. (R) 2.35 Holby City. (R) 3.35 The Paradise. (R) 4.35 BBC News.

#### BBC<sub>2</sub>

6.00 (GMT) CBeebies: (GMT)
Zigby, 6.10 Finley the Fire Engine.
(R) 6.20 Little Robots. (R) 6.30 64
ZOo Lane. (R) 6.45 Rastamouse.
(R) 7.00 CBBC. 10.00 Saturday
Kitchen Best Bites. 11.30 The Great
British Bake Off Revisited. (R)
12.30 MotoGP. (R) 2.00 Film:
Valley of Fanje. (1951) 3.00 Film: Valley of Eagles. (1951) 3.20 Film: Mackenna's Gold. (1969) Western, starring Gregory Peck, Omar Sharif and Telly Savalas. 5.25 The Teaching Awards 2012.

- 6.25 Fawlty Towers. Basil tries to stop an unmarried couple lowering moral standards.
- 7.00 Indian Ocean with Simon Reeve. The adventurer joins a peace-keeping force in war-torn Somalia. (R)
- Code-Breakers: Bletchley Park's Lost Heroes. Keeley Hawes narrates the story of how a duo unravelled the secrets of Adolf Hitler's personal code machine reputedly even more securi
- than the Enigma device. (R) 9.00 Dragons' Den. A nervous butcher seeks investment for his award-winning sausages, and a father-and-daughter duo showcase their troupe of drummers. Evan Davis
- 10.00 Harry & Paul. New series. Comedy sketches, with Harry Enfield and Paul Whitehouse.
- 10.30 Hebburn. Jack hopes to leave his job at the local newspaper. (R)
- 11.00 Never Mind the Buzzcocks. Hosted by Lee Mack. (R)
- 11.30 Film: Down Terrace. (2009) starring Robin and Robert
- 1.00 Formula 1: Indian Grand Prix
   Highlights. (R) 2.45 BBC News.

#### ITV1

6.00 CITV: CITV. 9.25 ITV News. 9.30 House Gift. (R) 10.25 There's No Taste Like Home. (R) 11.25 Dickinson's Real Deal. (R) 12.25 ITV News; Weather. 12.35 Film: Carry On Jack. (1963) 2.20 The X Factor. (R) 4.10 The Home of Fabulous Cakes. **5.10** Downton Abbey. (R)

- 6.10 Cornwall with Caroline
  Quentin. The actress visits
  Prideaux Place, a 16thcentury house near Padstow.
- 6.35 Regional Programme;
- 6.45 ITV News; Weather.
- Surprise Surprise. Holly Willoughby and roving reporters Dave Berry and Kian Egan make more dreams come true for unsuspecting members of the public.
- The X Factor Results.

  Another elimination, and more performances by charttopping stars.
- 9.00 Downton Abbey. Edith receives admiration from an unexpected quarter, Matthew refuses to back down over the estate management, and the arrival of Branson's better causes. consternation.
- 10.05 ITV News; Weather. 10.20 Piers Morgan's Life Stories:
  Burt Reynolds. The actor
  talks about his career and
- personal life. Last in the series. (R) 11.15 Premiership Rugby Union. Highlights of the latest top-flight fixtures.
- 12.10 The Store. Home shopping; ITV News Headlines. 2.15 Golden Balls. (R) 3.00 Motorsport UK. 3.50 ITV Nightscreen. 5.30 ITV Morning News.

#### **CHANNEL 4**

6.00 (GMT) The Treacle People. (R) 6.10 The Hoobs. (R) 6.35 Beach Volleyball. (R) 7.30 Channel 4 Presents – Hannah. (R) 7.35 Sandman Triathlon. 8.05 Will & Grace. (R) 8.30 Frasier. (R) 9.00 Frasier. (R) 9.30 Sunday Brunch. 11.40 The Big Bang Theory. (R) 12.10 The Simpsons. (R) 12.40 Jamie's 15 Minute Meals. (R) 1.10 Jamie's 15 Minute Meals. (R) Jamie's 15 Minute Meals. (R) 1.40 Jamie's 15 Minute Meals. (R) 2.10 Jamie's 15 Minute Meals. (R) 2.45 Jamie's 15 Minute Meals. (R) 3.15 Deal or No Deal. 4.15 Film: Fool's Gold. (2008)

#### 6 25 Channel 4 News

- 6.55 4thought.tv. A man who believes Christians suffer because of the hostility of
- 7.00 The American Road Trip:
  Obama's Story. Matt Frei
  assesses the US President's
  term of office.
- 8.00 How Britain Worked. Guy Martin renovates a saw mill in Wensleydale, North Yorkshire.
- 9.00 Homeland. Estes authorises an operation to pursue intelligence recovered in Beirut. 10.00 Friday Night Dinner.

# 10.30 Derren Brown: Apocalypse. Part one of two. The showman convinces one person they have survived an

apocalypse, (R) 11.35 The Function Room. Comedy, starring Kevin Eldon. (R)

Eldon. (R)
12.10 American Football Live.
Denver Broncos v New Orleans
Saints (Kick-off 12.20am). 3.45
Channel 4 Presents – Oscar. (R)
3.50 Ultimate Frisbee. (R) 3.55
Deal or No Deal. (R) 4.50
Countdown. (R) 5.35 Make Do &
Mend. (R)

#### **CHANNEL 5**

6.00 (GMT) Milkshake!: (GMT) Peppa Pig. 6.05 Roary the Racing Car. (R) 6.15 Fifi and the Flowertots. (R) 6.25 Bert and Ernie's Great Adventures. (R) 6.35 Funky Town. (R) 6.40 The Mr Men Show. (R) 6.50 Castle Farm. (R) 6.55 Abby's Flying Fairy School. (R) 7.05 Roobarb and Custard Too. (R) 7.15 Bananas in Pyjamas. (R) (h) 7.1 b Bananas in Pyjamas. (h) 7.25 Play! (R) 7.35 Nody (h) 7.50 City of Friends. (R) 8.00 Lithe Princess. (R) 8.15 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) 8.25 Angelina Ballerina. 8.45 Rupert Bear. (R) 9.15 Toby Travelling Circus. (R) 9.36 Roary the Bacing. Circus. (R) 9.30 Roary the Racing Car. (R) 9.40 Jelly Jamm. (R) 10.00 Great South Run. 12.00 Looney Tunes. (R) 12.10 Looney Tunes. (R) 12.15 Looney Tunes. (R) 12.25 Roffs Animal Clinic. (R) 1.25 Film: The Ghost of Greville Lodge. (2000) 3.10 Film: The Canterville Ghost. (1996) 5.00 Film: Monster House. (2006)

#### 6.50 5 News Weekend.

- 6.55 Film: Stargate. (1994) An Egyptologist and a soldier head an expedition through a mysterious portal to an alien planet. Sci-fi adventure, starring Kurt Russell
- 9.00 Film: Next. (2007) Premiere. A psychic magician must decide whether to use his talents to thwart a terrorist attack on Los Angeles. Thriller, with Nicolas Cage, Julianne Moore and Jessica
- 11.00 Hatfields & McCoys. Fact-based drama, starring Kevin Costner and Bill Paxton. (R)

Costner and Bill Paxton. (R)
1.05 SuperCasino. 4.00 The FBI
Files. (R) 4.45 Rough Guide To. (R)
5.00 Hana's Helpline. (R) 5.10 The
Milkshake! Show. (R) 5.35 Thomas
& Friends. (R) 5.45 Roary the
Racing Car. (R)

#### **DIGITAL**

BBC Three
7.00 (GMT) Junior Doctors: Your
Life in Their Hands 8.00 Gavin &
Stacey 9.00 Sun, Sex and
Suspicious Parents 10.00 American Dad! **10.45** Family Guy **11.30** Cuckoo

#### BBC Four

7.00 (GMT) The Grammar School: A Secret History 8.00 Michael Wood: The Story of India 9.00 Rich Hall's Inventing the Indians 10.30 Timeshift: The British Army of the Rhine 11.30 Michael Wood: The Story of India

2.55 Film: Nanny McPhee (2005) 4.50 Take Me Out 6.00 Take Me Out - The Gossip 6.45 Film: E.T.: The Extra-Terrestrial (1982) 9.00 The Xtra Factor Results 10.00 The Only Way Is Essex 10.50 Girlfri3nds 11.45 Winners & Losers

4.50 Film: Carry On Screaming (1966) 6.50 Agatha Christie's Poirot 9.00 Film: Bloody Sunday (2002) Fact-based drama, starring James Nesbitt. 11.10 Cracker

3.05 The Sweeney 4.10 Film: The Rare Breed (1966) 6.10 Film: The Rawhide Years (1956) 8.00 Premiership Rugby Union 9.00 Film: The Enforcer (1976) 11.00 Film: Casino (1995)

# 2.55 Made in Chelsea 4.00 Scrubs 4.25 Suburgatory 4.55 Revenge 5.50 The Big Bang Theory 7.45 Film: Marley and Me (2008) 10.00 Misfits 11.05 The Work Experience 11.35 Made in Chelsea

**3.00** The Simpsons Movie (2007) **4.45** Cheaper By the Dozen 2 (2005) **6.35** Iron Man (2008) **9.00** The Negotiator (1998) **11.40** 

Indecent Proposal (1993)

LAZBOY THE WORLD'S BEST SELLING RECLINER



on big brand sofas & carpets









Box O1727 844488 www.alban-arena.co.uk





twitter.com/albanarena





# dimensions putting FITNESS Frist (Part of the La Phyzz Group) Putting FITNESS Frist (Part of the La Phyzz Group)

# Fitness First **NEED A GYM** TRY US FIRST SHOW US YOUR CARD AND WE WILL MAKE A DEAL

Bring this advert with you when you come www.dimensionsfitness.co.uk

Terms and conditions apply FREE MEMBERS CAR PARK

Centre Poynt, Poynters Road, Luton LU4 0LA CALL US ON 01582 493939

# 24Seven

POWERED BY



28TH OCTOBER 2012



Free estimates
 Free home delivery
 Tel: 01582 728118
 6 Leagrave Road, Luton LU4 8HZ

## **BEDS**

New singles from £49 • New doubles £79 • New double ortho £155



#### **DANNY'S**

We buy & sell used furniture 104 High Town Road 01582 732332

www.Dannysbeds.com







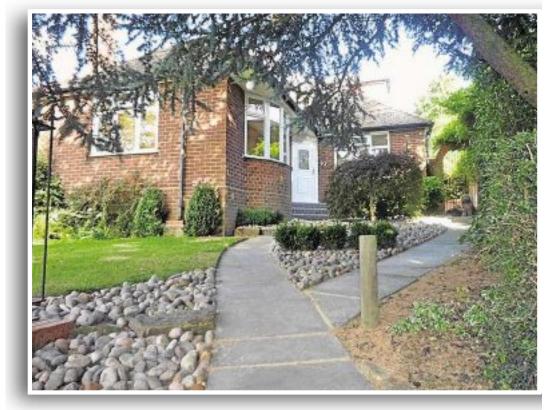
Up to 1.5M wide

-Quality blinds at the right price
-Roller/Venetian/Roman
-Any window. Any blind. Any budget
-Free no obligation quotations
-Free fitting



01582 390511

www.quickfitblinds.com



## **CADDINGTON**

£450,000

An extended 4 bedroom chalet detached home presented in excellent condition and set in a secluded position elevated away from the road. The property includes an annex, mature landscaped gardens and a detached home office / hobby room, making it perfect for anyone who works from home, has teenagers, an elderly relation or an Au-pair living with them. The current owners have carried out extensive works on the property, including the extension, landscaping of the beautiful gardens and construction of the self contained office.

TOWN AND COUNTRY

t: 01582 841200

FREE homesnowapp COMING SOON!



BROUGHT ONSUNTING

SALES | LETTINGS | COMMERCIAL PROPERTIES | NEW HOMES







Landlords in Luton and Dunstable deserve the best.

Luton 01582 616263 / Dunstable 01582 543680

Lenwell Property Services







### Luton Office 01582 487487

## 17 Wellington Street LU1 2HQ

## OLD / NEW BEDFORD ROAD AREA



Modern semi detached house located 1 Bathrooms 1 Reception Ro in a cul de sac location within Barton Hills. There is a nice garden and garage with driveway to the side CALL NOW TO VIEW

# ROUND GREEN Price £155.995

2 Reception Rooms

Private rear garden

Priced to sell is this semi detached home in need of modernisation with the added benefit of having no upper chain. Sure to bring in interest call



REDUCED BY £20.000 FOR QUICK SALE REDUCED BY £20,000 FUR LOVIN COVIN WITH NO UPPER CHAIN. Are you looking for a large modern home with a private rear garden and double rarrage? If so this could be for you. garage ? If so this could be for you. CALL NOW TO VIEW.

L + D BORDERS



Ground floor apartment offered with 1 Bathrooms no upper chain benefitting from being within walking distance to Luton town centre and Luton mainline train

#### STOPSLEY



A two double bedroo



#### SOUTH LUTON



Fantastic first time huy/ Investment Fantastic first time buy/ Investment opportunity for this two bedroom mid terrace with Luton town centre and Luton Train station within walking distance also offered with no upper chain!



Immaculate terraced home in Immaculate terraced home in Leagrave. If you are looking for a new home in a traditional house this is for you. With an extended kitchen, utility room and large cloakroom this really is a great home for the growing family.



Deceptively spacious and extended.
With a 15ft square lounge overlooking
the private garden. Fully fitted
kitchen/breakfast room and dining
room also. To the first floor are
spacious bedrooms and an en suite.



#### HOUGHTON REGIS



Detached property in popular location available from November on a unfurnished or part furnished basis.

Benefitting from conservatory, garage Benefitting from conservatory, garage & driveway and is very well presented call 01582 485840 NOW



#### SOUTH WEST DUNSTABLE



Refurbished property in excellent condition and in popular location available immediately on an unfurnished basis. Re-fitted kitchen & bathroom & redecorated Please call 01582 485840 NOW



1 Bathrooms 2 Reception

#### LEAGRAVE



TWO EN SUITES in this modern house. Also with full Pvc double glazing and a single garage. Being ideally located for the commuter also



#### **ROUND GREEN**



Price £142,995 Located in the popular Round Green district of the town is this three bed semi detached home. Ideally located for the commuter with rail and motorway links both being close at hand.



#### **DUNSTABLE TOWN CENTRE**



£650 Per month A selection of two redecorated flats to rent all available now unfurnished white white goods and parking CALL 01582 485 840 NOW.



**BARTON HILLS** 



Well presented cluster home superbly located in the popular and sought after Barton Hills area. Available



PUBLIC NOTICE 105 Tennyson Road, Luton, LU1 3RR. We are acting in the sale of the above property and have received

an offer of £135,000. Any interested party must submit any higher offer in writing to the selling agent before an exchange of contracts takes place.

Household Estate Agents. 17 Wellington Street . Luton LU1 2QH TELE - 01582 487487

Price £139,950

#### **LUTON TOWN CENTRE**



PUBLIC NOTICE 41 Moulton Court, Moulton Rise, Luton LU2 OAL, We are acting in the sale of the above property and have

received an offer of £66,000. Any interested party must submit any higher offer in writing to the selling agent before an exchange of contracts takes place.

Household Estate Agents. 17 Wellington Street . Luton LU1 2QH TELE - 01582 487487

Price £61,500

For a full selection of all the properties we have to offer for sale and for rent in and around Luton, Dunstable and Toddington visit

www.house-hold.co.uk

email: luton@house-hold.co.uk



















## MAJOR MOVE

your local estate agent

Major Move 152 Marsh Road, Leagrave, LV3 2QL

e: info@majormoveluton.co.uk



#### THE HEIGHTS, MARSH ROAD

MILVERTON GREEN, BRAMINGHAM



Major Move are pleased to offer this 1 bed, first floor flat. The property comprises of 1 double bedroom, bathroom, lounge, kitchen and benefits from allocated parking and double glazing. Situated close to agrave railway station and amenities



Major Move are delighted to offer for sale this extended 4 double bedroom detached property with detached double garage. The property offers superb living space and compromises of a lounge, family room kitchen/diner, utility room, separate shower room and bathroom. Internal

#### LEAGRAVE

£189,995



Major Move are delighted to offer this extended three bedroom 1930's property situated within easy reach of local shops and amenities. The property offers double glazed bay windows, two bathrooms, off road parking for a number of vehicles and is offered with no upper chain.

#### DORDONS ROAD, LEAGRAVE, LUTON

£170,000





Major Move are happy to offer for sale this fully refurbished 3 bedroom semi detatched property, situated within walking distance of Leagrave train station and amenities. It comprises of a refitted kitchen and bathroom, 3 double bedrooms and lounge/diner. It benefits from off road parking for 4/5 cars, new electrical rewiring throughout and a new central heating system. Internal viewing is strongly recommended.

#### ST. LAWRENCE AVENUE, SAINTS, LUTON

£193,000





Major Move are delighted to offer for sale this deceptively spacious 3 bedroom end of terrace property in the Saints area. It briefly comprises of a lounge, a 22" kitchen, 22" diner/ family room, conservatory, and benefits from a detatched garage with off road parking.

#### **CANBERRA GARDENS, LIMBURY**

Major Move are pleased to offer this 2 bedroom chalet style bungalow situated in a quie residential area. The

property briefly comprises of separate reception rooms. conservatory, bathroom include double glazing gas central heating and garage with off road

#### LIMBURY MEAD

OFFERS IN EXCESS OF £237,000



Major Move are thrilled to market this corner plot, 2 bedroom bungalow situated in the Limbury Mead area of Luton. This property comprises of a seperate lounge, diner, kitchen, off road parking and garage. NO UPPER CHAIN.

Potential to extend may be considered, subject to planning permission.

#### ICKNIELD WAY, LUTON.OFFERS IN EXCESS OF £210,000



We are please to offer this three bedroom detached bungalow situated on Icknield Way.

Lounge, en-suite shower room and kitchen / dining are. Single garage with extended driveway for up to four vehicles. Very potential development for investors.

# PROPERTIES URGENTLY REQUIRED IN THE FOLLOWING AREAS:

Sundon Park, Limbury, Leagrave, Stopsley, Marsh Farm, Barton Hills, Bramingham, Houghton Regis, Biscot & Wigmore

















# Shiebert & Co Sales & Lettings



**South Luton** 

£900

4 bed (3 up 1 down) terrace house. ideal for students. Gas c/h Double glazed Convenient for university



**St Annes Hill** 

£850

3 bed semi. Redecorated Brand new kitchen & bathroom. Utility room. Gas c/h Dble glaz. Garage plus parking

IN LONDON

- NEASDEN MAIDA VALE CAMDEN TOWN

- BRENT ISLINGTON SUBURY HOLLOWAY WILLESDEN TOWER BRIDGE **KENTISH TOWN**



Click Here for all our properties with the QR code

BLOOMBURY

KILBURN CRICKLEWOODST JOHN'S WOOD HAMPSTEAD

 PADDINGDON QUEENSWAY WEMBLEYKENSAL RISE



#### Caddington

£1,200

4 bed extended semi 2 receptions Kitchen & Utility room. Good size garden Parking and



#### **South Luton**

£650

2 bed ground floor maisonette. Porch Hall Lounge Separate kitchen Bathroom Dble Glazed Gas c/h White goods



#### **Poets Area**

£195,000

spacious | shaped entrance hall • lounge • sun lounge • modernised kitchen • large bathroom with shower cubicle and bath • double glaz.• gas c/h • double width driveway leading to garage • further forecourt parking



Off New Bedford Rd £190,000

4 DOUBLE BEDROOM TERRACE • HALL • LOUNGE • SEPARATE DINING ROOM . KITCHEN . GROUND FLOOR BATHROOM . BASEMENT • GAS C/H • uPVC DOUBLE GLAZ. • FRONT AND REAR GARDENS • APPROX. 1 MILE LUTON STATION



Wardown

£144,950

**OUTSTANDING 2 BED 1ST FLOOR** APARTMENT WITH PRIVATE BALCONY 22 LOUNGE SPACIOUS KIT WITH APPLIANCES



#### **Barton Hills**

£224,950

3 BED DETACHED WITH GROUND FLOOR CLOAKROOM, NEW FITTED KITCHEN, UPVC CONSERVATORY, REFITTED EN-SUITE SHOWER ROOM TO MASTER BEDROOM,



#### Icknield Catchment £142,000

2 double bedroom terrace • hall • through lounge • kitchen • upstairs bathroom • modern decor • gas c/h • dble. glazed • summer house/workshop • chain free



#### **Poets Area**

£229,950

extended much improved 3 bed bungalow • hall • 21 2 lounge • open plan refitted kitchen and dining room • sun lounge • modernised fully tiled bathroom • gas ch • upvc dble glaz. • waste disposal unit • wardrobes • garage (currently used as an office)



## **Warden Hills**

£399,950

Stunning 5 bed Extended det. ap 23' x 21' lounge ap 17' 10" x 12' dining room 2 en-suites Family bathroom 2 cloakrooms Outstanding 23' kitchen Utility room Ap 17'6" x 12' master bed Balcony overlooking landscaped garden **Dble Garage** 













01582 42 34 34

8 ALMA STREET, LUTON, LU1 2PL







wanted
a 95%
mortgage
at New
Cardington.

# We only paid £6,750 deposit.

# New Cardington,

The Highway (A600), Bedford, MK42 0GA.

2 bedroom apartments and 3 & 4 bedroom houses with outstanding specification including allocated parking or garage, turfed gardens, 2 bathrooms and flooring.

2 bedroom apartments

from £134,995

3 & 4 bedroom homes from **£169,995** 

A new home with a 95% mortgage with





Only requires a 5% deposit of £6,750

Competitive interest rates

Mortgages from major high street lenders





Please call for viewing:

0845 676 0258

Visit: Marketing suite & showhomes open Daily 10am-5pm.

www.bellway.co.uk



# **Guaranteed Rent**





#### LEWSEY FARM

- One Bedroom Apartment
- White Goods Included
- Gas Central Heating
- Close to JCT 11 of M1
- Short Walk From Local School and



#### Luton Town Centre £625 pcm

- Garage
- White Goods Provided



### PARK STREET

- 4 Bedroom house
- Newly refurbished
- Unfurnished
- Suitable for professionals
- Close to Town Centre
- Close to M1



#### DALLOW ROAD £500 pcm

£825 pcm

New Bedford Road £700 pcm

- One Bedroom Apartment
- Fully Furnished

 Modern Flat • 2 Bedroom

One Bathroom

Balcony

Unfurnished

· One Reception Room

Kitchen With White Goods

- White Goods Incuded
- Private Parking
- Close to M1
- Close to Local Schools
- Double Glazing



#### £450 pcm Town Centre

- 1 Bedroom
- Lounge Area
- Kitchen
- Located In The Heart Of Town Centre
- White Goods Provided



#### £500 pcm Legrave

LUTON TOWN CENTRE £625 pcm

Close to Town Centre and University

2 Bedroom Apartment

Very Good Decoration

White Goods Included

Fully Furnished

- · One Bedroom Masionette
- One Reception Room
- One Kitchen With White Goods
- Double Glazing



#### **Dunstable**

- Modern Terrace
- 3 Bedrrom
- One Reception Room
- One Bathroom Rear Garden
- Part Furnished



23 Wellington Street, Luton LUI 2QH telephone: 01582 412141 email: luton@northwooduk.com



# This is just a selection...

See hundreds more at www.lenwell.com

And download our free app for iPhone, iPad, Android & BlackBerry





Handcross Road Lu2 £485 pcm

Converted © Open Plan Lounge
One Bedroom © Parking
Second Floor Apartment © Furnished
Kitchen With Appliances © Available 8th Decembe



Dunstable

Available Now Close To Town Centre Fully Double Glazed

Recently Redecorated Electric Central Heating



Cavalier Close Lu3

£525 pcm

Double Bedroom

Viewing Recommended Close To Parks



One Bedroom Ground Floor Apartment

**Town Centre** 

↑Town Location ↑1.5 Months Deposit



Marsh Road Lu3

1 Bedroom Flat Gas Central Heating Modern Kitchen

Fully Tiled Bathroom



Cowper Street Lu1

One Bed Apartment Modern Bathroom Parking
Laminate Flooring
Modern Kitchen



£550 pcm

CDouble Glazing Avaliable Now



High Town Lu2

A Nice One Bedroom CAllocated Parking 



Leagrave Lu3

Two Bed Flat Newly Refurbished New Kitchen CQuiet Location



Hewlett Road Lu3

Bathroom With Shower Two Bed Floor Flat Close To Local Shops



Central Dunstable

Available End October
Unfurnished
Good Condition
Close To Town Centre
Unfurnished
Top Floor Apartment
Two Bedrooms



Available Beg Nov

↑ Allocated Parking ↑ Video Entry Phone System ↑ First Floor Apartment ↑ Two Double Bedrooms



Available Beginning Dec Gas Heating



Available Now Double Glazed
Gas Central Heating
Garden Part Furnished Close To Dunstable Towl Two Bedroom Terrace House



**Chalton Village** 



L & D Borders

Available Now Gas Central Heating Double Glazed Cloakroom



Clarendon Road Lu2 £750 pcm

Three Bedroom Family Home C Double Bedrooms



South Luton

Three Bedrooms

£795 pcm € Kitchen € Conservatory € Close To Parks € Available 20th Octobe



£825 pcm **Birds Estate** 

Available Beg December Close To M1 & L&D Hosp Double Glazed & Gas C/H Spacious Family Home Mid Terrace Ensuite To Master Bedroom



Morgan Close Lu4 £875 pcm

Three Double Bedrooms 1 Drive And Garage
Furnished 13 Storeys
Lounge/diner 12 Bathrooms + Wc 1 Available Now 13 Storeys Easy Access To M1 J11 Available Now



**Luton Office** 8 Wellington Street 01582 616263 **Dunstable Office** 2 West Street 01582 543680











# Jobsnow www.jobsnow.co.uk



## **HUNDREDS OF NEW** VACANCIES EVERY WEEK

Tel: 01582 706801 Email: recruitment@lutononsunday.co.uk

#### Work with children, make a difference

The Pre-School Learning Alliance, a major educational charity with 50 years experience in the field of pre-school education and a significant provider of vocational training for pre-school staff, is seeking to fill the following vacancy in Luton:

**ALLIANCE** Cranbrook Drive, Luton

#### SUNDON STARS PRE-SCHOOL Pre-school/Out of School Services Manager

Ref: PSM-10-SSPS

Term time only, 40 hrs per week, annual salary £16,217 - £17,879, NJC points 19-22

Level 3 qualified or above, with proven post qualification experience of managing staff. We are looking for an inspirational, highly motivated enthusiastic manager to work in our pre-school, located in a new purpose built facility adjacent to Cheyres Infant School. You will be committed to helping children succeed, and ensuring that young children and their families have the best start in life.

For an application pack please Tel: 01525 715248 or Email office@bedspsla.org
Closing date for completed applications: by 12 noon, Friday 9th November 2012

Interviews w/c: 19 November 2012

The Charity is committed to safeguarding and promoting the welfare of children and equal opportunities in employment. This post is exempt from the Rehabilitation of Offenders Act (1974) and may require criminal records checks. Applicants must be prepared to disclose any convictions they may have and any orders which have been made against them.



IN PEOPLE



guide **ocalrecruitment**agencies



Call NOW: 01582 484878





care?
Action for Children are looking for foster carers in Luton.



Register your CV at www.jobsnow.co.uk and receive your free weekly **E-**Magazine.





BEDFORD BOROUGH COUNCIL

Willington Lower School Church Road, Willington, Beds

#### Office Manager

£19,126 - £20,858 pro rata (actual salary £14,490) 31.5 hours (8.45am - 4.00pm) with an hour for lunch - term-time only

4a Pt 21 - 24

We currently have a vacancy for an Office Manager in our busy school office.

You must be competent in the use of RM Finance, FPS and Integris G2 as well as Word and Excel. A degree of flexibility, enthusiasm and a good sense of humour are essential!

For further details and an application pack please visit our website www.willingtonlowerschool.org.uk and click on the recruitment tab. Alternatively please contact Elizabeth Dun, tel: 01234 838280 or email: willington@deal.bedfordshire.gov.uk

Closing date: 9th November 2012 at Midday Interview date: 12th November 2012.

Bedford Borough schools are committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.

The Council is an Equal Opportunities Employer





#### SALES OFFICE ADMINISTRATOR

Duties to include: Liaising with factories and UK customers, data entry, general administration, PC and telephone work.

Apply to: -Mrs Sharon Wicks Furniture Services Limited The Daintry, Wood House Tingrith, Milton Keynes, MK17 9EG sharon.wicks@furnitureservices.org

Offices near Toddington, Bedfordshire.

Own transport essential due

#### Need a new rewarding career?

#### Ve are currently recruiting full and part time CARE WORKERS & FIELD SUPERVISORS

Kempston, MK42, MK41 and all surrounding areas As part of our important team of care staff, you will be responsible for meeting the personal care and practical needs of our clients. You must be able to work flexible shift patterns, including evenings and alternate weekends In return, we offer:

- Excellent rates of pay & mileage allowance
- Pension Scheme
- Fully paid training from induction to NVQ
- Full support from qualified and experienced staff
  Must have own transport and mobile phone

FOR MORE INFO PLEASE CALL Diane Martin on: 01234 326459 OR EMAIL; bedford@radis.co.uk



## BUSINESS DEVELOPMENT MANAGER

Salary circa £32k per annum

We have a strong portfolio of market leading publications and websites and are looking to strengthen our successful sales operation with the addition of a new Business Development Team

#### THE ROLE

Reporting directly into the Publishing Director, you will be personally responsible for selling our products to a wide range of businesses in Hertfordshire and Essex. Your clients will be blue chip companies, B2B organisations, Local Authorities and leading local businesses; you will work with them to secure new business using innovative and effective multi-channel solutions

You will maintain regular contact with the top companies in the area and build a network of contacts within each organisation so that you are able to track and respond to market activity, maximising opportunities as they arise. Working with a team of talented journalists and designers you will also have the opportunity to develop innovative new products

#### YOUR PROFILE

You will have extensive account management experience, preferably within the media industry, a proven track record in generating new business and some previous experience of managing people would be an advantage. The ability to build strong consultative relationships will be essential as will the ability to deliver professional presentations to groups or individuals at all levels.

We offer a competitive basic salary with an on-target bonus scheme, company car and the chance to work for a company that rewards excellent performance and invests in people who demonstrate an aptitude for creating opportunities

Closing date for applications 31st October 2012



tions should be sent for the attention of Nicole Want, Herts & Essex Newspapers, Hertford SG13 7HU

Email: nicole.want@hertsessexnews.co.uk



Cambridge Consultants



It is the company policy to welcome applications from any individual regardless of ethnic origin, gender, disability, religious belief, sexual orientation or age. All applications will be considered on merit.





call





cambridge.jobsnow.co.uk/technology

# Jobsnow www.jobsnow.co.uk



## **HUNDREDS OF NEW VACANCIES EVERY WEEK**

Tel: 01582 706801 Email: recruitment@lutononsunday.co.uk



BEDFORD BOROUGH COUNCIL

For this week's vacancies visit www.bedford.gov.uk

For careers advice and help with finding work, visit the jobs hub, 15 Greyfriars, Bedford





#### **LETTINGS NEGOTIATOR**/ **ADMINISTRATOR**

Town Centre - £15,000 per annum £600 car allowance per annum £360 parking allowance per annum Full time

DRIVING LICENCE AND OWN CAR REQUIRED

01582 412141



St Josephs Catholic Junior School Gardenia Avenue, Luton LU3 2NS

#### Site Agent

£17,455 - £19,106 per annum Ref: 40/0624 35 hours per week, 52 weeks per year

The Governors invite applications for this strategic role. Your main responsibilities will be to sustain high standards of premises maintenance, cleanliness and security to ensure a safe and pleasant environment for pupils and staff.

The ability to supervise cleaning staff and contractors, as well as undertake general handyperson tasks is essential. IT skills would be an advantage

You will be a key holder and must be able to attend school in the event of an out of hours emergency.

We are looking for someone who:

- Has the necessary skills and knowledge to provide high quality school site support
- to ensure the effective running of the school at all times Is positive, flexible and willing to develop personal expertise and skills as part

#### **Cleaning Operative**

£3,945 - £4,153 per annum Ref: 40/0623 12.5 hours per week, 50 weeks per year

The Governors invite applications for this role. Your main responsibilities will be to sustain high standards of premises cleanliness to ensure a safe and pleasant environment for pupils and staff.

We are looking for someone who:

- Has the necessary skills and knowledge to provide high quality school site support
- to ensure that high standards of cleanliness are maintained at all times
- . Is positive, flexible and willing to develop personal expertise and skills as part

All staff are expected to respect and work within the Catholic ethos of the school

- We can offer:
- · A strong Catholic school community with a large friendly staff
- · Positive, happy children who enjoy learning A well maintained and resourced school
- . Training and development relevant to the post.

A visit to the school is encouraged to fully appreciate what the school can offer you.

For an application form and further details please contact Mrs A Board at the school, tel: 01582 572964 or fax: 01582 565845 or email: St.Josephs.Juniors.Admin@luton.gov.uk

Closing date for both roles: 8 November 2012.

Interview date for both roles: w/c 12 November 2012

CVs will not be accepted for any posts based in schools. Schools are committed to safeguarding and promoting the welfare of children and expect all staff to share this

Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau.





Barnfield is a Beacon College. The Barnfield Federation is an Investor in People (Gold) Champion. The Federation consists of Barnfield College, South and West Academies, Skills Academy, Barnfield Moorlands Free School and Barnfield Vale Academy. The Federation is expanding further with three other academy schools planned for 2012/13. If you like working in a dynamic, forward-thinking organisation why not join our outstanding and innovative team so that we continue to set the standard.

# Barnfield

## Science Technician

Barnfield West Academy, Luton

Hours: 32 1/2 hours per week Term Time only + 5 INSET days. L2 (£11,381 - £12,149 actual salary) Salary: Closing Date: 12pm, Friday 16th November 2012

Barnfield West Academy needs a Science Technician to support curriculum delivery. The successful candidate will prepare equipment for practical sessions and examinations as well as advise and support teaching staff. They will also maintain laboratories, ensuring equipment is kept safe and tidy, and assist with stock control.

The successful candidate should be able to remain calm in a pressurised environment, work as a part of a team and have a flexible attitude.

For more information visit;

www.west.barnfield.ac.uk/vacancies.aspx

If you are interested in the role please contact; **Maria Thomas** Tel; **01582 884 119** 

Email; m.thomas@westacad.barnfield.ac.uk

Barnfield is an equal opportunities employer. We are committed to safeguarding. Enhanced CRB disclosure required.

www.barnfield.ac.uk

Part of the Barnfield Federation



#### www.luton.gov.uk/jobs

#### **Assistant Learning and Development Officer** (Safeguarding and External)

£23,708 - £26,276 per annum

Fixed-term until 31 March 2014

You will contribute to the provision of timely and cost-effective blended learning and development services, by designing, delivering and evaluating learning and development activities, including e-learning, to meet identified priority needs of a diverse Council workforce and volunteers, carers and employees of independent voluntary and community sector agencies across Luton.

The ability to organise and prioritise complex workloads to meet compelling deadlines and the ability to work collaboratively as part of a team is essential. You must have knowledge of UK safeguarding legislation and policies, and be able to design and deliver effective presentations and training to a diverse range of people, managing complex and sensitive issues, challenging behaviours and different learning styles.

For further information please contact, Chris Langley, Senior Learning and Development Officer on 01582 547559.

Closing date: 2 November 2012.

Ref: 12/0517

Apply now online at www.luton.gov.uk/jobs if you experience problems applying online, please call (01582) 546621 during office hours. Please quote appropriate reference number.

Applicants must be willing to undergo child/vulnerable adult protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau.

The Council is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff to share this commitment.





We value equality because quality services need the best people - from the whole community







#### Chantry Primary Academy

Tomlinson Avenue, Luton, Bedfordshire LU4 0QP

Chantry Primary is a large Academy that strives to make a positive difference to the lives of all our pupils, recognised by Ofsted in 2010, who said "All pupils, regardless of gender, ethnicity or disability play a very full part in the life of the school and its local community."

#### Teaching Assistant (1) KS2

£9,820 - £10,483 per annum

Ref: 40/0607

28.75 hours per week, term-time only

We are looking for an experienced Teaching Assistant to join our extensive team of support staff. You will work within Key Stage 2 to support children's learning and personal development

You will need to:

- Be ready for a challenge
- Be enthusiastic and proactive
- Be experienced in working within Key Stage 2
- Have a proven ability as working as part of a team.

#### **Teaching Assistants (2)**

£11,484 - £12,435 per annum

Ref: 40/0608

30 hours per week, term-time only, plus 5 INSET days Fixed-term until 31 August 2013

We are looking for two experienced Teaching Assistants to work within our integrated provision for children from Luton who have emotional and behavioural difficulties. You will join our team of staff to work with pupils from the provision both individually and within classrooms supporting them in their learning. You will need to:

- Be ready for a challenge
- Be enthusiastic and proactive
   Be experienced in working with schools
- Be qualified to NVQ Level 3
- Have a proven ability at working as part of a team in a challenging environment.

Visits to the school are welcome

For further details and to apply please contact Mrs Fiona Constant at the school address, telephone 01582 706500 or email: fconstant@chantry.primaryluton.co.u Closing date for above roles: 7 November 2012.

Interview date for above roles: 13 November 2012.

#### Whitefield Primary School

Stockholm way, Luton, Bedfordshire LU3 3SS

Whitefield Primary School is a friendly and diverse school with dedicated staff and enthusiastic pupils. Visits to the school are warmly welcomed.

#### **Class Teacher**

MPS/UPS Required from January 2013 Ref:40/0611

Ref: 40/0612

We wish to appoint a qualified and highly motivated KS1 Class Teacher. You will need to be enthusiastic, inspirational and committed to raising attainment within

If you are passionate about children's learning this could be the job for you.

#### Teaching Assistant (x2)

£11,202 - £12,130 per annum

30 hours per week, term-time only

Required ASAP

Are you looking to work in a challenging, creative and inspiring environment? Do you want to work with amazing children, alongside inspirational and committed staff?

You will need to be patient, positive and enjoy working with children. This role will incorporate lunchtime activities. You will need to have previous experience of working in a school environment.

For an application pack, please send a large SAE. For further details and to apply please contact Mrs Michaela Ostaniewicz, at the school, tel: 01582 596108. fax: 01582 494883 or email: Whitefield.Primary.Admin@luton.gov.uk

Closing date for above roles: 16 November 2012.

Interview date for above roles: w/c 26 November 2012.

CVs will not be accepted for any posts based in schools. Schools are committed to safeguarding and promoting the welfare of children and expect all staff to share this commitment.

Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau.



quality services need the best people - from the



# Jobsnow www.jobsnow.co.uk



## **HUNDREDS OF NEW** VACANCIES EVERY WEEK

Tel: 01582 706801 Email: recruitment@lutononsunday.co.uk

## Earn £££ For Xmas

**Full Time Warehouse work!!** 40+ Hours each week Many Shifts Available **NOW** Day, Late & Night Shifts

Must be 18+ We can transport you to and from work from different areas of Luton and Dunstable if needed.

> Call - 01582 484878 35-37 Wellington Street, Luton, Beds. LU1 2HQ

#### **O**PRIE

#### **Experienced Credit Controller** Required

for our Luton based office. Minimum of two years experience. Hours 20-25 p/w based in Luton All applications by CV with a covering letter to laura.hártlev@pirtek.co.uk

Closing date Wednesday 31st October 2012



# Are you bubbly, outgoing and enthusiastic?

If so, we could have the job for you at MK News. Due to our success and continued investment, we have the following vacancies:

#### **OFFICE BASED TELESALES CONSULTANTS** - RECRUITMENT & CLASSIFIED

LSN MEDIA publish award winning and market leading local newspapers in Beds, Bucks & Northants. Within our portfolio we also have rapidly growing websites and a number of successful magazines and niche products. We have gained a reputation for delivering quality, hard hitting news and advertising solutions that provide results for our valued

We are looking for highly motivated individuals to maintain an established customer base in our recruitment & classified pages. These roles involve setting effective & exciting campaigns to fulfil our customers needs, as well as gaining new business through canvassing and cold

Our dedicated recruitment team are responsible for all the recruitment sections in the LSN titles, and although the classified role will mainly be working on the MK News, you are encouraged to cross sell into the other LSN titles in Bedford, Luton, Dunstable & Northampton.

These positions would suit confident, persuasive and motivated sales people who are able to provide a high level of customer service at both MD and grass root level

We offer a salary of up to £16,000 per annum (dependant on experience) with genuine and realistic opportunities for further career advancement as well as:

- Generous bonus structure to earn up to £18 £20k
- 25 days holiday per year
- Regular training
- · Contributory pension and healthcare after qualifying period

If you have that 'certain something' to join our friendly team, please email marie.baker@mk-news.co.uk for an application pack. Please specify which position you are applying for and why you are just the person we're looking for.



LSN Media is part of the Iliffe News and Media Group

LSNmedia

It is the company's policy to employ the best qualified personnel and provide equal opportunity for the advancement of employees including promotion and training and not discriminate against any person because of see, race, pregnancy, deballity, martin of trainity status, ages, sexual orientation, religious beliefs or trade union memberships.

#### Manshead Upper School table Road, Caddingtor ber on Roll: 1130 (320

We are an over-subscribed 13-19 Upper School situated on a very attractive site just south of Dunstable. Our recent OFSTED report (October 2011) described the school as rapidly improving with many

#### TEACHER OF ENGLISH (MATERNITY COVER) - MPS

We are seeking to appoint an English Teacher from January 2013 to join to join a vibrant and friendly department of 7 specialists. Our priority is for a strong classroom performer who can inspire students to personal excellence. The English Department is well resourced with interactive whiteboards in every classroom.

Application Pack available via website www.mansheadschool.co.uk or email: office@mansheadschool.co.uk or tel: 01582 679409.

Closing date: Tuesday 6th November - interviews to be held

Manshead is committed to the safeguarding and promotion of children's welfare and all job offers are subject to satisfactory Criminal Records Bureau clearance.

Taking care of the future

#### older people Registered General Nurse

Newport Pagnell, 36.75 hours per week over 3 nights, £13.04 per hour

#### Bank Registered General Nurses

Zero hours contract, £13.04 per hour

Westbury Grange is a care home, part of MHA, one of the most respected charities providing care, accommodation and support services for 15,000 older people throughout Britain. Established 70 years ago, MHA's aim is to improve the quality of life for older people, nurturing mind, body and spirit.

Looking to use your skills to benefit older people in a homely environment? You will be responsible for meeting residents' personal care needs both directly and through the management of Care Assistants and other staff members.

This role is ideal for a current NMC-registered Nurse with evidence of continuing professional and clinical updates and a practical knowledge of care planning

Flexible and reliable you enjoy building long-term positive relationships with older people, their families and visitors. Your leadership qualities will ensure delivery of the highest standards of care and excellent team working

In return we offer MHA's Staff Membership Scheme which includes training, pension, life assurance, sick pay, annual reward, and lots more. To apply or find out more, please visit www.mha.org.uk. Alternatively, contact Julie Roche, Manager, on 01908 210 322.



Ref: 12/118

We are committed to Equal Opportunities.



DRIVING

**INSTRUCTORS** 

Wanted

Urgently Part/Fully

qualified

(or training given)

01582 877477

# email: danni@agirls.biz \* Must be 18 or over

#### Waking Night Supervisor Bedford, part-time (261/2 hours)

 $Ministry\, of \\$ 

**JUSTICE** 

National Offender Management Service

Starting salary: £21,607 per annum pro rata

You will be required to work in our Approved Premises for female offenders, which provides a structured and supportive environment. You will have excellent interpersonal skills and be committed to working as part of a team offering high quality services to offenders in residential settings.

**Bedfordshire** 

Probation Trust

For further information and an application pack please visit our website

#### www.bedsprobation.org.uk

#### **Experienced CNC Miller Required**

(Day/Night Shift)

Must be able to program and operate Heidenhein or Fanuo control systems Also Require

#### **Experienced CNC TURNER**

Must be able to program and operate CNC Lathe

#### **Experienced MECHANICAL INSPECTOR**

Must be familiar with ISO 9001 And be able to operate CMM (essential). Apply to: N.A.B. PRECISION TOOLING LTD. Knowl Piece, Wilbury Way, Hiltchin, Herts SG4 0TY 01462 456565 email: nal\_sales@blconnect.com

#### Jobs NOW DON'T WAIT FOR YOUR PERFECT JOB www.jobsnow.co.uk

#### Loansathome4U

A national Home Credit Company requires Agents in the Luton & Dunstable area

Excellent commission rates & bonuses available Full training given, driving licence required

Call David Quiney 01908 271340 / 07507 846537

Or email davidquiney@suplc.co.uk

# quest employment

#### LUTON

#### STILL REQUIRE 400+ x PICKERS / PACKERS

2 x Large Warehouse based outside Luton Optional Transport Available

DAYS

6.30am-2.30pm / 7.00am-3pm 8am-4pm

2.30pm-10.30pm / 3pm-11pm 4pm-12am **NIGHTS** 

10.30pm-6.30am / 11pm-7am 12am-8am

40hrs + / 6 days a-week £6.30 / £6.95 / £7.25 + Overtime x 1.5 after 40hrs

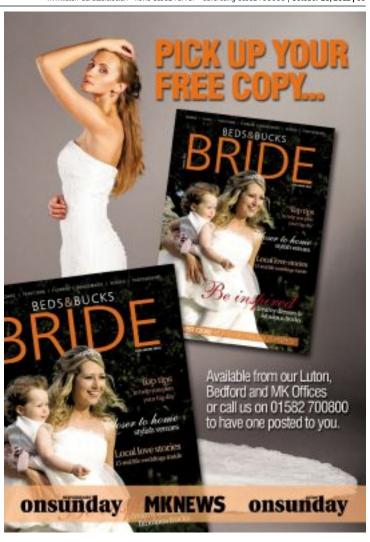
SUBJECT TO MANDATORY DRUG TEST & CRB CHECK WRITTEN ENGLISH TEST

Contact the office on 01582 723555 www.questemployment.co.uk









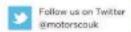


# Take your pick

With over 155,000 cars online, it's the easy way to choose.



Your search ends here.





# classifie

Call us on: 01582 700800

fax: 01582 700801

email: advertising@lutononsunday.co.uk

## Sell your goods or services FAST through our classified pages

Phone, email, or fax one of our friendly staff or why not pop in and speak to us in person.



01582 700800



Email: advertising@ lutononsunday.co.uk



Post: 28 King Street, Luton, Beds LU1 2DP



01582 700801

Pay by: Credit/Debit card. Cheque or Cash.

#### **Accommodation to Let**

#### TO LET

close to all amenities in Biscot Area, newly built block, deo entry, white goods, unfurnished

£675 pcm 07984 192842

Sell your household

items fast with the

2 DOUBLE BEDROOM FLAT

#### **ROOM TO LET**

new carpets/flooring white goods, no DHSS references/deposit required

1 BED FLAT

£550 PCM 07780 664383 01582 563166

Near to L&D Hospital £60 per week + bills Deposit & Refrences

07956 915773

**Luton on Sunday for only £1** 

...... Cardholder Name.

Make cheques payable to: LSN Media Ltd.

Do not send cash in the post

CREDIT/DEBIT CARD NUMBER

Signature ......

Articles will be advertised in the Luton on Sunday,

getting to more readers than any other newspaper

in Luton, FOR ONLY £1

Please write your advert below. One word per box.

Boxes for 12 words to include telephone number. Private ads only, no pets or firearms

Security

## Furnished Room

for working lady or couple, Nr Town Centre, £70pw or £85 pw for couple inc bills/internet, No Smokers

07972 828844



onsunday TO ADVERTISE CAL 01582700800

#### BIG RM & SMALL RM

**Rooms to Let** 

nr Leagrave stn, furnished parking, washing machine internet, prof person

£80 / £70 p/wk inc bills 07753 249158

TO LET Leyhill Drive, clean, quiet, comfortable home, good parking

£85 p/week inc bills 07891 870197

onsunday

Call

01582

700800

or bring the

coupon into

our offices

**Luton on** 

Sunday,

28 King St,

Luton,

LU1 2DP

#### Accountancy / Bookkeeping

#### BP Shah&Co Chartered **Certified Accountants** 01582 729903

Small firm of accountants est. 1979. Acct & tax serv to sole traders partnership

& Ltd Co 35 Leagrave Road, Luton, LU4 8HT E:bpshahandco@aol.com

#### **Accountancy**

ACCA Free initial consultation. Accounts, TAX, start ups and CIS. 01582 920119

#### Annual Accounts

Sole Traders £200 Ltd Companies £395

Phone Roy 01582 555930 07722 004423

\* FREEVIEW

\* FREESAT

**Articles for Sale** 

Brand new, ex show model, 8mph, full sus-

pension, lights, indicators, captain seat, 2 yr warranty, cost £3500 will accept £1500, call 01252 815756 Trade.

MEMORY FOAM MATTRESS - DOUBLE Brand new, still wrapped, never used, good quality deep mattress. Bargain £149, can deliver. 07851

**REGAL 1800** 

**BOW RIDER** 

SCOOTER

**Aerial Services** 

**EverestTVAerials FULLY QUALIFIED, FRIENDLY LOCAL ENGINEERS** 

FREE ADVICE FREE QUOTATION CALL 01582 447017

www.everestaerials.co.uk

MOBILITY

\* Aerials for Digital TV \* Maintenance & Repairs

\* Same Day Service

Luton &

**Dunstable Aerials** 

For all aerial &

repairs & upgrades

call 01582 480023

Architects &

Surveyors

CHARTERED ARCHITECT RIBA, fully insured. Extensions and adaptations drawn for local authority approval. Garage conversions & loft extensions. Free initial visit. Tel: 01582 765951 or 07817 489627.

Articles for Sale

Δ & G

**Seasoned Logs** 

Various load sizes

Kindling and coal

Nets of logs

Prompt delivery 01525 860771

07703 872769 www.aglogs.co.uk

LEATHER DOUBLE BED

good quality, brand new, still boxed, never opened, space needed, hence £139, can deliver

07851 511595

/w.lutonanddunstable aerialservices.com

## Articles for Sale

#### SCHERZER ELEGANT 33 piece white china dinner set, pristine, unused, £30, 01582 733436

ELECTROLUX FRIDGE freezer, silver, good condition, £110, 01582 708895

DISHWASHER Bosch, slimline, 45cm, 1 year old, good condition, £90, 07927 965103

Maple Wood Round Table & Matching set of 4 Chairs £50

3 DOOR WARDROBE 3

SYLVANIAN PRIMROSE

BLACK LEATHER recliner

HALFORDS ROOF bars,

PANASONIC VIDEO recorder, £20, 01582 400730

TRAILER 5ft x 3ft spare wheel, electrics, good condition, £70, 01582 488412

PHILIPS DVD recorder, £50, 01582 400730

#### **Articles Wanted**

**SPORTS BOAT** 

Petrol inboard out drive. In super condition. £6750 ONO

07855-934732 Bedford

LEATHER SOFAS 3 + 2 brown, excellent condi-tion, cost over £2,000, bargain £350, 07956 349419

DARK OAK blue fabric upholstered chairs suitable for home or club caterers, £25 each, 07746 365508

Dining Room Table with 4 Matching Leather Chairs VGC £150ono 07787 150873

Chairs 07958793209

drawers underneath and with mirror, £50, 07886 760438

ACROW PROP £6 ono, 01582 400730

baby windmill with garden and furniture, £25, 01582 617593

FUTON SOFA converts to double bed, excellent condition, £75, can deliver, 07956 349419

box for cars with roor rails, £50, 01582 617593

#### RECORDS WANTED

LPs - 50's/60's/70's etc. Rock / Pop / Jazz / Blues / Punk etc. Top prices paid! No easy listening or Classical. Phone: 01462 619711

COINS-STAMPS Collections, pre 1947 sil-OINS-Sir Collections, pre 1947 silver. Foreign silver. Mixed silver, mixed foreign. Victorian & Edwardian Stamps. Anything Considered. 01582 Considered. 585846

Wanted fishing tackle single items or job lots. Top prices paid for quality tackle. Buyer will collect. Call 07504 951878

CORGI DINKY MATCHBOX etc toy vehicles any considered 601537 01597 OLD CORGI MATCHBOX

www.luton-dunstable.co.uk AST, UP TO THE MINUTE LOCAL NEW onsunday

### **Bedrooms**

## **BEDS**

**DANNY'S** 

onsunday

FOR FAST.

**UP TO THE MINUTE** 

**LOCAL NEWS** 

**Blinds & Curtains** 

# Blinds Sale 2 Verticals <sup>£</sup>

01582 390511

#### **Building Services**

#### **D&S Builders LTD**

Driveways, Roofing, Fencing, Patios, Turfing, Exterior Painting, Garden Walls, General Brickwork, Property Maintenance, Fascias, Soffits & Guttering, Roof Cleaning & Coating, Tarmacadam - black or red

£1,000,000 Liability Insurance T: 01582 463604 M: 07503 297057 E: dandsbuildersltd@gmail.com

#### **J SHERRY Decorators**

#### **PAVING** Specialist in imprinted concrete, block paving coloured concrete slabs

RETIRED DECORATOR 01582 414521 Paper hanging, Tiling, Decorating Services, easonable Rates, Reliable Service, Free Estimates 07508 102956

Dave 01582 502584 Services

Typing 4 UZ CVs Typing Admin Phone Answering Reasonable Rates Tel:07582 675109

CARPETS SUPPLIED and fitted within 10 days of choosing at home. Free quotations. Call Clayton Carpets (Estab 1984) 01582 608987.

#### Domestic Appliance Repairs

#### **REPAIRS**

Washing Machines Dish Washers Tumble Dryers No Call Out Charge 01582 840486

### Jobs**now**

www.jobsnow.co.uk

#### **FREE QUOTATIONS Business**

#### Carpentry / Joinery

SERVICES city & guilds qualified. doors, locks, architraves etc. 07853274453

#### Carpets & **Flooring**

## DON'T WAIT FOR

#### Electrical

#### Radek Zieziula

Electrical, Installation, Addition, Alteration, NIC EIC Certificates.

07783776680

#### **ALL ELECTRICAL**

stallation work wanted full NIC EIC qualified electricians friendly and reliable

recommendations vailable, house wiring 01582 584022

07889 147129

#### Electrical Services



Free Estimates Competitive Rates

Job Too Small Freephone 3800 458 3348

#### **ELECTRICIAN**

#### **NIC APPROVED**

Part P Reg
No Job Too Big or Small
For A Job Well Done
Quality Assured
Call Graeme
01582 451442

07956 570692 onsunday

#### 01582 700800 Fencing & Gates

#### KMG FENCING

07803 612193

#### Garden Maintenance

#### **LUTON GARDEN** SERVICES Autumn Tidy Ups

Digging, Weeding, Grass Cutting, Hedge Trimming, Jungles and Overgrown Sardens Cleared, Trees Prunet & Felled.No job too big or small.For a Free Quotation and a fast & friendly service CALL ANYTIME

01582 638907 07833 928439

#### **GARDENING EXPRESS**

- Lawn/hedge cutting from only £10
- FREE QUOTATIONS... CALL NOW LUTON 07957 521429

#### **Garden Services**

Garden & Tree **Specialist** \*All Iree Work
\*Hedge Cutting
\*Lawns & Weed Digging
\*Jungle Clearance
\*New Lawns Laid
27 Yrs Experience

ect: 07737 989571 Iline: 01582 260205

**Handy Person** 

John The

**Handy Man** 

Painting, Electrical

Decorating etc

No Job Too Small

Available 24 hours

07771 026832

Home

Maintenance

Painting & Decorating Fencing • Patios

endly & Reliable

01582 663545

07885 603344

**HOME MAINTENANCE** 

Painting, Decorating, Tiling, Flat Packed Furniture Assembled, Guttering & Fencing & Trees Pruned.

NO JOB TOO SMALL Call Steve for a friendly competitive rate on

07818 276308 01582 505771

Loft Ladder Installation

**Painting** 

Services

**Painters Choice** 

Specialise in Painting

& Decorating, Tiling, Plastering & Flooring

No Job Too Big or Small

Contact Kevin 07931 019078

01923 771891

**PROFESSIONAL** 

painter &

laminate flooring, flat packs,

shelves, blinds,

locks etc

07570 481158

NDY MCKAY
Painter/Decorator
Professional/Reliable
Please Call 07808
504671 for a Free

**JMP Contractors** 

Drives, Brickwork.

Fencing, Walling, Drainage, Tarmacing

& all Landscaping

ROGERS PROPERTY SERVICES

PUPPIES standard POODLE miniature X standard, pretty, apricot, boys and girls. Vet checked and first vaccination given. £400. 01234 364133

**Pets for Sale** 

ALL TYPES of plastering & artexing under-taken.Free estimates call 07930 377142 01582 756245

**Plastering** 

#### Plumbing & Heating Services



### FAST HEAT 5

BOILER SERVICING BOILER INSTALLATION - CENTRAL HEATING BREAKDOWN - LANDLORD SAFETY CHECKS
- ALL ASPECTS OF PLUMBING WORK UNDERTAKEN

No call out fee

Phone 01582 722660

#### **ABLE PLUMBING**

City and Guilds trained No call out charge No obligation quotes

01582 873797 Paul: 07708 540 712 Andy: 07973 769 444

## OLD HILL HEATING AND PLUMBING O CALL OUT CHARGE Boiler Servicing, enance and Installation

Blocked?

Blocked sink, blocked bath, any pipe wok blocked.

All drainage & plumbing repairs carried out.

DRAINS UNBLOCKED

07860 342269

01582 412651

Open 7 Days

REMOVALS SERVICE

Full House Removals DIY Pick up EBAY Pick Up

Phone Mick

**Anytime Any Day** 

07885 795980

Telecommunicati

ons

cabling & faults. TelRon 01234 306244 07944 864326

Tuition

MATHS, ENGLISH & SCI-ENCE , Help Locally Available. All Levels. Phone Anytime on 01908 677740 (tutors

**Waste Disposal** 

**RUBBISH DISPOSAL** 

Load & dispose From £20 a load All types of unwanted rubbish, 95% recycled 7 days a week No job too big or small (R.W.C)

TELEPHONE Broadband. Exten cabling & faults. T

Steve Darlington

Gas Fitting

Gas Safe Registere
DUNSTABLE (01582) 660553 (07889) 120446

Heating & Plumbir ecorating, Building

We do it all, (07973) 836694 (01582) 537898

SRM Plumbing & Heating Landlord Gas Certificates £49.99 Boiler Service £49.99 Cooker Install £49.99 scounts for Multiple Jobs Gas Safe Registered

Call **07830 611363** 

## Removals & Storage

#### **ALL TIME** REMOVALS

KMW Loft Ladders 01234 290064 07977 9 9 7 5 3 7 kmwpropertyservices @ hot mail.co.uk w w w .k m w l o f t ladders.co.uk

Removals & Storage -Free Estimates -All moves undertaken ww.alltimeremovals.co.uk @alltimeremovals.co.uk

01582 753329

# AGT-RAFF REMOVALS AND STORAGE, MAN AND VAN SERVICES. 01582 527643/ 07737 016164 www. raffand-van.co.uk

AGT - RAFF REMOVALS AND STORAGE, MAN AND VAN SERVICES. 01582 527643 0 7 7 3 7 0 1 6 1 6 4 www.raffandvan.co.uk

DISCOUNT REMOVALS/ DISCOUNT REMOVALS/ Furniture Clearance Man & Luton Van Hire. DIY/ Single item pickup. Registered waste carri-ers. 01582 411459 / 07964 991405

## Rendezvous

FEMALE TEACHER on holidays with B&B room seeks men today. 07093-039166

#### Rubbish Disposal

01582 638907 07503 694401

#### Homesnow Selected properties from local

#### Windows & Conservatories



#### Windows & Doors The same of the sa



Building Regulatory Body

Conservatories

Mob: 07711 088311 Tel: 01525 210230 E: falconcwd@aol.com



**Lean to Conservatory** Supplied & fitted inc base for only

£3999.00 (3300x2250m)

SPECIAL OFFER FRONT DOOR £555.00

#### www.falconconservatories.co.uk



BACK DOOR £549 FRONT DOOR £625 FRENCH DOORS £749 PATIO DOORS £799 AN PRICES INCLUDE FITTING & VAL

0800 9 247 888 01582 400807 FENSA www.apexwindows.info

Broken handles? Misted units? Original Supplier gone bust? Have the job put right by

BARRY BOLTON WINDOWS LTD Call us now on 01582 484600

FOR FAST. **UP TO THE MINUTE LOCAL NEWS** onsunday



#### **Public Notices**

St Mary's Catholic Lower School

## Proposal to extend the age range of St. Mary's Catholic Voluntary Aided Lower School from 3 to 9 years to 3 - 11 years to create a primary school.

Notice is given in accordance with section 19(3) of the Education and Inspections Act 2006 that The Governing Body of St. Mary's Catholic Voluntary Aided Lower School intends to make a prescribed alteration to St. Mary's Catholic Voluntary Aided Lower School, Dunstable Road, Caddington, Dunstable, Bedfordshire, LU1 4BB from 1 September 2013.

The proposal is to change the age range of St. Mary's Catholic Voluntary Aided Lower Schoo by extending it from a 3 - 9 years lower school to a 3 - 11 years primary school.

This is to be implemented in two stages:
September 2013 - Year 4 children will be retained at the school and become a new year 5.
September 2014 - Year 5 children will be retained at the school and become a new year 6.

The current capacity of the school is 150 with 52 part time nursery places and when the proposals are implemented the proposed capacity will be 210 with 52 part time nursery places.

The current admission number for the school is 30 for year groups R - Y4 with 52 part time nursery places. The proposed admission number will remain the same. Total capacity for September 2013 is expected to be 180 with 52 part time places. Total capacity for 2014 is expected to be 210 with 52 part time nursery places.

This Notice is an extract from the complete proposal. Copies of the complete proposal can be obtained from: The Information Manager, Central Bedfordshire Council, Room DC2, Walting House, High Street North, Dunstable, Beds, LU6 1LF. It can also be viewed on the Council's website at www.centralbedfordshire.gov.uk/schoolconsultations and the school website http://www.stmaryscatholiclower.co.uk/

Within six weeks from the date of publication of this proposal, any person may object to or make comments on the proposal by sending them to The Deputy Chief Executive/Director of Children's Services, Central Bedfordshire Council, Priory House, Chicksands, Shefford, Bedfordshire, Sc17 5TQ. Signed: Mr. Richard Neal

Chairman of the Governors, St. Mary's Catholic Voluntary Aided Lower School Publication Date: 22nd October 2012

It is proposed that extending the age range of St. Mary's Catholic Voluntary Aided Lower School from 3 - 9 years to 3 - 11 years to create a primary school will provide improved standards in years 5 and 6 and therefore at the end of Key Stage 2. National data shows that changing school may impact negatively on pupils' progress and may result in a lack of curriculum understanding, continuity, and assessment agreement. This proposal will remove the transition at the end of year 4.

This proposal will also bring the school in line with the other Catholic school for this age range

## IN THE CIRCUIT COURT FOR MONTGOMERY COUNTY, MARYLAND In Re Adoption Of COLIN S.

Adoption No: 15991

NOTICE
To: UNKNOWN BIRTH FATHER

To: UNKNOWN BIRTH FATHER (a/k/a LeRoy)
You are hereby notified that an adoption case has been filed in the Circuit Court for Montgomery County, case number 15991A. All persons who believe themselves to be parents of a male child born on July 29, 2000 in Philadelphia, Pennsylvania to Arlene Sampson shall file a written response. A copy of the show cause may be obtained from the clerk's office at

be obtained from the clerk's office at: Circuit Court for Montgomery County 50 Maryland Avenue Rockville, Maryland 20850 United States of America (240) 777-9400

f you do not file a written objection within 90 days from the date of this notice is published and/or posted, you will have agreed to the permanent loss of your parental rights to this child. DATE OF ISSUE: October 10, 2012 Loretta E. Knight, Clerk (PS)

#### Goods Vehicle Operator's Licence

Simply Recycling Solutions Ltd of Unit 3, The Mounts Business Centre, William Street, Northampton, NN1 3EW is applying for licence to use Unit 10, Windmill Trading Estate, Thistle Road, Luton, Bedfordshire LU1 3XJ as an operating centre for 1 goods vehicles and to use Unit 4, Hall Road, Maylands Industrial Estate, Hemel Hempstead, HP3 7BH as an operating centre for 1 goods vehicles.

Owners or occupiers of land (including buildings) near the operating centre(s) who believe that their use or enjoyment of that land would be affected should make written representations to the Traffic Commissioner at Vosa Licensing Application Services, Hillcrest House, 386 Harehills Lane, Leeds, LS9 6NF stating their reasons within 21 days of this notice. Representors must at the same time send a copy of their representations to the applicant at the address given at the top of this notice. A Guide to Making Representations is available from the Traffic Commissioner's Office.

## Paving - Patio

Treat your garden to an end of season tidy up

- Extreme overgrowth specialist
- Autumn Leaf Clearanc

#### Free estimates 01525 888 368

#### **Luton Rubbish** Disposal

We Load and Dispose All aspects of Rubbish from £20 a load. 95% recycled selective items taken for free

# estate

agents

#### **Public Notices**

Luton Borough Council

THE BOROUGH DE LUTON (LEA ROAD)

(TEMPORARY ROAD CLOSURE) ORDER 2012

NOTICE is hereby given that on 22nd October 2012 Luton Borough Council, the Highlyay Authority for the said Borough, made the above Order under the relevant provisions of the Road Traific Regulation Act 1984 (as amended).

The Order will come into operation 2nd October 2012 and cease operation after 6 months or when the proposed works have been completed. Specific times and dates will be signed locally. The Order will therefore be in operation when signs are displayed.

ard disalawd.

The effect of the Order will allow the Council to close to traffic the road and length of road in the schedule below. The Order is intended to create a window for the works to be done and it is anticipated that the works will be completed over a period within the dates described above. The Order is to facilitate the safe use of a mobile crane working on the highway.

Whilst such works are being carried out diversions for traffic will be marked by signs.

SCHEDULE

SCHEDULE				
ROAD LENGTH OF ROAD		TIMES		
Lea Road.	The entire length.	From 8:00am to 4:30pm.		
	Grai	nam Turner, Highway Services Manager		

#### THE BOROUGH OF LUTON (VARIOUS ROADS) (TEMPORARY ROAD CLOSURES) (NO.17) ORDER 2012

NOTICE is hereby given that or 22nd october 2012 Luton Brough County. In the Highway Authority for the said Borough, made the above Order under the relevant provisions of the Road Traffic Regulation Act 1984 (as amended). The Order will come into operation 12nd November 2012 and acease operation after 12 months or when the proposed works have been completed. Specific times and dates will be signed locally. The Order will contribute the in operation when signs

ate usuarized.

The effect of the Order will allow the Council to close to traffic the roads and lengths of roads in the schedule below. The Order is intended to create a window for the works to be done and it is anticipated that the works will be completed over a period within the dates described above.

The purpose of the Order is to enable carriageway resurfacing works to be carried out.

	Access will be maintained as best as possible to properties where this may be done safely whilst such works are being c
ı	out and diversions for traffic will be marked by signs.
ı	SCHEDULE

THE BOROUGH OF LUTON (VARIOUS ROADS)

(TEMPORARY ROAD CLOSURES) (MO.18) ORDER 2012

NOTICE is hereby given that on 22nd October 2012 Luton Borough Council, the Highway Authority for the said Borough, made the above Order under the relevant provisions of the Road Traffic Regulation Act 1984 (as amended).

The Order will come into operation 14th January 2013 and cease operation after 18 months or when the proposed works have been completed. Specific times and dates will be signed locally. The Order will therefore be in operation when signs

are displayed.

The effect of the Order will allow the Council to close to traffic the roads and lengths of roads in the schedule below. The Order is intended to create a window for the works to be done and it is anticipated that the works will be completed over a period

is intended to create a window with the state secribed above.

The purpose of the Order is to enable carriageway maintenance works to be carried out.

Access will be maintained as best as possible to properties where this may be done safely whilst such works are being carried out and diversions for traffic will be marked by signs.

SCHEDULE

SCHEDOLE				
ROAD	LENGTH OF ROAD			
Ashburnham Road.	From its junction with Brantwood Road to its junction with Ferndale Road.			
Durbar Road.	The entire length.			
Highfield Road.	The entire length.			
Portland Road.	From its junction with Chatsworth Road to its junction with Medina Road.			
Runley Road.	The entire length.			
Shaftsbury Road.	The entire length.			
Summerfield Road.	The entire length.			
Warwick Road West.	The entire length.			

Graham Turner, Highway Services manage. Town Hall Luton LU1 2BQ

#### THE BOROUGH OF LUTON (MARSH ROAD) (TEMPORARY ROAD CLOSURE) (NO.3) ORDER 2012

NOTICE is hereby given that on 22nd October 2012 Lution Brough County in Highway Authority for the said Borough, made the above Order under the relevant provisions of the Road Traffic Regulation Act 1984 (as amended). The Order will come into operation TVI. January 2013 and cease operation and text 25th January 2013 or when the proposed works have been completed. Specific times and dates will be signed locally. The Order will continue the proposed works have been completed. Specific times and dates will be signed locally. The Order will therefore be in operation when signs are displayed.

WORKS may been compress, specially unuse any users. This compress the properties of the Order will allow the Council to close to traffic the road and length of road in the schedule below. The Order is intended to create a window for the works to be done and it is anticipated that the works will be completed over a period within the dates described above.

The purpose of the Order is be enable railway bridge works to be carried out. Access will be maintained as best as possible to properties where this may be done safely whilst such works are being carried out and diversions for traffic will be marked by signs.

SCHEDULE

	, ,	SCHEDULE
AD.	LENGTH OF BOAD	

SCHEDULE					
ROAD	LENGTH OF ROAD	TIMES			
Marsh Road.	From its junction with Grange Avenue to its junction with the entrance to Leagrave Railway Station carpark on Marsh Road.	11.00pm to 5.00am.			

Town Hall Luton LUI 280

THE BOROUGH OF LUTION (ROSSLYN CRESCENT)

TEMPORARY ROAD CLOSURED ROBER 2012

NOTICE is hereby given that Lution Borough Council, the Highway Authority for the said Borough, intends to make the above Order under the relevant provisions of the Road Traffic Regulation Act 1994 (as amended).

The Order will come into operation Birk Newember 2012 and cease operation after 18 months or when the proposed works have been completed. Specific times and dates will be signed locally. The Order will enterforce be in operation when signs are displayed.

		SCHEDULE
SUAU	LENGTH OF BOAD	

Graham Turner, Highway Services Manager Town Hall Luton LU1 2BQ

THE BOROUGH OF LUTON (GEORGE STREET WEST)

(TEMPORARY ROAD CLOSURE ORDER 2012

NOTICE is hereby given that Luton Borough Council, but Highway Authority for the said Borough, intends to make the above Order under the relevant provisions of the Road Traffic Regulation Act 1984 (as amended).

The Order will come into operation and \*\*Desember\*. 2012 and sease operation after 3rd Edward 2013 or when the proposed works have been completed. Specific times and states will be signed locally. The Order will therefore be in

nogeration, when signs are displayed.

The effect of the Order will allow the Council to close to traffic the road and length of road in the schedule below. The Order is intended to create a window for the works to be done and it is anticipated that the works will be completed over a period within the dates described above.

within the dates described above.

The purpose of the Order is to enable new water mains connection works to be carried out.

Access will be maintained as best as possible to properties where this may be done safely whilst such works are being carried out and diversions for traffic will be marked by signs.

SCHEDULE

LENGTH OF ROAD
The entire length George Street West.

DATED: 28th October 2012





#### Service: Domiciliary Care Services

Central Bedfordshire Council is holding a meeting to provide an overview of the future arrangements for Domiciliary Care in Central Bedfordshire. This will take place on Thursday 8th November 2012 between 11:00 and 12:00 at the Rufus Centre, Steppingley Road, Flitwick, Beds MK45 1JZ.

This meeting is open to all CQC registered providers supplying, or planning to provide domiciliary care services in the Central Bedfordshire region

- The briefing will cover:

  Commissioning for Outcomes
- Proposed contractual model to be implemented
- Transition arrangements
  Use of electronic monitoring.

We do hope you will be able to join us for this session. Please indicate whether or not you are able to attend by emailing: procurement@centralbedfordshire.gov.uk

## CENTRAL BEDFORDSHIRE COUNCIL (KINGSWAY, DUNSTABLE) (TEMPORARY PROHIBITION OF TRAFFIC) ORDER 2012

NOTICE IS HEREBY GIVEN that the Central Bedfordshire Council has made an Order the effect of which will be to prohibit any vehicle, except a vehicle being used for fire, police or ambulance purposes in an emergency, from proceeding along the full length of Kingsway, Dunstable.

This temporary closure is required to enable road resurfacing works to take place and shall apply to such extent as may from time to time be indicated by the appropriate traffic signs. Where possible access will be maintained to property and premises but may be restricted from time to time according to local signing.

It is expected that the works will take place from Wednesday 24th to Thursday 26th October 2012 between 9am and 3.30pm. Specific dates will be advertised locally closer to the time.

The alternative routes available for vehicles affected by the proposed Order are:-

Proceed in an easterly direction on Church Street to Boscombe Road gyratory, turn left and continue to the junction with Boscombe Road/ College Road/ Court Drive link road, turn lef and continue to Kingsway and vice versa. (One Way system on Court Drive will still be in operation and can be used to get to A5 as normal)

The proposed Order will come into operation on 24th October 2012 for a period of four months or until the proposed works have been completed, as detailed above, whichever is the earlier. For further information please contact Central Bedfordshire Highways, Tel: 0300 300 8049.

DATED 24th October 2012 Central Bedfordshire Counci Technology House, Ampthill Road Bedford MK42 9BD

Assistant Director for Highways

Bedfordshire

### Proposal to extend the age range of Houghton Regis Community Lower School from 3 - 9 years to 3 - 11 years to create a primary school.

Notice is given in accordance with section 19(1) of the Education and Inspections Act 2006 that Central Bedfordshire Council intends to make a prescribed alteration to Houghton Regis Community Lower School, St Michael's Avery, Houghton Regis, Dunstable, Bedfordshire LU5 5DH from 1 September 2013.

The proposal is to change the age range of Houghton Regis Community Lower School by extending it from a 3 - 9 years lower school to a 3 - 11 years primary school

This is to be implemented in two stages:

September 2013 - year 4 children will be retained at the school and become a new year 5.

September 2014 - year 5 children will be retained at the school and become a new year 6. The current capacity of the school is 225 places in the main school plus provision for 52 part-time nursery places. Following implementation the proposed capacity will be 315 places in the main school plus provision for 52 part-time nursery places.

The current admission number for the main school is 45 for each year group. The proposed admission number will remain the same. Total capacity for September 2013 is expected to be 270 in the main school with 52 part-time nursery places. Total capacity for 2014 is expected to be 315 in the main school with 52 part time nursery places.

This Notice is an extract from the complete proposal. Copies of the complete proposal can be obtained from: The information Manager, Central Bedfordshire Council, Room DC2, Walling House, High Street North, Dunstable, Beds, LUG 11F. It can also be viewed on the Council's website www.centralbedfordshire.gov.uk/schoolconsultations

within six weeks from the date of publication of this proposal, any person may object to or make comments on the proposal by sending them to The Deputy Chief Executive/Director of Children's Services, Central Bedfordshire Council, Priory House, Chicksands, Shefford, Beds, SG17 5TQ. Signed: Edwina Grant

Deputy Chief Executive/Director of Children's Services
Publication date: 22 October 2012.

18+. Helpdesk 0844 944 0844. Live calls recorded. 0871 = 10p per min. Network extras apply. SP: 4D.

Chat, Flirt & Date

0871 908 9844

18+, Helpdesk 0844 944 0844. Live calls recorder

LIVE 121 ADULT CHAT

36p

Laplantary flows it is proposed that extending the age range of Houghton Regis Community Lower School from 3 - 9 years to 3 - 11 years to create a primary school will provide improved standards in years 5 and 6 and therefore at the end of Key Stage 2. National data shows that changing school may impact negatively on pupils progress and may result in a lack of curriculum understanding, continuity, and assessment agreement. This proposal will remove the transition at the end of year 4.

The provision will bring Houghton Regis Community Lower School into line with all other Lower Schools in Houghton Regis, for which proposals to convert them to primary schools were published and approved earlier this year.

The school cannot accommodate the additional pupils and two new classrooms will be required from September 2013

## 1st Class out-call escort agency

Offering Specialised services to accommodate all tastes MK and surrounding areas 12 noon - Late

Please call 01908 785629 07881 046200



Personal



£40

MΔX

SHII PA MASSAGE SERVICES

07961 111 900

Luton Town Centre

Milton Keynes

Outcall Agency

requires

Additional Staff

Driver required

Please call 01908 785629

07881 046200

No texts please

Angela's

Massage

Luton Area

07772 796023

01582 486360

Luton

**Near Junction 10** 

Luton Town Centre

01582 515130 🔀

New faces welcome (Escorts)

# 07040 901858

Registered Professional Escort Agency



## Annies Massage

 New Staff
 Set Prices 2 minutes from airport Old and new customers welcome 01582 459774 Visit You

New To Luton Priya Massage/Escort 11am till Late 7days M1 Junction 11 LU4 8RQ 07925 581660 www.priyaindianescort.c

PENNY ESCORT Very pri-vate. Mon-Fri 10am-6pm. Weekends 10am-2pm. Rural MK. 07763191974

RELAXING BODY mas-sage by Michelle, 07884 120805

FEMALE ESCORT CMK.

onsunday MICROSITES

ROXY, RANJANA & FRIENDS Covering all areas.10 am till late. 07946 746931

ROSE Escort Available till late,out service only Call 07594 631455

CINDY'S MASSAGE MASSAGE 11am-11pm,call 01582 534717

DIRECT 2 U Escorts Bedford based 07040 901410

SENSUAL STRESS Relieving massage, 07904 445962

LOOKING TO GROW YOUR

BEDFORD GOLDEN GIRLS 11am till late, Bedford. 01234-343935

Karen P Independent Escort 07884 133945 www.karen4hire.com

#### **Chat Lines**

#### CHEAP ADULT WOMEN CHAT FREE 36 PURE ADULT 0909 864 0211

JEAN 28/single Close to Luton Rail Station. All guys welcome for discreet adult fun from 18 to 80 Txt JEAN to 69996 for pics

> Personal Services

### Katie's Massage

Appointment Only Discreet, Professions ersonal Massage for Discerning No Withheld Numbers

07837103337

0909 860 6698 NEW SECRETS Massage Luton M1 J11 11am Till Late 7Days 07706 382311 ODER (AD) \$30909 860 8967



l onsunday

## Luton on Sunday are launching a web design service product to help you get your business noticed. For a low cost fee we can build you a two page website which will be found within search engines and help drive your business forward. Rank in search engines for chosen terms Build brand awareness Measurable results Easy to update Low cost Increase sales and revenues





Sites cost as little as £41.25 + VAT per month including set up fee

Sites will be live within 7 days and ranking in search engines within 4 weeks Minimum term 6 months Terms and conditions apply

For further information please call 01582700800or email advertising@lutononsunday.co.uk



## **Fantastic value holidays**





## **André Rieu & The** Johann Strauss Orchestra

#### In concert on the Vrijthof Square, Maastricht Departs 6 July 2013

Join André Rieu & The Johann Strauss Orchestra in a spectacular concert on the fabulous Vrijthof Square in his hometown of Maastricht in The Netherlands. In addition, you will have free time to explore the historic areas of Maastricht plus will visit Bruges en route home.

#### **Price includes**

- Return coach travel & Channel crossing
- Two nights' bed and breakfast accommodation at a good quality standard hotel no more than 90 minutes by coach



## **Torbay and Dartmoor**

#### A four night midweek break!

#### Departs 1 April & 30 September 2013

Treat yourself to a few days on the breathtaking English Riviera with its sparkling waters and charming seaside towns. Three included excursions will help you make the very most of your time away.

#### **Price includes**

- Coach travel throughout
- Four nights' dinner, bed and English breakfast at the Rainbow Hotel, Torquay
- Three full day excursions including visits to Sidmouth, Exmouth, Dartmouth and Buckfast Abbev
- A full day tour of Dartmoor
- The services of a Tour Manager

- A seated ticket for your André Rieu & The Johann Strauss Orchestra concert on The Vrijthof Square, Maastricht (upgrade tickets available at a supplement)
- Return coach transfers between your hotel and the concert venue
- A visit to Bruges on Day Three
- Services of a Newmarket Tour Manager



## and the Lakes

#### A four night midweek break

#### Departs 25 March & 16 September '13

Stay in the popular resort of Blackpool and enjoy the sea air and two full day excursions. Explore Windermere and the majestic mountains, sparkling lakes and lush green valleys of the southern Lake District and on another day, visit the coastal gems of elegant Southport and delightful Lytham St

#### **Price includes**

- Coach travel throughout
- Four nights' dinner, bed and English breakfast accommodation in the Melville Hotel, Blackpool
- Visits to Southport and Lytham St Annes
- A tour of the Southern Lakes taking in Hawkshead and Windermere
- The services of a Tour Manager

#### **New Year in the Black Forest**

Celebrate the New Year in the beautiful surroundings of Germany's Black Forest - a fairy-tale land of snow-covered forests, crystal-clear lakes, spectacular waterfalls and romantic valleys!

Departs 29 December 2012

5 days from **£289**.50

#### The Cheltenham Festival

Experience the drama and excitement of the 2012 National Hunt's Blue Riband event on this great value two-day coach break that includes two days of racing, with the famous 'Gold Cup'

Departs 14 March 2013

2 days from £169.00

#### **Cream of the Cotswolds**

Enjoy a few days away this autumn. Stay in a comfortable hotel with leisure facilities and explore the lovely scenery and quaint honey-coloured stone villages of the Cotswolds.

Departs 15 April 2013

5 days from **£199**.00

#### **Emmerdale & the Best of Yorkshire**

Eniov tours of "Last of the Summer Wine Country" and the beautiful Yorkshire Dales, plus a drive through Esholt the original home of Emmerdale on this wonderful break.

Departs 3 May, 21 Jun & 27 Sep 2013

3 days from £135.00

#### **4★ New Year in Amsterdam**

Join us for a truly memorable break, as you see in 2013 in the vibrant Dutch capital. Amsterdam never fails to delight, and this city of canals, cobblestones, bustling bars and jazz clubs puts on an unforgettable New Year's Eve show. Including time to explore the city's highlights, this is the perfect choice for a New Year break to remember

Departs 30 December 2012

3 days from **£169**.95

#### "Thank you so much for such a perfect trip!"

Mr & Mrs K, via email

#### **German Valley Superdeal**

An absolutely superb value coach-inclusive break to the scenic German Valleys. Accommodation in a friendly, welcoming hotel - with half-board and 'Happy Hour Free Bar' option - and chances to join some wonderful excursions.

Departs 22 March 2013

4 days from £119.95

#### **Paris in the Summertime**

Join us on this super-value five-day break and discover the wonders of the French capital

Departs 19 April 2013

5 days from **£139**.00

#### **Strawberry Fields & Penny Lane**

Take a trip on the "Ferry 'Cross the Mersey" and see the sights and places associated with the Fab Four.

Departs 27 Apr, 13 Jul & 12 Oct 2013

2 days from **£99**.00

For your FREE brochures, send completed coupon to: Newmarket Promotions Ltd, FREEPOST KT2720, Worcester Park, KT4 8BR (NO STAMP REQUIRED).

Tick brochure(s) required: Andre Rieu Maastricht - AIR Treasures of Torbay & Dartmoor - TSM Black Forest - BFY ☐ Cheltenham Gold Cup - HRW ☐ Cream of the Cotswolds - AUW ☐ Emmerdale & Yorkshire - EAY New Year in Amsterdam - ANM German Valley Superdeal - GSD Paris Springtime Channel Tunnel - PSA Strawberry Fields & Penny Lane - PSA

Blackpool & Lakes - BMO

Address













HERE'S AN IDEA: **GIVE YOURSELF SOME SPACE** AND YOU CAN SPACE OUT YOUR FINANCES TOO, WITH

might seem just a little overwrought. But then, of course, this is a Fiat Group car wearing a Chrysler badge. The name maybe different but those who've been waiting such a long time for Lancia's return to the UK market should have

something to celebrate as well.

0% Al REPRESENTATIVE FINANCE & 2 YEARS' FREE INSURANCE WITH CITROËN ELECT 3







### CITROËN C3 VTR+ or alternatively from £10995

- Up to 83.1mpg<sup>△</sup> for Citroën C3 models 7 Citroën C3 models 130g/km CO<sub>2</sub> or less with £0 road tax<sup>2</sup>
- Panoramic Zenith windscreen
- · 6 airbags as standard

### CITROËN C3 PICASSO VTR+

or alternatively from £12300

- Up to 62.2mpg<sup>∆</sup> for Citroën C3 Picasso models
- 5 Citroën C3 Picasso models 130q/km CO<sub>2</sub> or less with £0 road tax<sup>2</sup>
- Panoramic windscreen
- · Best boot capacity in class

CITROËN prefers TOTAL

#### **GREAT OFFERS AT SLIP END GARAGES**

No-one likes feeling boxed in when driving – so we've designed C3 and C3 Picasso to give a feeling of space. The C3's panoramic windscreen brings maximum light to the interior; while the C3 Picasso's glass roof gives the cabin an open, airy feel. Now with 0% APR representative Elect 3 Finance with minimum 20% deposit.

CRÉATIVE TECHNOLOGIE



\*On the road recommended prices & offers apply to retail sales of qualifying new Citroën vehicles ordered & delivered 03/10/12-31/12/12 & include VAT, delivery to Dealer & number plates, Government First Registration Fee, & 12 months' graduated Vehicle Excise Duty, Black/metallic/pearlescent paint optional at extra cost. From prices shown: Citroën C 3 1.4i 75 manual VTR+ and Citroën C3 Picasso VTi 95 manual VTR+. 'Available on all Citroën C3 & C3 Picasso VTR+ models. Finance subject to status. Written quotations available on request from Citroën Financial Services, Quadrant House, Princess Way, Redhill, Surrey, RH1 10A, UK. Over 18s only. A guarantee may be required. 'Applies to Citroën C3 & C3 Picasso models purchased with Elect 3 finance. Not available to cash buyers. Policyholder must be aged 25-75 (30-75 for C3 Picasso), with a minimum of vey ears NCD to use on the vehicle. All drivers must have held a full Uk licence for a minimum of 2 years & meet eligibility citreta including limits on driving limits on driving. Excesses apply. 2 years' Citroën Wolf Insurance will be provided & underwritten by U K Insurance Limited, which is authorised & regulated by the Financial Services Authority. Not available in Northern Ireland. 'Combined cycle. 'First year only. Offers, prices & specification correct at time of going to press/publication from participating Dealers. Terms & conditions apply. Please ask us for details. Subject to stock availability.

Official Government fuel consumption figures (Range): Urban cycle, Extra urban, Combined (litres per 100km/mpg) & CO<sub>2</sub> emissions (g/km); Highest: Citroën C3 VTi 120 automatic Exclusive 9.4/30.1, 5.0/56.5, 6.6/42.8, 153. Lowest: Citroën C3 e-HDi 70 Airdream EGS VTR+ 3.6/78.5, 3.2/88.3, 3.4/83.1, 87.

#### SLIP END GARAGES LTD 01582 456888



THE RIGHT TYRES AT THE RIGHT PRICE FITTED CORRECTLY!

**PLUS BRAKES** ALIGNMENT & WHEELS

on all High Performance, 4x4 & Van Tyres

PRICES ARE ONLY AVAILABLE WITH THIS ADVERT AND FOR 1 WEEK AFTER PUBLICATION

£45.95

£39.95

£49.95

£49.95

£54.95

£51.95

£64.95

£71.95

£89.95

205/55VR16

195/50VR15

205/50ZR17

225/45ZR17

235/45ZR17

225/40ZR18

235/40ZR18

235/65R16 8 PLY

255/55VR19 4x4

Whatever your Tyre size... Call us first

*EAVON* DUNLOP







# **BUDG£**T

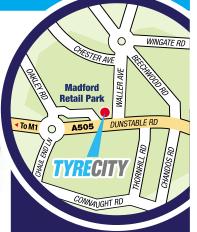
#### BRAKES

All types of brakes in stock, using top quality parts fitted quickly and safely by our expert technicians



### DIGITAL WHEEL ALIGNME

Don't suffer with uneven tyre wear, handling or fuel economy problems. A quick and easy Wheel Alignment test could **SAVE YOU £'s!** 



**OPEN 6 DAYS A WEEK**Mon-Fri **8am-6pm** :: Sat **8am-5pm** 

**LUTON** Branch:

**Units 2-3 Madford Retail Park** 550 Dunstable Road, Beds LU4 8DN

Prices include Fitting, New Valve, Wheel Balance, Old tyre disposal, and VAT



www.tyrecity.co.uk **@ 01582 561 389** 



DISCOVERY TD5 ES PREMIUM 7 SEATER AUTO
53 / 04 MODEL , IN ZEMATT SILVER WITH
EBONY LEATHER TRIM, 67000 MILES, DEMO
+ 2 OWNERS WITH FSH
20 AUS



**SPECIALS** 

175/65TR14

185/65TR14

185/65HR15

195/65HR15

185/60HR14

195/60HR15

195/60VR15

185/55VR15

£29.95

£34.95

£38.95

£39.95

£30.95

£39.95

£39.95

£39.95

DISCOVERY TDV6 SE 6 SPEED MANUAL 7 SEATER 05 / 05 , ON STOROWAY GREY METALLIC WITH EBONY LEATHER TRIM, 88000 MILES , 1 OWNER WITH FSH 512 795



DISCOVERY TD5 GS 75EATER
51 / 02, IN BLENHIEM SILVER METALLIC
WITH GRANITE 1/2 LEATHER TRIM
70000 MILES, 1 OWNER WITH FSH



RANGE ROVER 4.6 HSE AUTO 7 / 99, IN OXFORD BLUE METALLIC WITH LEATHER TRIM 69000 MILES, 3 OWNERS WITH FSH





DISCOVERY TD5 GS 7 SEATER AUTO BONY CLOTH TRIM, 31,000 MILES, 1 OWNER
WITH FSH

£10,295



DISCOVERY TDV6 HSE 7 SEATER AUTO 05 / 05, IN CAIRNS BLUE METALLIC WITH EBONY LEATHER TRIM, 55000 MILES, 2 OWNERS WITH FSH



FREELANDER TD4 HSE
04 / 04 , IN GIVERNEY GREEN METALLIC WITH
EBONY LEATHER TRIM, 85000 MILES , 1
OWNER WITH FSH
£6,995



DISCOVERY TD5 XS 7 SEATER AUTO
03 / 03, IN GIVERNY GREEN METALLIC WITH
1/2 LEATHER TRIM
86000 MILES, 2 OWNERS WITH FSH
27,995



FREELANDER TD4 SE AUTO
54 / 05, IN BONNATI GREY METALLIC WITH
CHARCOAL 1/2 LEATHER TRIM
93000 MILES, 2 OWNERS WITH FSH
£5,995



FREELANDER TD4 SE AUTO

' 04 MODEL, IN EPSOM GREEN METALLIC
WITH CHARCOAL 1/2 LEATHER TRIM
47000 MILES, 2 OANERS WITH FSH



FREELANDER TD4 FREESTYLE AUTO 55 / 05. IN STORNOWAY GREY METALLIC WITH CHARCOAL 1/2 LEATHER TRIM 55000 MILES, 2 OWNERS WITH FSH



DISCOVERY TD5 GS 7 SEATER AUTO 03 / 03, IN OSLO BLUE METALLIC WITH CHARCOAL CLOTH TRIM 88000 MILES, 1 OWNER WITH FSH



FREELANDER 2.2 TD4 GS AUTO
07 / 07, IN ADRIATIC BLUE METALLIC WITH
EBONY CLOTH TRIM
107000 MILES, 3 OWNERS WITH FSH



DISCOVERY TD5 GS 7 SEATER 52 / 03 , IN WHITE GOLD METALLIC WITH EBONY CLOTH TRIM, 65000 MILES , 2 OWNERS WITH FSH £7,495



DISCOVERY TD5 ES 7 SEATER 03/03 IN ALVESTON RED METALLIC WITH EBONY LEATHER TRIM, 73,000 MILES, DEMO + 2 OWNERS WITH FSH



DISCOVERY TD5 ES PREMIUM 7 SEATER AUTO 53 / 04 , IN JAVA BLACK WITH LIGHTSTONE LEATHER TRIM, 67000 MILES DEMO + 2 OWNERS WITH FSH



RANGE ROVER 2.5 DIESEL DHSE AUTO
T / 99 , IN ZAMBEZI SILVER WITH EBONY
LEATHER TRIM, 81000 MILES , 2 OWNERS
WITH FSH
£4.995



RENAULT KANGOO AUTHENTIQUE 1.2
DISABLED WHEELCHAIR ACCESS
52 / 03 , IN SILVER METALLIC WITH CLOTH
TRIM, 66000 MILES, 1 OWNER WITH FSH



FREELANDER TD4 SE
04/04 IN MONTECARLO BLUE METALLIC WITH
EBONY ½ LEATHER TRIM, 89,000 MILES, 2
OWNERS WITH FSH
25,995



Visit us at Clophill Road, Maulden to see our range of LandRovers, Defenders, RangeRovers, Freelanders and Discoverys LANDROVERS BOUGHT FOR CASH

with THIS Voucher

with THIS

Voucher

Present this Voucher
BEFORE

**OPEN 7 DAYS** ONLY PRICE: 1 Offer valid until 31 Dec 2012

with our with THIS **Voucher ONLY** 

## Makes Servicing

Transits, SWB or LWB, are WELCOME!



with THIS Voucher

Present this Voucher BEFORE purchase, to obtain advertised discount

Oil Service\*† **Discounted Prices** Interim Service\*† **Main Service\***† Normal Normal Normal Price Price Price £93.90 £123.90 £170.90 £102.90 Up to 850cc from £47.45 £62.45 900cc to 995cc from £180.90 £119.80 £103.90 £55.95 £133.95 £60.95 1000cc to 1295cc from £113.90 £60.95 £143.95 £196.45 £129.90 £200.45 £138.50 1300cc to 1599cc from £123.95 £65.95 £153.90 £90.95 £133.90 1600cc to 1790cc from £70.95 £163.50 £210.45 £146.90 1800cc to 2499cc from £143.90 £75.95 £173.95 £95.95 £220.90 £147.90 BMW 1 & 3 Series from £158.95 £82.95 £198.95 £253.90 £157.90 £273.45 £188.90 **RMW 5 Series from** £163.95 £92.95 £208.95 £117.95 **BMW 7 Series from** £183.95 £228.95 £308.95 £199.90 Mercedes A Class from £158.95 £82.95 £198.95 £107.95 £253.90 £169.80 Mercedes C Class from £158.95 £92.95 £208.95 £258.45 £179.90 Audi A4 from £253.45 £188.90 £158.95 f92.95 £198.95 £107.95 Audi A6 from £163.95 £92.95 £173.50 £282.45 £201.60 Mini (2001 on) from £128.95 £62.95 £148.95 £74.95 £208.95 £139.90

If your Car is not listed, or Vans\*, call us for a quote! \*va Terms & conditions apply, prices may vary – Visit brakeandserviceworld.co.uk. Long-life oils at extra charge B&SW Service Schedule. †Prices vary for manufacturers' Service Schedule & parts (for Diesel, twin-spark and platinum plug vehicles, prices may vary).

Latest Diagnostic & Fault Code Equipment Head Gasket Repairs

Gearbox Repairs Suspension

0

**Batteries** fitted FRFF

Let us quote for the repair work

**9A CHAUL END LANE LU4 8EZ** 

(nr. CURRYS)

Since 1963



www.brakeandserviceworld.co.u

BEFORE purchase, to obtain advertised discount \*Class 4 MoT ONLY For Saturday & Sunday MoTs, prices vary Offer valid until 31 Dec 2012 **INSPECTION & DIAGNOSIS FREE OF CHARGE\*** Present this Vouch purchase, to obtain advertised discount PHONE US NOW for a PRICE on YOUR car

OPEN 7 DAYS

-Freeze With Linix Change, any car Offer valid until 31 Dec 2012

Present this Voucher BEFORE
purchase, to obtain

Puncture Repair with THIS
Voucher BEFORE

purchase, to obtain advertised discount

FREE Offer valid until 31 Dec 2012/

Wheel £29.95 Wheel £7.99 Alignment

SUNDAY OPENING

**VIEW AND BID - ALL OFFERS CONSIDERED** 

2005 05

2004 04 1998 R

2001 2003 1999

2001

www.manorparkmotors.org.uk

offers considered ● part exchange ● cars bought for cash Tel: 01582 488474 / 488475 After Hours: 07852 549115

181 - 189 Park Street, Luton

MOT TESTING STATION



2006 Ford Focus Diesel Zetec Climate, 5 door, history, 6mths tax ...£3,995



1998 R Porsche Boxster Convertible, power hood, low mileage, history, taxed....£6,995 PORSCHE BOXSTER Convertible, 2.5, leather interior, alloys, low mileage, history, 6mths Tax ... £7,495
VAUXHALL CORSA 1.3 LIFE CDTI hatchback, 12mths Tax ... £4,495
FORD FOCUS DIESEL ZETEC CLIMATE 5door, history, 6mths Tax ... £3,995
SKODA OCTAVIA 1.9 DIESEL 5 door, history, 6mths Tax ... £3,250
VAUXHALL ASTRA 1.6 SXi air con, alloys, 5 doors, one owner, taxed ... £3,250
MINI COOPER, half leather, extras, taxed ... £2,995
RENAULT CLIO 1.2 CAMPUS 3 door ... £2,750
VAUXHALL ZAFFIRA 1.6 CLUB, 7 seats, history ... £2,295
VW POLO 1.4 AUTOMATIC, 5 door, history, taxed ... £2,350
FORD FIESTA 1.3 history, 6mths Tax ... £2,195
VAUXHALL VECTRA 1.8 LS 5 doors, Taxed ... £2,195
AUDI A4 Sport AUTOMATIC, history ... £2,195
ROVER 45 CLUB 1.4 SE, 5 door history ... £2,195
ROVER 45 CLUB 1.4 SE, 5 door history ... £2,195
FORD EXPLORER 4XA AUTOMATIC, full leather, taxed ... £1,995
FORD EXPLORER 4XA AUTOMATIC, full leather, taxed ... £1,995
VAUXHALL ASTRA Bertone Coupe, history ... £1,995
VAUXHALL ASTRA Bertone Coupe, history ... £1,595
CHINGEN PICASSO 1.6 SX Estate ... £1,595
VAUXHALL ZAFIRA 1.8 Elegance, AUTOMATIC ... £1,595
CITROEN PICASSO 1.6 SX Estate ... £1,595
CORD MONDEG 1.7 DIESEL seate taxed ... £2,195
FORD EXPLORER 4X Estate ... £1,595
FORD EXPLORER 4X Estate ... £2,500
FORD MONDEG 1.7 DIESEL ... £2,200 CITROEN PICASSO 1.6 SX Estate

VOLVO S40 Saloon, manual, taxed

FORD MONDEO LX DIESEL estate, taxed

BMW 328 coupe, leather, ew, alloys, history

ROVER 45 XS 5 door, taxed

PEUGEOT 406 Rapier Diesel Saloon

RENAULT LAGUNA history, ew, alloys, cd

RENAULT MEGANE 1.6 ALIZE, taxed

NISSAN PRIMERA AUTOMATIC 5 doors, taxed

FIAT 1.2 PUNTO 3 door, hatchback, taxed

MAZDA 323 EX AUTOMATIC 5 door, taxed . . . . . . . . . . .£1.895 £895



Vauxhall Vectra 1.8ls 5 door, taxed £2250



2007 57 Vauxhall Corsa Life 1248cc CDTi..£4,995

#### CARS WANTED - YOUR FINANCE CLEARED!

#### **CARS WANTED FOR CASH**

Euros accepted







#### FAIR PRICES - FAIR DEALS 'GOOD PART EXCHANGE ALLOWANCE'

VAUXHALL VECTRA 1.8 Aictic, 5 door, Mot ......£595

funds available for all car finance requirements We are full OFT Licenced Brokers & Lenders Give us a call to discuss your needs and details of your part exchange

Call Now 01582 488475



**Environment & DVLA Registered ATF Centre** 

## **CARS** WANTED

Any condition A considered

Commercial/cars/4x4s Free collection Scrapped legally

> Top prices paid £70-£5000

> Used car parts available

Call 01582 873677 or 07886 266388

## CASH FOR CARS

## **MKPDR SPARE LTD SALVAGE**

**CASH PAID** FROM £70 - £3000

- ANY TYPE OF CAR
- SCRAP CARS WANTED
  - MOT FAILURES
  - DAMAGED CARS
    - WRITE OFFS
  - NON RUNNERS

Include log book stamped Licence waste & depollution Free collection 24/7 Recovery car available

Call 07915500472/ 07401000284 or 01582 415689



**GUARANTEED TO BEAT ANY OTHER** FOR SELECTED VEHICLES

#### ABSOLUTELY ANYTHING CONSIDERED! ANY AGE, MAKE, MODEL OR MILEAGE

- AUDI BMW FORD VAUXHALL MERCEDES • LANDROUER • MAZDA • TOYOTA • JAGUAR
- SMART CITROEN MITSUBISHI UOLKSWAGEN • MINI VOLVO • PEUGEOT



**COLLECTION WITHIN** THE HOUR CASH PAID! **PLEASE CALL** 07511 233583

> SEE OUR AD IN THE **CLASSIFIED** SECTION

## **Service You Can Trust**

**Fully Equipped Service Centre** Servicing all makes & models

> **Quotations** available



Class 4, 5 + 7 **Mot Test Station** 

326 Hitchin Rd, Luton LU2 7SR 01582 456333

# Bedfordshire's New Mini Place

**Specialising in Servicing and** Repairs of Mini -**New & Classic** 





30 years experience

- Mot
- Diagnostics
- Modifications
- Body Repairs
  - Paintwork
- 4 Wheel Alignment
- Competitive Prices

www.miniplace.co.uk 326 Hitchin Road, Luton LU2 7SR 01582 424040

Advertise Your Car Boots, Lessons & Function Hire From £9+VAT Each Week

CARS/VANS

**BOUGHT AND** 

COLLECTED LEGALLY

£125 - £3000

CASH ON COLLECTION

LOGBOOK STAMPED

**DVLA STANDARDS** 

7 DAYS A WEEK

1 HOUR SERVICE

Call Richard

07773 216586

RUNNERS - NON-RUNNERS CRASHED - BASHED - DAMAGED

DON'T JUST GIVE IT AWAY
YOU WILL GET MONEY FOR IT
GIVE US A TRY

24 HR RECOVERY 01525 861033 / 07957 257072

SERVICING AND MOTS CARRIED OUT CONTACT SM SPECIALIST CARS LTD 01234 340846

## **CARS WANTED** £150-£1000 paid ANYTHING CONSIDERED 01908 368111 07939 584077 SCRAP CARS CLEARED, TOP PRICES PAID

## WE PAY CASH

For your old car/Van MoT failures/and all Motorbikes Accident and mechanical damage wanted £100- £350 Paid

Open 7 days prompt friendly service
Call Liam 07508 722829 Anytime

## CASH FOR CARS

All makes & models considered. Cash Waiting. Anytime 7 days. (01234) 742753 / 07813 927586

## MOTOR KEYS

WE SPECIALISE IN THE AUTOMOTIVE LOCK AND SECURITY FIELD ome and see the services we can provide acturers include: FORD, PEUGEOT, VAUXHALL, TOYOTA, RENAULT etc.

for a quote or more information please call Roy Mills 01582 873562 / 07907 858093 motorkeys@googlemail.com
we are located next to
Harris Coachworks Ltd
Kensworth Industrial Est
Common Road, Kensworth, Beds LU6 2PN



Car Disposal

Breakdown **Deliveries** 

We will pay up to £150 for unwanted/scrap cars and vans

01582 555114

07956 367640

**Environmental Licence Holder** 

#### Motorbikes

#### YAMAHA CYGNUS 12S

12 plate, full screen, top box and carrier taxed, warranted, as new.

£1950 ONO 07970859950

07710324170

**01525 759236** Chris - Trade

Alfa Romeo

ALFA ROMEO 156 JTS 05

plate. VGC. Low mileage, FSH, 6 months tax, 7 months MoT Must be seen £3100 OVNO Tel:07966151814

**Audi** 

Audi A3

Diesel, Saloon, 2006, Black, 112k miles, TDI 2.0, S-Line, Quattro, FSH (Audi), Very High Spec, 2 Lady Owners, Ex/Cond, Private Sale.,

£5.995

07774 104521

#### 1983 AUDI A4 SCOOTERS AND MOPEDS TRIALS 2 LITRE S E MOTOR CROSS BOUGHT FOR CASH Any condition, crash

New shape, silver, black leather, one owner, F.AUDI.S.H, 95K.TAX May, MOT May. Many extras. First will buy. V/C cond. inside and out.

**Audi** 

**BLUE W REG** 

AUDI A4 1.8

AUTO

80k miles, MOT'd, FSH, excellent condition

throughout, great value at

£895

Tel:01234 402968 or 07548027666

(TRADE)

£2295 07928804238

2002 52 AUDI

A6 1.9 TDi SE

Diesel estate, automatic, service history. New gear-box, long MOT, very clean.

£2295

07833209656



**Ford** 

**FORD FOCUS** 

1800cc

54 black, 5 door hatchback, CD player, alloys, mileage 71,000, good condition

£1495 ONO

Tel: 07817207416

Ford Focus Petrol, Hatchback 2001, Green, 70,600 miles, Zetec 1.9 12 month MOT and 6 month tax. Great condition. Full service history., £1,590 07580476273

#### **FORD FOCUS GEAR 2L 1999**

6 months TAX and MOT, full cream leather interior, 6 pack CD player (so many extras) Stunning car.

£950 ONO 07882711556

#### **FORD KA** COLLECTION 1.3

**Ford** 

2001, Black, E/W, P/S, 3dr, manual, good runner, 91k, c/locking, 2 owners, MoT Mar' 2013, 6mnths Tax

£950 ono 07727 121741 07504 047331



FOR FAST, UP TO THE MINUTE LOCAL NEWS

onsunday

CASH CASH

Cars, Vans, 4x4's

Scrap your car legally

**Scrap or unwanted MoT failures** 

Top prices paid

Min £70 - £3k

Also good clean cars bought for cash

Licenced waste carrier

**DVLA** destruction certificate issued

7 Davs a week

#### **FORD KA SPORTS**

2004, customised, short MoT, Tax, quick sale

£850 ono 01582 411494 (T)

#### **Honda**

#### HONDA CIVIC V-TEC 1.6 ise

Silver 2000, V reg, 13 months MOT and TAX until October. A/C, E/S, E/W, alloy wheels with nearly new tyres, part service history. 100% reliable in 2 years of ownership

£795 ONO Tel:01933 314250 07562 489006

#### Hyundai

#### 2002 Hyundai Accent Si

3 door hatchback, 1300cc, silver, 56,000 miles, P/S, E/W

£995 07597 912106

#### **Land Rover**

#### LAND ROVER DISCOVERY **TD5 GS 2003**

manual, 72k miles, blue, fsh, 7 seats, MOT, July 2013, tow bar,twin sun roofs.

£6,250 ONO 07986426361

#### W REG AUDI **A4**

1.8 auto, 80k miles, FSH,MOT'd, lovely condition

£1050 Tel:01234402968 or 07548027666 (TRADE)

Mazda

#### Saab

#### Mazda MX-5 SAAB 93 CONVERTIBLE

Petrol, Convertible, 1990, Blue, 98000 miles, Beautiful condition, lovely runner, soft and hard top,

£2.200 ono 07788-858838

Nissan

NISSAN

**PRIMERA SE** 

1998, 2 litre, 5 door

162k miles, family owned from new. MOT and TAX.

£950

01525 851119

£950 07884490715

1998, black, E/W, E/M. 2 litre, 99k miles, 12 months MOT. Reliable

### TOYOTA LEXIS 300GS

R Reg Long TAX & MOT Full Leather Interior, Fully Loaded 106,000 Miles, Converted into Gas LPG £30 of gas you can drive up to 240 miles Automatic

£1595 ono 07565 221691

#### TOYOTA YARIS 1500cc T SPORT

**SEPT. 2002** 61k miles, 3 door, radio, A/C, CD, C/L, sunroof, 11 months MOT, 40 mile to gallon, low insurance. Thunder grey, good condition.

Vauxhall

Toyota

01582 581300

£2495 ONO Tel: 01234

## 349968

#### Suzuki

Suzuki Ignis Sport VVTS 1.5

2005, petrol, manual, A\C, \lloys, E/W, E/M, 2 new tyres 70k, MoT May 2013, lady

#### VAUXHALL **CORSA AUTOMATIC** SXi 1.2

2001, 4 dr, 1 owner, 71k, silver, alloys, cd, MoT/Tax, excellent conditon

£1,450 ono 07971 306226

#### VAUXHALL **ASTRA 5 DOOR** CD 2001

1.8, 16V, MOT until June 2013, TAX January. 93K miles, two owners . In super condition. Recent service and cam kit. Any trial

£995 ONO 01525 718485 or 07870269155

### THE BUMPERMAN

Over 38 years experience . "We'll help you get over life's little knocks!"

#### PLASTIC BUMPER REPAIRS & SPRAYING



- Insurance work undertaken
- End of lease refurbishment
- Full panel beating and spraying service
- Corporate clients welcomed

Specialists in Land Rover/Range Rover body & bumper repairs

### Call Mick on 01525 86 25 25

Visit our website for an Online Quote

www.thebumperman.co.uk

mobile: 07956 155 978

Unit 5A Woodside Farm, Clophill Road, Maulden, Beds MK45 2AE Tel: 01525 86 25 25 Mobile: 07956 155 978 Email: mick@thebumperman.co.uk

#### BUMPER REPAIR **WORKSHOP SERVICES** MICTORCYCLES & SCHOTTERS **AUTO PLASTIC REPAIRS** PLASTIC WILDING PANEL REPLACEMENTS

ALLOY WHEELS REFURBISH MINOR DENTS & SCRATCHES

BUMPERS

Supplied & Painted.

\*Inc. FREE litting service

## BOOY KITS & SPOILERS PAINTI FOS DENT REPAIR MACHINE POLISHING \*\* New Mondeo \*\*

 $\mathfrak{L}170$  plus VAT

'58' MERCEDES-BENZ AXOR 1843 4X2 I ROOF SLEEPER CAB

TRACTOR UNIT C/W WARRANTED KM'S

2007 '07' DAF CF65.220 4X2 SLEEPER CAB BOX VAN C/W WARRANTED MILES

Rechils Estate
Harington Read
Teddington
Bedfordshire
LUS GHF

COLLECTIVE AUCTION

WEDNESDAY 7TH OF NOVEMBER FROM 11:00AM

#### LUTON onsunday

#### VAUXHALL **ASTRA AUTO ELITE 1.8**

2006 black 71k. MOT April 2013, full spec. Excellent condition. Leather interior. Lovely car

£3495 01234 314624

#### VAUXHALL **ASTRA LS** 1600CC

51 plate, 86k, Blue, 10 mnths MoT, 10 mnths Tax, c/l, e/w, some history, vgc throughout

£895 01582 700814

onsunday ? TO ADVERTISE CALL 01582 700800

#### VAUXHALL ZAFIRA COMFORT

2 litre, DTi, diesel, 51 plate, C/L, E/W, P/S. 127k miles, silver grey, two owners, lady owner, 12 months MOT. 6 months TAX, very reliable, good condition.

£1295 ONO 07888829009

#### **VAUXHALL** VIVARO 1.9 CDTI

04 reg, 88k miles, 12 months MOT, CD radio, roof rack, E/W

£3500 ONO Tel: Bed 01234 218011

#### VAUXHALL CORSA 1.0 i **12V**

active twinport, 97k, manual hatch, blue, 2003, 53 plate, petrol.

£1200 07967669575 or 01234 301914

#### VAUXHALL ZAFIRA DESIGN DTi

diesel, 2003, 2.0L, MPV, red, P/S, E/F/W, A/C, C/L, tax 11/12, 12 months M0T, inside green, outside, good condition, starts first time, drives superb

£1895 01234 342948 07843 432314

#### Vauxhall Astra Club

Silver Grey 1.6V Y Reg (2001). 8 months MOT. 3 months tax. Regularly serviced. 111K miles. Good Condition, Reliable

£625.00 07721 463639

## VAUXHALL

Vauxhall

ENTRIES ACCEPTED UNTIL 5PM TUESDAY **ZAFIRA** comfort, 1600cc, 51 plate, 7 seater, 2 former keepers, e/w, pas, c/l, 8 mnths MoT, vgc

£1,025 ono 01582 733759 (T)

#### VAUXHALL CORSA **TWINPORT 1.2**

55 plate, 5dr, 60k, 1 owner from new, 12 mnths MoT, mnths Tax, metallic silver

£1,975 ono 01582 733759 (T)

#### Volkswagen

## Passat

07702 530153

#### VW POLO

1999, 1.4, match, 5 door 54,000 miles, 1 doctor owner, full VW history, power steering, years MoT, 6 months tax

£825 01234 358145 07860 388898

find 1000's of cars locally





## Volkswagen

Diesel, Estate, 2007, Grey, 90,000 miles, Automatic DSG transmission taxed until July 2013, MOT until August 2013, excellent condition, fsh and all receipts.

£5.950

#### FURTHER ENTRIES TO INCLUDE:

4X2 SLEEPERCAB BOX VAN 247K WARRANTED KM'S

2008 BENFORD TEREX SINGLE DRUM ROLLER C/W TRAILER
2008 GENSET \$115 4 TOOL COMPRESSOR
2008 BENFORD TEREX 6 TONNE DUMPER
2007 BENFORD TEREX 17800 DIZNUM RIDE ON ROLLER
2007 SMC HALIDE VERTICAL LIFT LIGHTING TOWER
2007 MANITOU 1235 TELEHANDLER
2007 MANITOU 1235 TELEHANDLER X2
2006 MANITOU 1435 TELEHANDLER X2
2006 MANITOU 1435 TELEHANDLER X2
2006 ATLAS COPCO XAS67 COMPRESSOR
2006 BENFORD TEREX SINGLE DRUM ROLLER C/W TRAILER

Contact Us =44(0)1525 871946 | enquiries@csis-suctions.cs.uk Commercial Vehicle Auctions

MERCIAL VEHICLE AUCTIONS LTD

2007 '57' MITSUBISHI CANTER 75 7C14D DOUBEL CAB CHASSIS CAB JUST 143 KM'S

## **Good Garage** Scheme Approved

2008 TEREX PT6000 STRAIGHT TIP DUMPER \*DIRECT HIRE COMPANY

**Mot & Service from** Cam Belts fro Air Con Gas & Service We cater for all makes & models

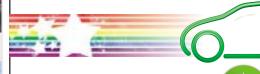
> Vauxhall Corsa front brake pads from £49.99 Vauxhall Astra front brake pads from £49.99 Ford Fiesta front brake pads from £49.99 Ford Focus front brake pads from £49.99 **VW** Golf front brake pads from £49.99

- We comply with good garage scheme code of conduct
   We comply with industry standard service checklist
   Customer informed before any work carried out
   We provide a complete service checklist following services

**WE WILL NOT BE** 



# THIS WEEK'S TR CARS





£2,495 01582 788 428 **Trident Car Sales** 



£3,195 01582 788 427 Regis Motor Centre



£3,299 0843 634 4127 **RS Auto Centre** 



£4,295 0843 634 3368 **Leagrave Motor Company** 



today for more fantastic cars...

## WANTED

**Cash Paid For** Ka's, Astras, Corsas, Fiestas MoT Failures, None Runners Other vehicles considered 01582 733759

# **sportonsunday**

Luton Town Centre 01582 45 11 55 Luton Sundon Park 01582 50 50 55 Dunstable 01582 66 14 44



# Rendell breaks penalty hoodoo as Luton stage late comeback

#### **FOOTBALL**

**BLUE SQUARE BET PREMIER LEAGUE** FOREST GREEN ROVERS LUTON TOWN

BY LAUREN ARCHELL

lauren.archell@lutononsunday.co.uk

LUTON TOWN chose the perfect time to end their penalty hoodoo by scoring one from 12 yards to secure a priceless three points away at fellow promotion hopefuls Forest Green Rovers yesterday.

The Hatters missed a staggering seven spot-kicks last season and another last week against Cambridge United but Scott Rendell showed nerves of steel at The New Lane, beating the keeper with a low effort to send the 1,002 away fans delirious.

The goal completed a stunning comeback for the Hatters who had found themselves 1-0 down with 15 minutes remaining.

But Stuart Fleetwood sparked the change in fortunes by curling in a superb equaliser, sparing the blushes of keeper Dean Brill who gifted Jan Klukowski the opener early in the second half, and then Rendell completed it by converting a nerveless penalty.

Paul Green was sent off for the home side for handling the ball in the box.

The game had all the ingredients of a top-of-the-table clash as fifth met third but neither side gave much away in a cagey opening.

The first clear chance for the Hatters came when the returning Rendell, back after missing last week's FA Cup win, headed a ball direct to the feet of Andre Gray, who beat his man to get into the box.



After twisting and turning to engineer some space, his strike from a tight angle hit the boot of the goalkeeper Sam Russell and the rebound effort from Fleetwood flew over the bar.

Another chance arrived minutes later when Fleetwood crossed a high ball into the box for Jon Shaw who looked poised to head at goal until Russell took the ball off his head. The home side looked dangerous when they broke but were unable to add a quality finish to some slick approach play

Former Watford midfielder Al Bangura and Reece Styche powered a couple of long range efforts towards goal, but Brill dealt with them comfortably.

Yet Brill was anything but com-fortable when he gifted Rovers the opener. The keeper, replacing Mark Tyler who was missing with a back

injury, fumbled a cross from the flank and Jan Klukowski popped up into the box to poke the ball home.

The Hatters made no secret of their desire to lure the midfielder to Kenilworth Road from Rovers in the summer, and it was typical it was him who broke the deadlock.

With Rovers buoyant, the Hatters struggled to force their way back into the game and were suffering from a lack of end product.

But just as it was beginning to look

desperate, Luton upped their game. New boy Arnaud Mendy, signed on loan from Macclesfield, and striker Shaw both drew saves from the home keeper but there was nothing Russell could do about the equaliser.

Fleetwood, the former Rovers player, received the ball from Gray and unleashed a curling effort which looped into the top-right hand corner of the goal beyond the outstretched gloves of Russell for his tenth and best of the season.

Both sides pushed for a winner yet it looked like the points were going to be shared until Rendell delivered the killer blow to the home side and sent them spinning to their fourth consecutive league defeat.

The victory would have been even sweeter for the Hatters fans as Rovers had a strong Watford contingent in their ranks.

Luton Town: Dean Brill, Lathaniel Rowe-Turner, Janos Kovacs, Jon Shaw, Scott Rendell, Jake Howells, Simon Ainge, Stuart Fleetwood (JJ O'Donnell), Arnaud Mendy, Ronnie Henry, Andre Gray

Subs: Jake Robinson, Matt Robinson, Connor Essam, Dan Walker

Forest Green Rovers: Sam Russell, Chris Stokes, Al Bangura, Jamie Turley, Yan Klukowski, Reece Styche (Kieron Forbes), Matty Taylor, Eddie Oshodi, James Norwood, Aarran Racine, Paul Green

Subs: Omar Koroma, Magno Viera. Kieron Forbes, Ed Asafu-Adiave, Steve Brogan

Attendance:

(1,002 away)

www.lutondunstable .co.uk/sport

For the local football round-up

onsunday

## Neilson

#### was keen for Luton to be drawn at home but

iokingly acknowledged "the groundsman probably didn't" and he got his wish when Earl Barrett, the former Oldham defender, pulled Luton's name out of the hat.

The draw means the Hatters are now just two wins away from being in the draw for the third round.

"The FA Cup is more important for lower division clubs, especially in the early stages," Kovacs said. "It's all about getting to the stage where you have the chance of playing against the biggest and highest teams.

"Hopefully we can get through the next two rounds, and then the dream is to play against any of the top sides, Manchester United, Manchester City, Chelsea, or Arsenal."

## Buckle: I know what FA Cup prize money can bring to our club

#### **FOOTBALL**

#### BY LAUREN ARCHELL

lauren.archell@lutononsunday.co.ul

LUTON TOWN hope Nuneaton shelve their damage-limitation tactics and come to Kenilworth Road for Saturday's FA Cup first round tie with a positive mindset.

Kevin Wilkin's side showed minimal attacking intent in the league game earlier last month and seemed content to hold on for a draw until Alex Lawless struck twice in the last five minutes to secure the win for the

Assistant coach Alan Neilson expects Nuneaton to throw off the shackles this weekend and try and win the tie at the first attempt.

"A lot of teams in the league come and sit back so we expect Nuneaton

to come and try and win the game this time," Neilson said. "Teams come down and sit back, quieten the crowd, slow the game down and get home players

Neilson and Paul Buckle did not attend Nuneaton's replay victory over Telford in midweek as they were at the Dartford and Forest Green tie, but they "had the game [with AFC Telford] watched".

"We've beaten them [Nuneaton] at home already so we look forward to it," Neilson said. "The cup game will be totally different, though.

A place in the second round and a prize of £18,000 will be at stake for the winner. The Hatters pocketed £12,500 for their victory in the last

"I've been involved in good cup runs before and I know exactly what prize money it can bring to the club," said

Buckle. "Whether you've got a lot of money or whether you've not got any money, the financial implications are important and I want to get that prize money for us'

Cash from the cup run could be used by the club to invest in the team for the promotion bid. Neilson does not believe the cup acts as a distraction from the league.

"We want to go as far as we can in the FA Cup, keep the momentum going and we believe we can do that," he said. "Promotion is what we are geared towards but if get a good cup

run then great.

"Some people say a good cup run can take the edge off the league but look at Crawley. They had a great great cup run and they won the league so fingers crossed we can go and do the

same."
Janos Kovacs, the Hungarian

defender who deputised for the ineligible Simon Ainge in the last round, captured the global attraction of the competition by revealing he received lots of press attention back home when his then club Lincoln City were drawn against Premier League outfit Bolton Wanderers in the third round of the competition in 2010

Although Lincoln lost 4-0. Kovacs had phone calls from journalists wanting to know about his involvement in the cup.

"I was lucky enough to be in the squad when Lincoln played Bolton,"
Kovacs said. "I was only on the bench and didn't play any of the game but afterwards reporters from Hungary were calling me up.

"Hopefully we can get there again, and this time I might be more in the spotlight."

All the pictures at www.luton-dunstable.co.uk/sport



# Golden girl Ennis sprinkles her stardust on Luton winner

I needed to set myself another goal and give myself something to

#### INTERVIEW

BY KEVIN AFFLECK

**THE Hightown Community** Church Hall would surely rank as the most unlikely place for an Olympic gold medal winner to be spend-ing her only day off of the week. But that is exactly where Jessica Ennis, the darling of the London Games, could be found on Thursday.

The Great Britain star captivated the friends and family of Tim West, a 28-year-old shop assistant, in a Q&A session which was part of a prize he won for entering the Aviva Back The Team competition on Facebook.

It is a day he is unlikely to

Earlier, he and four of his friends were put through their paces by Ennis in a circuit session at Stockwood Park Athletics Track.

Then he and his family enjoyed lunch at Luton Hoo with the Team GB golden girl.

"It was wonderful to meet Jess but it [the training] really really hurt," West said. "I was hoping she would go gentle but it was great doing it and, inside, I'm really really

It was Ennis' first visit to Stockwood Park as she swapped her spikes for a stopwatch.

work towards. The world championships is something I'm aiming for and scoring 7,000 points. I don't know if I'll do that but it's something to keep me motivated. "I tried to make it similar to

what I do and had to be as gentle as possible but also push them," Ennis said. They were really good and all pushed themselves.

Ennis is no stranger to

Bedfordshire, though.
She has competed in the Bedford International Games several times and she credited the event with helping to prepare her for the gold medal performance London 2012.

The Olympic heptathlon champion fondly recalled the meeting at Barker's Lane in June which took place seven weeks before she stormed to glory in the Olympic Stadium.

Ennis won the long jump at the Bedford International Athletics Stadium with a leap of 6.40m and finished eighth in the javelin with a throw of

46.34m. She improved significantly on those efforts in London, adding eight centimetres to her long jump and a staggering 1.15m to her effort in the

javelin.
"It [Bedford] was a great competition for me to pre-pare," Ennis said. "It was a good event. I threw pretty well in the javelin and was not too bad in the long jump. Long jump is an event I have to work quite hard at so that was a good opportunity for me to do that."

Ennis has taken part in the Bedford International Games several times and plans to return as she prepares for the World Championships in Moscow next year and then Commonwealth Games in 2014

"I've done the Bedford games a few times," Ennis said. "It's a good meeting, really well organised and a

good one to do.

"It's a good stadium and a fast track and it does always help leading up to a major championship.

"They've relaid the track and it's really fast now.

'They've also got an indoor facility now which is great for

warming up.
"It's a brilliant venue and I'm sure I'll be back there in the future."

Now in her fifth week of training after six weeks off, Ennis said she feels "some pressure" to maintain the remarkable level she

Olympic Stadium but doubts she will ever experience a night like Super Saturday again.

'I've never competed in front of a crowd like that before," Ennis said. "On the 800m the crowd carried me through. It made such a big difference.

Ennis said she is now working towards the World Championships in Moscow next year and the Commonwealth Games in

Glasgow in 2014. "I needed to set myself another goal and give myself something to work towards," Ennis said. "The world championships is something I'm aiming for and scoring 7,000 points.

"I don't know if I'll do that but it's something to keep me motivated."

Ennis racked up 6,955 points in London, a new national record, but explained she felt the weight of expectation in emulating the achievement of Denise Lewis, the Sydney Games gold medal winner who inspired her to take up the

"I get nervous before every event," Ennis said. "But it's good to have that adrenaline so you feel like you are ready,

ready to perform.
"I try to keep as calm as possible and reminding myself that being nervous is a good thing."

Ennis expects to experience similar butterflies when she gets married next year - "I can't wait to get married, I've been engaged for nearly two years now" – and says she would have carved out a career in psychology had she not been a world-class inter-

national athlete.
"It's what I studied and what I'm most interested in other than sport," Ennis said. "I probably would have worked harder at Uni and done a something." masters

www.lutondunstable .co.uk/sport

For the local rugby round-up onsunday

## **FOOTBALL** RESULTS

BLUE SQUARE CONFERENCE

est Green 1 Luton Town EVO-STICK PREMIER DIVISION

St Neots Town

Shortwood Utd

Maldstone United 3 rd Town 2

SML PREMIER DIVISION

ylesbury United Ampthill Town Blagleswade Utd O Tring Athletic Harefield Utd London Colney Haringev Borough 1 ndon Tigers O Oxhey Jets 3 **Coiney Heath** 0

Crawley G rsham Town O Cockfosters Southall O Stony Stratford Welwyn GC 4 Winslow United 1 Kings Langley

CHALLENGE TROPHY ROUND TWO The 61 FC 1 Hadley

DIVISION TWO

Totternho Hale Leys Utd 3 Wolverton Town

BEDS COUNTY LEAGUE PREMIER DIVISION

AFC Biggleswade O Flitwick Town AFC Kempston Tn 3 Bedford SA Arlesey Town Res 2 **Bedford Hatters 3** Shefford Tow Caldecote 14 Blunham Lidlington Utd P Marston Shelt R ickwell & OW

DIVISION ONE CUP

Kings AFC Brickhill Tigers O Kent Athletic Res Shefford Town R Crawley Green R 3 Elstow Abbey FC Wisla Shillingt Farley Boys 3 Sandy Leighton Utd The 61 FC 'A' Co-op Sports Leighton Twn Res 4 thill Twn Res 3 AFC Kempton Tn R 1

#### DIVISIONTWO

Bromham United 1 Queens Park Cres 1 Marabese Oakley Sports 0 St Josephs Sat Res O Fastcotts Stopslev Park 2 Cranfield Utd Res 5 Sundon Park 6 **Potton Utd Res** 

#### DIVISION THREE

Bedford Park R O Great Barford 5 ickwell &OWR 5 Potton Town Marsh Leys 1 Clifton oyal Oak Kemp

Clifton Rovers Res O Filtwick Town Res P Elstow Abbey Res 4 Wootton Village Dinamo Filtwick



One of our success stories...





Who: Leslie Carey, 39

Where: The Slimline Clinic Nuneaton

When: 6 Weeks, June 2011

What Happened: Leslie had Ultrasonic Liposuction on her stomach and inner thigh but only lost ¼ inch after 1st visit. She then lost 2 ½ inches after her 2nd visit, before losing 16 inches in total over the course of her therapy.

How: We focussed Ultrasonic Liposuction on Leslie's inner thigh and stomach once a week (1 session on each area) for 6 weeks. After her 1st session Leslie ate take away food on 4 of the evenings, as well as drinking several pints of beer most nights. This resulted in slow progress. However, after only losing ¾ inch in week 1, Leslie decided to drink a little more moderately, ate more balanced meals and as a result she then lost 2 ½ inches between her 2nd & 3rd treatments. Leslie then resolved to adjust her lifestyle, she started eating & drinking in moderation, while making an effort to be more active generally. Leslie went on to lose 16 inches in total over her course which took in 12 sessions each on her stomach & inner thighs.

Why was Ultrasonic Liposuction Needed: Leslie has a demanding job as a director of an engineering firm, this lead to Leslie having a poor diet of take away food & beer, with little activity in her daily life due to a lack of time. Leslie arrived for her 1st session as a size 16, standing at 5' 6" tall

Where are they now: After achieving her target size and shape Leslie had lost 16 inches from her stomach and inner thigh. After completing her course and armed with her improved lifestlye and body shape Leslie felt inspired to take up Exercise! She began walking 3 evenings a week and therefore needed no more sessions to maintain her new size and shape!

To find out more please visit www.theslimlineclinic.co.uk

Call 0844 567 7080 today to become the new, slimmer you!



## The science behind losing Inches & feeling great!

Non-Surgical Ultrasonic Liposuction from The Slimline Clinic makes losing inches easy, especially from stubborn fatty areas like your belly, hips, arms and legs. Better still, it's fast, 100% pain free and can allow you to reach your ideal size in as few as 12 sessions.

## **Good vibrations**

The treatment works using ultrasonic technology similar to that used in ultrasound scanning machines. The frequency of the sound wave targets fat cells, causing them to turn into a liquefied state. This liquid fat then drains away via the body's lymphatic system over the next 72 hours leaving treated areas with a flatter and firmer appearance.

The difference between The Slimline
Clinic's Non-Surgical Ultrasonic
Liposuction and surgical ultrasonic
liposuction is we allow the body to
naturally filter the liquid fat instead of
making incisions in the patient and using a
tool to suck the fat out which can cause
pain, bruising and scars.

## 100% pain free

Our treatments are 100% pain free – in fact you will only feel a pleasant warming sensation as the ultrasound gets to work on your unwanted fat cells.

0844 567 7080 www.theslimlineclinic.co.uk